

TIGER BALM® BACK PAIN PATCH

Menthol, Camphor, Mentha Oil, Eucalyptus Oil, Capsicum Extract (0.3% w/w / 1.0% w/w / 0.6% w/w / 0.5% w/w / 0.2% w/w per 100g paste.)

What is in this leaflet

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What is *Tiger Balm Back Pain Patch* used for

Provides effective relief for aches and pains of the back.

How does *Tiger Balm Back Pain Patch* work

Tiger Balm Back Pain Patch is a mild rubefacient, analgesic and local anesthetic. It is ventilated and highly stretchable, it fits well on the back. Upon wearing, the absorption of the active ingredients into the skin stimulates blood circulation providing soothing relief to the hurting back for hours.

Before you use *Tiger Balm Back Pain Patch*

- When you must not use it
Individual with known or suspected intolerance to any ingredients of the medicine. Do not use on children below 2 years old.
- Before start using it.
Before start using it test on small area first.
- Taking other medicine
Not applicable. For external use only.

How to use *Tiger Balm Back Pain Patch*

- How much to use
Use one patch on each affected area.
- When to use it
Use it to relieve pain from sore and aching back.
- How long to use it
One to two times a day.
- If you forget to use it
You may continue to experience symptomatic pain from sore aches.
- If you use too much (overdose)
It may cause allergic reaction in some individuals with sensitive skin. Do consult doctor immediately.

While you are using *Tiger Balm Back Pain Patch*

- Things you must do
 - Clean and dry the affected area.
 - Pull both end of the patch for easy removal of protective film before applying patch on your back.
 - Remove patch an hour before bathing and use the patch an hour after bathing.
- Things you must not do
 - Do not apply on wound or damaged skin.
 - Do not tightly bandage.
 - Do not leave on skin for more than 8 hours.
 - Do not apply with external heat, such as electric heating pad, as this may result in excessive skin irritation or burn.
 - Do not apply one hour before bathing.
- Things to be careful
 - Do not use on infants below 2 years old.
 - Children under 12 years old must exercise caution when treated.

- Avoid excessive use during pregnancy and lactation.
- Avoid direct contact with nostril, eyes, mucous membrane, wound and irritant skin.
- Discontinue if skin irritation develops. Consult a doctor.

Side Effects

May cause allergic reaction in some individual with sensitive skin.

You may report any side effects or adverse drug reaction directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visit the website <http://www.npra.moh.gov.my> (Public → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI).

Storage and disposal of *Tiger Balm Back Pain Patch*

- Storage
 - It is recommended to store in cool place at room temperature. (not more than 30°C)
 - Stay away from direct sunlight.
 - Do not expose unused patched at atmosphere for too long.
- Disposal
Medicated Patch should not be disposed off into waterways. Ask your pharmacist how to dispose off medicated patch if no longer use.

Product Description

- What it looks like
A similar yellow medical gel is coated between non-woven fabric and plastic film.

Ingredients

- Active ingredient(s)
L-Menthol, dl-Camphor, Mentha Oil, Eucalyptus Oil, Capsicum Extract

- Inactive ingredient(s)

Polyvinyl Alcohol, Sorbitan Monooleate, Sorbitol Solution, Glycerin, Carboxymethylcellulose Sodium, Nikasol TS-620, Sodium Polyacrylate Starch, Tween 80, Aerosil 200, Tartaric Acid, Purified Water.

- Nombor MAL

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Manufacturer

Teh Seng Pharmaceutical Mfg. Co.
Ltd., Secondary Factory
No. 42-1, Hwan Gond Road, Yu-
Kang City, Tainan Hsien, Taiwan

Product Registration Holder

Tiger Balm (M) Sdn.Bhd. ,
PLO 95, No. 6, Jalan Firma 1/1,
Tebrau Industrial Estate,
81100 Johor Bahru,
Malaysia.

Date of revision

23/04/2018

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Menthol, Camphor, Mentha Oil, Eucalyptus Oil, Capsicum Extract (0.3% w/w / 1.0% w/w / 0.6% w/w / 0.5% w/w / 0.2% w/w per 100g kandungan.)

Apakah yang ada pada risalah ini

1. Apakah kegunaan *Tiger Balm Back Pain Patch*
2. Bagaimana *Tiger Balm Back Pain Patch* berfungsi
3. Sebelum menggunakan *Tiger Balm Back Pain Patch*
4. Cara menggunakan *Tiger Balm Back Pain Patch*.
5. Semasa menggunakan *Tiger Balm Back Pain Patch*
6. Kesan- kesan sampingan.
7. Cara Penyimpanan dan Pelupusan *Tiger Balm Back Pain Patch*.
8. Maklumat Lanjut.
9. Pengilang dan Pemegang Pendaftaran Produk.
10. Tarikh kemaskini RiMUP.

Apakah kegunaan *Tiger Balm Back Pain Patch*

Memberi kelegaan untuk sengal dan sakit di bahagian belakang badan.

