



Clotrimazole Cream 1% w/w

Broad-Spectrum Antimycotic with Fungicidal Action For local application only

Clotrimazole 1% w/w

Read all of this leaflet carefully before you take this medicine.

Keep this leaflet. You may need to read it again. If you have further questions, ask your doctor or pharmacist. If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

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What Canesten® Clotrimazole Cream 1% w/w is used for

Canesten® Clotrimazole Cream 1% w/w is used to treat fungal skin infections such as athlete's foot, white spots, ringworm, fungal infection of the tissues adjacent to the nails, fungal infection of the skin folds & erythrasma (skin redness/irritation).

How Canesten® Clotrimazole Cream 1% w/w works

The active substance in Canesten® Clotrimazole Cream 1% w/w is clotrimazole. Clotrimazole belongs to a group of medicines called imidazoles. The primary mechanism of action of clotrimazole is against the division and growing of fungi. Clotrimazole alters the permeability of the fungal cell wall and

inhibits the activity of enzymes within the cell. It specifically inhibits the biosynthesis of ergosterol required for cell membrane production.

Before you use Canesten® Clotrimazole Cream 1% w/w

When you must not use it

If you are allergic (hypersensitive) to clotrimazole or any of the other ingredients, including cetostearyl alcohol.

Before you start to use it

If you are pregnant, breast-feeding or trying for a baby, tell your doctor or midwife before using Canesten® Clotrimazole Cream 1% w/w. If you have informed your doctor or midwife already, follow his/her instructions carefully. As a precautionary measure, it is preferable to avoid the use of clotrimazole during the first trimester of pregnancy. Breast-feeding should be discontinued during treatment with clotrimazole.

Taking other medicines

Not known.

How to use Canesten® Clotrimazole Cream 1% w/w

How much to use

Before use, pierce the tube seal by inverting the cap over the end of the tube and press. If the feet are infected, they should be washed and dried thoroughly especially between the toes before applying the cream. Canesten® Clotrimazole Cream 1% w/w should be applied thinly and evenly to the affected areas two or three times daily and rubbed in gently. A strip of cream (1/2 cm long) is enough to treat an area of about the size of the hand. The symptoms of skin infection, such as itching or soreness, should improve within a few days of treatment although

signs such as redness and scaling may take longer to disappear. If symptoms persist, consult your doctor. Patients should notify their physician if there is no improvement after 4 weeks of treatment.

When to use it

It can be applied anytime of the day.

How long to use it

To ensure complete healing depending on the indication the treatment should be continued according to the indications as specified below even if symptoms disappear.

Treatment duration

Athlete's foot, ringworm, fungal infection of the tissues adjacent to the nails, fungal infection of the skin folds : 3-4 weeks or as directed by physicians.

Erythrasma (skin redness/irritation) : 2-4 weeks or as directed by physicians.

White spots : 1-3 weeks or as directed by physicians.

If you forget to use it

Apply the cream as soon as possible and then continue the rest of your treatment as usual.

If you use too much (overdose)

No reports are available on cases of overdose with Canesten® Clotrimazole Cream 1% w/w. There is no specific antidote. Topical clotrimazole is intended for cutaneous use only. In the case of cutaneous overdose patients should be managed by symptomatic care; patients should wash off the product with water and cleanser, discontinue use, and see their physician so appropriate therapy can be implemented as needed. In the case of ingestion of an overdose, patients should see

their physician and be managed by symptomatic and supportive care.

While you are using it

Things you must do

You can help the treatment to work if you follow these simple self-help tips:

- Keep the affected skin areas clean.
- Pay particular attention to drying the skin, but avoid excessive rubbing.
- Do not share towels, bath mats, etc. with other people as you could spread the infection to them.
- Always wash your hands after treating the infection to prevent it from spreading.

If you have athlete's foot:

- Remember to dry the skin between the toes thoroughly.
- Wash your socks, stockings and tights thoroughly in hot water to remove any shed skin or fungal spores.
- Change your footwear daily if possible.

Things you must not do

Canesten® Clotrimazole Cream 1% w/w is for external use only:

Do not put the cream in your mouth or swallow it.

Although the infected area will itch, try not to scratch. Scratching will damage the surface of the skin and cause the infection to spread further.

Things to be careful of

This product contains cetostearyl alcohol which may cause local skin irritation (e.g. rash, itching or redness).

Side effects

Like all medicines, Canesten® Clotrimazole Cream 1% w/w can cause side effects, although not everybody gets them. As with all medicines, some people may be allergic to the cream. If you are allergic, a reaction will occur soon after you start using it. If you experience an allergic reaction, stop using Canesten® Clotrimazole Cream 1% w/w.

Signs of an allergic reaction may include:

- Rash.
- Swallowing or breathing problems.
- Swelling of your lips, face, throat or tongue.
- Weakness, feeling dizzy or faint.
- Nausea.
- Discomfort/pain.

After you apply the cream you might experience:

- Itching, rash, blisters, burning, discomfort, swelling, irritation or peeling of skin.

If you experience any of the above effects or react badly to the cream in any other way not listed in this leaflet, tell your doctor or pharmacist immediately.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers -> Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Canesten® Clotrimazole Cream 1% w/w

Storage

To be stored below 30°C. Keep out of reach of children.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

What it looks like

Canesten® Clotrimazole Cream 1% w/w is a white smooth cream.

Ingredients

- Active ingredient : clotrimazole 1% w/w.
- Inactive ingredients : sorbitan stearate, polysorbate 60, cetyl palmitate, cetostearyl alcohol, octyldodecanol, benzyl alcohol & purified water.

MAL number : MAL14015020XCRZ

Manufacturer

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