

# RUVENTIN film coated Tablet (Diosmin & Hesperidin)

Diosmin 450mg and Hesperidin 50mg

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## What is *RUVENTIN* used for

*RUVENTIN* is used for the treatment of symptoms related to venolymphatic insufficiency (heavy legs, pain, early morning restless legs). *RUVENTIN* also used for the treatment of functional symptoms related to acute hemorrhoidal attack.

## How *RUVENTIN* works

Diosmin and hesperidin are bioflavonoids found in many citrus fruits. The bioflavonoids strengthen the blood vessels, thus reduce its weakness. The bioflavonoids also reduce inflammation of the blood vessels and maintain circulation of the small blood vessels.

## Before you use *RUVENTIN*

### -When you must not use it

- If you are allergic to the diosmin, hesperidin or any other ingredients of this product.
- If you are breast-feeding.

### -Before you start to use it

Ask your doctor or pharmacist for advice before taking any medicine. Please make sure you have understood the explanation given by your doctor or pharmacist before taking this medicine. Speak to your doctor /pharmacist if you have any other health related problems.

### Pregnancy and Lactation

**Pregnancy:** No teratogenic effects have been shown in several studies and no adverse effect has been reported in human.

**Lactation:** In the absence of data on excretion in milk, treatment should be avoided during breast-feeding.

### -Taking other medications

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

## How to use *RUVENTIN*

### -How much to use

The usual dosage is 2 tablets daily in two divided doses, midday and evening at meal times.

The recommended dose for the acute hemorrhoidal attack is 6 tablets per day for the first 4 days, then 4 tablets per day for 3 days.

### -When to use it

Use as directed by your doctor or pharmacist.

### -How long to use it

Continue taking *RUVENTIN* for as long as your doctor recommends.

### -If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for the next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### -If you use too much (overdose)

Contact your doctor immediately for advice or go to the Emergency Department of your nearest hospital.

## While you are using it

### -Things you must do

Take your medicine exactly as your doctor has told you. Tell all the doctors, dentists and pharmacists treating you that you are taking *RUVENTIN*.

### -Things you must not do

Do not breastfeed when taking *RUVENTIN*.

Do not stop taking the medicine unless advised by your doctor. Do not take any new medicines without consulting your doctor. Do not give *RUVENTIN* to anyone else, even if they have the same symptoms or condition as you.

### -Things to be careful of

#### Driving and using machines

No studies on the effects of flavonoid fraction on the ability to drive and use machines have been performed. However, on the basis of the overall safety profile of flavonoid fraction, Diosmin tablet has no or negligible influence on these abilities.

## Side effects

Like all medicines, *RUVENTIN* can have side effects, although not everybody gets them. The following side effects may happen with this medicine:

- diarrhoea
- dyspepsia
- nausea
- vomiting
- dizziness
- headache
- malaise
- colitis
- pruritus
- rash
- urticaria

Other unwanted side effects not listed may occur. Tell your doctor immediately if you experience any side effects.

You may report any side effects or adverse drug reaction directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety)

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## Storage and Disposal of RUVENTIN

### -Storage

Store at temperature not exceeding 30°C.

### -Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Serial Number

NPRA (R2) 21/072

## Product Description

### -What it looks like

Light brown coloured, oblong shaped, biconvex, film-coated tablets plain on both sides.

### -Ingredients

- Active ingredient(s)  
Diosmin  
Hesperidin
- Inactive ingredient(s)  
Microcrystalline Cellulose  
Povidone (PVPK-30)  
Sodium starch glycolate (Type A)  
Croscarmellose sodium (Vivasol)  
Sodium Lauryl Sulphate  
Magnesium Stearate  
Hypromellose  
PEG 6000 (Macrogol 6000)  
Titanium Dioxide  
Purified Talc  
Colour Iron Oxide Red  
Colour Iron Oxide Yellow

### -MAL number:

#### **Manufacturer**

XL Laboratories Pvt. Ltd.  
E-1223, Phase-I Extn., (Ghatal)  
RIICO Indl. Area, Bhiwadi-301019,  
Rajasthan, India.

#### **Product Registration Holder**

NVS REGULATORY SERVICES  
SDN BHD,  
19G, 7TH FLOOR, BLOCK 2,  
WORLDWIDE BUSINESS  
CENTRE, JALAN TINJU 13/50  
40675 SHAH ALAM  
MALAYSIA

#### **Date of revision**

-30/06/2021