

TIGER BALM® PLASTER

Camphor/ Mentha Oil/ Eucalyptus/ Menthol Oil (1.0g / 0.6g / 0.5g / 0.3g)

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What is *Tiger Balm Plaster* used for

For the relief of muscular pain, stiff neck and shoulders, contusion, sprain, backache and arthritic pain.

How does *Tiger Balm Plaster* work

It has mild warm soothing, anti-inflammatory and analgesic effects. When placed on affected skin area, it produces a comfortable cooling effect followed by a sensation of warmth.

Before you use *Tiger Balm Plaster*

-When you must not use it

Individuals with known or suspected intolerance to any ingredients of the medicine.

-Before you start to use it

It may cause allergic reaction in some individuals with sensitive skin. Before you start using it, test on small area first.

How to use *Tiger Balm Plaster*

-How much to use.

Use one plaster on the affected area when needed.

-When to use it.

Use it when you are suffering from muscular pain, stiff shoulder, contusion, sprain, backache and arthritic pain.

-How long or often to use it.

Recommended to use 1-2 plasters per day for 6-8 hours each time. Maximum 7 days as necessary.

-If you forget to use it.

Consult your doctor on what you should do if you forgot to use it. You may continue to experience symptomatic discomforts listed.

-If you use too much (overdose)

If you think you or anyone else may have used too much of this medicated plaster or accidental ingestion occurs, consult a doctor immediately or go to the Emergency Department of nearest hospital. Do this even if there are no signs of discomfort or poisoning. You may need medical attention.

While you are using *Tiger Balm Plaster*

-Things you must do.

Pregnant women and nursing women to consult a doctor before use.

-Things you must not do or avoid:

- Do not use *Tiger Balm Plaster* on wounds or irritated skin.
- Do not bandage tightly.
- Do not use on infants below 2 years of age. (Contraindication)
- Caution must be taken when older children are treated.
- Avoid direct contact with nostrils, eyes, mucous membranes or other tender body area.
- Discontinue use if excessive irritation of the skin develops.
- For external use only. Keep away from children.

Side effects

May cause allergic reaction in some individuals with sensitive skin. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring visiting the website npra.gov.my (Consumer → Reporting Side Effects to Medicines (ConSERF) or Vaccines(AEFI)).

Storage and Disposal of *Tiger Balm Plaster*

-Storage

It is recommended to store *Tiger Balm Plaster* away from direct sunlight below 30°C, in a dry place. Keep unused plaster in original packaging. Do not expose unused plaster to atmosphere for too long. For use within 3 years from date of manufacture.

-Disposal

Medicated plaster should not be disposed off into waterways. Ask your pharmacist how to dispose off if no longer use.

Product Description

-What it looks like

Whitish yellow paste with a characteristic odor which is kneaded and spread on unwoven cloth, covered with a plastic film.

-Ingredients

Active ingredient(s):
Camphor, Mentha Oil, Eucalyptus Oil, Menthol

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Inactive ingredient:

Sorbitol Solution , Glycerin,
Polyacrylic Acid, Sodium
Polyacrylate, Kaolin, Carmellose
Sodium, Tartaric Acid, Urea, Castor
Oil, Polysorbate 80, Polyvinyl
Alcohol, Dihydroxyaluminum
Aminoacetate, Disodium Edetate,
Purified Water.

-MAL number

- 1) MAL20014377X
- 2) MAL25086036XS

Manufacturer

1) Haw Par Healthcare Ltd.,
2 Chia Ping Road,
Haw Par Tiger Balm Building,
Singapore 619968.

2) Tiger Balm (M) Sdn. Bhd,
No. 53, Jalan I-Park SAC 7,
Taman Perindustrian I-Park SAC,
81400 Senai, Malaysia.

Product Registration Holder

Tiger Balm (M) Sdn. Bhd,
No. 53, Jalan I-Park SAC 7,
Taman Perindustrian I-Park SAC,
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