

TIGER BALM[®] SOFT

Cajuput Oil / Camphor / Menthol / Clove Oil (13% w/w / 12% w/w / 10% w/w / 1.5% w/w)

What is in this leaflet

1. What is *Tiger Balm Soft* used for
2. How does *Tiger Balm Soft* work
3. Before you use *Tiger Balm Soft*
4. How to use *Tiger Balm Soft*
5. While you are using *Tiger Balm Soft*
6. Side effects
7. Storage and disposal of *Tiger Balm Soft*
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of Revision

What is *Tiger Balm Soft* used for

Provides symptomatic relief of muscular aches, pains and strains.

How does *Tiger Balm Soft* work

It has mild warm soothing and analgesic effects. When massaged gently on the skin, it produce a cooling effects followed by sensation of warmth which may last for a period of up to several hours.

Before you use *Tiger Balm Soft*

- When you must not use it

Individuals with known or suspected intolerance to any ingredients of the medicine.

- Before you start to use it

It may cause allergic reaction in some individuals with sensitive skin. Before you start using it, test on small area first.

- Taking other medicines

Not applicable. Topical use only, no interaction with oral drug.

How to use *Tiger Balm Soft*

- How much to use

Use only sufficient amount on the affected area.

- When to use it

Use it when you are suffering from headache, nasal congestion, insect bites, itchiness and flatulence.

- How long to use it

Recommended to use few times daily.

- If you forget to use it

Consult your doctor on what you should do if you forgot to use it. You may continue to experience symptomatic discomfort listed.

- If you use too much (overdose)

If you think you or anyone else may have used too much of this medicine or accidental ingestion occur, consult doctor immediately or go to the Emergency Department of the nearest hospital. Do this even if there is no sign of discomfort or poisoning. You may need medical attention.

While you are using *Tiger Balm Soft*

Things you must do

Apply on the affected area gently until completely absorbed. Pregnant women and nursing women to consult a doctor before use.

Things you must not do

- Do not apply *Tiger Balm Soft* on wound or irritated skin.
- Do not bandage tightly.
- Camphor can cause convulsion. Do not use on infants below 2 years of age. (Contraindication)

- Things to be careful of

- Individuals with known or suspected intolerance to warm soothing should exercise cautions in using this preparation. (Contraindication).
- For pregnant women and nursing mothers, consult a physician before use.
- Caution must be taken when older children are treated.
- Avoid direct contact with nostrils, eyes, mucous membrane or other tender area of body area.
- Discontinue use if excessive irritation of the skin develops.
- For external use only. Keep away from children.

Side effects

May cause allergic reaction in some individuals with sensitive skin. Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers □ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of *Tiger Balm Soft*

Storage

It is recommended to store below 30°C. For use within 3 years from date of manufacture.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

TIGER BALM[®] SOFT

Cajuput Oil / Camphor / Menthol / Clove Oil (13% w/w / 12% w/w / 10% w/w / 1.5% w/w)

Product Description

-What it looks like

Pale yellowish ointment with characteristic smell.

-Ingredients

Active ingredient(s):

Cajuput Oil, Camphor, Menthol,
Clove Oil.

Inactive ingredients:

Paraffin, Petrolatum,
Fragrance.

-MAL number

1. MAL20014398X
2. MAL06071149XS

Manufacturer and Product Registration Holder

Tiger Balm (M) Sdn.Bhd,
No.53, Jalan I-Park SAC 7,
Taman Perindustrian I-Park SAC,
81400 Senai, Johor, Malaysia

Tarikh Kemaskini RiMUP

30/03/2026

Nombor Siri

NPRA (R4/1) 040518/00137