

TIGER BALM® ACTIVE MUSCLE GEL

Methyl Salicylate / Menthol (16% w/w / 8% w/w)

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What *Tiger Balm Active Muscle Gel* is used for

Provides temporary pain relief from minor aches and pains of muscles and joints associated with arthritis, simple backache, strains and sprains.

How *Tiger Balm Active Muscle Gel* works

Tiger Balm Active Muscle Gel has mild, analgesic and local anesthetic effects. When massage gently on the skin, a cooling effect is felt initially followed by a sensation of warmth.

Before you use *Tiger Balm Active Muscle Gel*

-When you must not use it

Patients with known or suspected intolerance to any ingredients of the medicine.

-Before you start to use it

Before you start using it, test on small area first.

-Taking other medicines

For patients taking warfarin, please use under direction of doctor so as to avoid excessive application on to the skin which may lead to potential bleeding incidence caused by effect of warfarin. This product contains methyl salicylate and when applied or rub on to the skin, can be absorbed through the skin into the blood. Please consult your doctor before using this product.

How to use *Tiger Balm Active Muscle Gel*

-How much to use

Apply generously and gently massage on the affected area until completely absorbed. Repeat 3 to 4 times daily as necessary.

-When to use it

Use it to relief from aches and pains from sore muscles etc. post exercise.

-How long to use it

Recommended for 7 days as necessary.

-If you forget to use it

You may continue to experience symptomatic pain from sore muscle.

-If you use too much (overdose)

It may cause allergic reaction in some individuals with sensitive skin. Consult a doctor immediately.

While you are using *Tiger Balm Active Muscle Gel*

-Things you must do

Apply on affected area gently until completely absorbed.

-Things you must not do:

- Do not apply *Tiger Balm Active Muscle Gel* on wounds or irritated skin.
- Do not use during pregnancy or when breastfeeding.

-Things to be careful of

- Do not use on infants below 2 years of age.
- Caution must be taken when older children are treated.
- Avoid contact with eyes, mucous membrane, broken or irritated skin.

Side effects

Headache, dizziness, nausea and vomiting, skin irritation, contact dermatitis, rash, itching, redness or swelling, burning or stinging sensation may occur.

May cause hypersensitivity/allergic reaction in some individuals with sensitive skin.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers □ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of *Tiger Balm Active Muscle Gel*

-Storage:

It is recommended to store *Tiger Balm Active Muscle Gel* in a well-closed container below 30°C.

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-Disposal:

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment

Product Description

-What it looks like

A clear transparent greenish-blue gel with characteristic smell.

Ingredients:

-Active ingredient(s): Methyl Salicylate, Menthol.

-Inactive ingredients

Fragrance, Methylated Spirit, Propylene Glycol, Ethomeen C/25, Procetyl AWS, Citric Acid Monohydrate, FD&C Blue No.1, Carbopol 980, Purified water.

-MAL number:

MAL15125044X

Manufacturer & Product Registration Holder

Tiger Balm (M) Sdn. Bhd,
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