

TIGER BALM LOTION

Methyl Salicylate ,Camphor, Menthol (20% w/w , 10% w/w 5% w/w)

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What *Tiger Balm Lotion* is used for

For the relief of aches and pains from sore muscles, stiffness of neck and shoulders, minor backache, bruises, strains and sprains.

How *Tiger Balm Lotion* works

Tiger Balm Lotion is a strong pain relieving lotion with a pleasant scent.

Before you use *Tiger Balm Lotion*

-When you must not use it

Patients with known or suspected intolerance to any ingredients of the medicine.

-Before you start to use it

Before you start using it, test on small area first.

-Taking other medicines

For patients taking warfarin, please use under direction of doctor as to avoid excessive application on to the skin which may lead to potential bleeding incidence caused by effect of warfarin.

How to use *Tiger Balm Lotion*

-How much to use

Use only sufficient amount on the affected area. Apply to the affected area 2 or 3 times daily.

-When to use it

Use it for relief from aches and pains from sore muscles, stiffness of neck & shoulders, minor backaches, bruises, strains and sprains.

-How long to use it

Recommended for 7 days as necessary.

-If you forget to use it

You may continue to experience symptomatic pain from sore muscle.

-If you use too much (overdose)

It may cause allergic reaction on some individuals with sensitive skin. Consult a doctor immediately.

While you are using it

-Things you must do

Apply on affected area gently until completely absorbed.

-Things you must not do

Do not apply *Tiger Balm Lotion* on wounds, irritated skin, near eyes or mucous membranes.

-Things to be careful of

- Do not use on infants below 2 years of age.
- Caution must be taken when older children, pregnant, nursing women or people who are allergic to salicylic acid are treated.
- It is dangerous to place any camphor containing product into the nostril of children. A small amount may cause immediate collapse.
- Avoid contact with eyes, mucous membrane, broken or irritated skin.

Side effects

May cause allergic reaction on some individuals with sensitive skin.

-You must report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems/ Side Effect/ AEFI/ Vaccine Safety)

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Storage and Disposal of Tiger Balm Lotion

-Storage

It is recommended to store *Tiger Balm Lotion* with the cap tightened and store below 30°C.

-Disposal

Medicine should not be disposed off into waterways. Ask your pharmacist how to dispose off if no longer use.

Product Description

-What it looks like

A clear liquid with characteristic smell.

-Ingredients

Active ingredient(s)

Methyl Salicylate, Camphor, Menthol.

Inactive ingredients

Propylene Glycol, Fragrance Blue Zest, Nonivamide, Denatured Ethanol.

-MAL number

MAL17107047X

Manufacturer & Product Registration Holder

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