

TIGER BALM® PLASTER - RD

Camphor/ Mentha Oil/ Eucalyptus Oil/ Menthol/ Capsicum Extract (1.0g/ 0.6g/ 0.5g/ 0.3g /0.2g)

What is in this leaflet

1. What is *Tiger Balm Plaster-RD*
2. How does *Tiger Balm Plaster-RD* work
3. Before you use *Tiger Balm Plaster-RD*.
4. How to use *Tiger Balm Plaster-RD*
5. While you are using *Tiger Balm Plaster-RD*
6. Side effects.
7. Storage and Disposal of *Tiger Balm Plaster-RD*.
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What is *Tiger Balm Plaster-RD* used for

For the relief of muscular pain, stiff neck & shoulders, contusion, sprain, backache and arthritic pain.

How does *Tiger Balm Plaster-RD* works

It has mild warm soothing, anti-inflammatory and analgesic effects. When place on affected skin area, it produces a comfortable cooling effect followed by a sensation of warmth which may last for a period of up to several hours.

Before you use *Tiger Balm Plaster-RD*

-When you must not use it
Individuals with known or suspected intolerance to any ingredients of the medicine.

-Before you start to use it

It may cause allergic reaction in some individuals with sensitive skin. Before you start using it, test on small area first.

How to use *Tiger Balm Plaster-RD*

-How much to us

Use one plaster on the affected area when needed.

-When to use it

Use it when you are suffering from aches and pains of body, neck and shoulders, back and arising from arthritis.

-How long or often to use it

Recommended to use 1-2 plasters per day for 6- 8 hours each time. Maximum 7 days as necessary.

-If you forget to use it

Consult your doctor on what you should do if you forget to use it. You may continue to experience symptomatic discomforts listed.

-If you use too much (overdose) If you think you or anyone else may have used too much of this medicated plaster or accidental ingestion occurs, consult a doctor immediately or go to the Emergency Department of nearest hospital. Do this even if there are no sign of discomfort or poisoning. You may need medical attention.

While you are using *Tiger Balm Plaster-RD*

-Things you must do

Pregnant women and nursing women to consult a doctor before use.

-Things you must not do or avoid

- Do not use *Tiger Balm Plaster-RD* on wounds or irritated skin.
- Do not bandage tightly.

- Do not use on infants below 2 years of age. (Contraindication)
- Caution must be taken when older children are treated.
- Avoid direct contact with nostrils, eyes, mucous membranes or other tender body area.
- Discontinue use if excessive irritation of the skin develops.
- For external use only. Keep away from children.

Side effects

May cause allergic reaction in some individuals with sensitive skin.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my → [Consumer Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of *Tiger Balm Plaster-RD*

-Storage

It is recommended to store *Tiger Balm Plaster-RD* away from direct sunlight below 30°C, in a dry place. Keep unused plaster in original packaging. Do not expose unused plaster to the atmosphere for too long. For use within 4 years from date of manufacture.

-Disposal

Medicated plaster should not be disposed off into waterways. Ask your pharmacist how to dispose off if no longer use.

Product Description

-What it looks like

Tiger Balm Plaster-RD is a light yellowish-brown paste with a characteristic odor which is kneaded and spread on unwoven cloth, covered with a plastic film.

Ingredients

Active ingredient(s): Camphor, Mentha Oil, Eucalyptus Oil, Menthol, Capsicum Extract.

Inactive ingredient(s): Sorbitol Solution, Polyacrylic Acid, Glycerin, Kaolin, Propylene Glycol, Carmellose Sodium, Sodium Polyacrylate, Polysorbate 80, Hydrotalcite, Dihydroxyaluminum Aminoacetate, Purified Water.

-MAL number

- 1) MAL20014378X
- 2) MAL xxxxxxxxx

Manufacturer

- 1) Haw Par Healthcare Ltd., 2 Chia Ping Road, Haw Par Tiger Balm Building, Singapore 619968
- 2) Tiger Balm (M) Sdn. Bhd, No. 53 Jalan I-Park SAC 7, Taman Perindustrian I-Park SAC, 81400 Senai, Malaysia.

Product Registration Holder

Tiger Balm (M) Sdn.Bhd,
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