Bagaimana *Tiger Balm Back Pain Patch* berfungsi

Tiger Balm Back Pain Patch adalah *rubefacient* ringan, analgesic dan anestetik tempatan. Ia berventilasi dan boleh diregang. Apabila menggunakannya, kulit akan menyerap bahan-bahan aktif dan merangsang peraliran darah dengan memberikan kelegaan dan keselesaan selama beberapa jam.

Sebelum menggunakan *Tiger Balm Back Pain Patch*

-Bila tidak boleh menggunakannya
Individu yang diketahui atau disyaki tidak toleransi terhadap mana-mana bahan ubat itu.

Jangan gunakan pada kanak-kanak di bawah umur 2 tahun.

-Sebelum menggunakannya

Sebelum menggunakannya, cuba pada permukaan kulit yang lebih kecil terlebih dahulu.

-Jika mengambil ubat-ubat lain
Tidak berkenaan. Ia adalah untuk kegunaan luaran sahaja.

Cara menggunakan *Tiger Balm Back Pain Patch*

-Berapa banyak harus digunakan
Gunakan satu keping penampal di bahagian yang berkenaan.

-Bila perlu menggunakan
Untuk melegakan sakit sengal dan sakit di bahagian belakang badan.

-Berapa lama perlu digunakan
Satu hingga dua kali sehari.

-Jika terlupa menggunakan
Anda akan mengalami simptom kesakitankesan daripada sengal.

-Jika mengambil berlebihan (terlebih dos)
Boleh menyebabkan reaksi alergi pada sesetengah individu yang berkulit sensitif. Dapatkan nasihat doktor dengan segera.

Semasa menggunakan *Tiger Balm Back Pain Patch*

- Perkara yang perlu dilakukan:
- Bersih dan keringkan bahagian berkenaan.
 - Tarik kedua-dua hujung penampal supaya mudah menanggalkan lapisan pelindung sebelum menampal di bahagian belakang badan.
 - Tanggalkan penampal satu jam sebelum mandi dan gunakan penampal satu jam selepas mandi.

-Perkara yang tidak boleh dilakukan
menampal

- *Tiger Balm Back Pain Patch* pada luka atau kulit yang rosak.
- Jangan dibalut dengan ketat.
- Jangan biarkan pada kulit lebih dari 8 jam.
- Jangan menggunakan bersama dengan peranti haba, seperti lapisan haba elektrik yang boleh menyebabkan kulit terbakar dan kegatalan yang melampau.
- Jangan guna satu jam sebelum mandi.

-Perkara yang perlu diberi perhatian
• Jangan guna pada bayi di bawah umur 2 tahun.

- Langkah berhati-hati - hati perlu diambil bagi penggunaan kanak-kanak di bawah umur 12 tahun.
- Elakkan penggunaan berlebihan semasa mengandung dan menyusu.
- Jangan guna di sekitar hidung, mata, membrane mukosa, luka dan kulit yang merengsa.
- Berhenti jika berkalu gatal-gatal pada kulit. Sila dapatkan nasihat daripada doktor.

Kesan- kesan sampingan

Boleh menyebabkan tindak balas alergi bagi sesetengah individu yang mempunyai kulit sensitif.

Anda boleh melaporkan sebarang kesan sampingan atau kesan advers ubat kepada Pusat Pemantauan Kesan Advers Ubat Kebangsaan melalui No.Tel: 03-78835550, atau laman web <http://www.npra.moh.gov.my> (Public → Reporting Side Effects to medicines (ConSERF) or Vaccines (AEFI)).

**Cara penyimpanan dan pelupusan
Tiger Balm Back Pain Patch**

Tarikh Kemaskini RiMUP
23/04/2018

- Penyimpanan

- Ia adalah disyorkan untuk menyimpan pada suhu bilik. (tidak melebihi 30°C)
- Jauhi daripada sinaran matahari.
- Jangan biarkan penampal yang belum digunakan terdedah lama kepada udara.

- Pelupusan

Penampal tidak boleh dilupuskan ke saluran air. Minta nasihat ahli farmasi anda mengenai cara pelupusan jika tidak digunakan lagi.

Maklumat Lanjut

- Rupa dan warna produk

Gel perubatan kuning yang sama disalut diantara kain bukan tenunan dan film plastik.

- Bahan-bahan kandungan

Bahan aktif

L-Menthol, dl-Camphor, Mentha Oil, Eucalyptus Oil, Capsicum Extract

Bahan tidak aktif

Polyvinyl Alcohol, Sorbitan Monooleate, Sorbitol Solution, Glycerin, Carboxymethylcellulose Sodium, Nikasol TS-620, Sodium Polyacrylate Starch, Tween 80, Aerosil 200, Tartaric Acid, Purified Water.

- Nombor MAL

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Pengilang

Teh Seng Pharmaceutical Mfg. Co. Ltd., Secondary Factory
No. 42-1, Hwan Gond Road, Yu-Kang City Tainan Hsien, Taiwan.

Pemegang Pendaftaran Produk

Tiger Balm (M) Sdn.Bhd.,
PLO 95, No. 6, Jalan Firma 1/1,
Tebrau Industrial Estate,
81100 Johor Bahru, Malaysia.