MEDICARE ACETYLCYSTEINE 600 MG GRANULES

Acetylcysteine (600 mg)

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What MEDICARE ACETYLCYSTEINE is used for

MEDICARE ACETYLCYSTEINE is used to treat breathing difficulties caused by too much mucus in the lungs and airways or the mucus being too sticky to cough up easily.

How MEDICARE ACETYLCYSTEINE works

MEDICARE ACETYLCYSTEINE contains the active ingredient acetylcysteine. Acetylcysteine belongs to a group of medicines called mucolytics which work by thinning the mucus (phlegm) so that it can be coughed up more easily.

Before you use MEDICARE ACETYLCYSTEINE

- *When you must not use it*
  - If you are hypersensitive to acetylcysteine or to any of the other ingredients in MEDICARE ACETYLCYSTEINE;
  - If you are suffering from active stomach/intestinal ulcer;
  - If you are suffering from phenylketonuria (genetic condition where you are unable to break down a substance called phenylalanine);
  - If you are intolerance to fructose sugar (due to the sweetener sorbitol);
  - If you are intolerance to galactose (due to the glucose and lactose);
  - Do not use in children under 2 years of age;
  - Do not use in children aged less than 12 years (in case of cystic fibrosis: children under 6 years of age).

- *Before you start to use it*

Always ask your doctor or pharmacist before using this product if you have

- asthma, as you may need to be monitored closely
- history of stomach/intestinal ulcer, as oral acetylcysteine may induce vomiting.
- intolerance to histamine

If you are pregnant or breast-feeding, think you may be pregnant or are planning to pregnant, ask your doctor or pharmacist for advice before taking this medicine. MEDICARE ACETYLCYSTEINE should not be used during breastfeeding, unless clearly necessary.

- *Taking other medicines*

Tell your doctor or pharmacist if you are taking any of the following medicines:

- antibiotics. You should take MEDICARE ACETYLCYSTEINE either two hours before or two hours after taking your antibiotics.
- glyceryl trinitrate, medicines to treat angina attacks (chest pain)
- carbamazepine, since acetylcysteine may decrease its effect
- medicines that treat cough
- activated charcoal, used to treat poisoning.

How to use MEDICARE ACETYLCYSTEINE

- *How much to use*
  - Dissolve the content of one sachet into a glass of cold or warm water.
  - Adults & adolescents over to 12 years of age: One 600 mg sachet daily.
  - Long-term treatment: 400–600 mg daily, divided into one or more intakes

- *Mucoviscidosis* (genetic disorder): the same dosage as above, however, for children from 6 years of age, 200 mg 3 times daily or 600mg once daily.

- *When to use it*

Use as directed by your doctor or pharmacist.

- *How long to use it*

Continue taking MEDICARE ACETYLCYSTEINE for as long as your doctor recommends.

The maximum duration for long-term treatment is 3 - 6 months.

- *If you forget to use it*

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double

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dose to make up for the missed dose.

- *If you use too much (overdose)*

Overdose may induce gastrointestinal symptoms such as nausea, vomiting and diarrhoea. Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do thiseven if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- *Things you must do*

You must strictly comply with your doctor's prescription or your pharmacist's advice.

- *Things you must not do*

Not to mix other medicines with the MEDICARE ACETYLCYSTEINE solution.

- *Things to be careful of*
- The use of acetylcysteinemight thin the mucus and promote the cough up ofmucus, especially at thebeginning of treatment. If you are not able to cough up the mucus effectively, appropriate therapeutic measures shall be taken by the doctor.
- Taking medicines that treatcough can leads to congestion of mucus and causes the risk of breathing difficulties and respiratory tract infection.

Side effects

The following undesirable effects have been observed:

- Headache;
- A ringing sound in the ears;
- A fast heart rate;
- Bleeding;
- Vomiting, diarrhoea, inflammation in your mouth and lips, abdominal pain, nausea, indigestion;
- Low blood pressure

MEDICARE ACETYLCYSTEINE may cause severe allergy and serious skin reactions. Stop using MEDICARE ACETYLCYSTEINE and seek medical assistance immediately if you experience any of the following symptoms:

- Severe allergy: breathing difficulties, light headedness, skin swellings or rash.
- Severe skin reaction: skin reddening, blisters, rash, fever, sore throat or eye irritation.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal

MEDICARE ACETYLCYSTEINE

-Storage

Store in the original package to protect against moisture. Store below 30°C.

Keep out of the reach and sight of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste.

Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- *What it looks like*

White granules with a sweet and sour taste and a sulfur odor.

- *Ingredients*

Active ingredient: Acetylcysteine

Inactive ingredient:

Sorbitol、Aspartame、Orange flavor、Purified Water

-MAL number

Manufacturer:

Yuan Chou Chemical and Pharmaceutical Co. Ltd.
No. 272, Nangang 3rd Rd, Nantou City, Nantou County 54067, Taiwan.

Product Registration Holder:

World Medicare Supplies Sdn Bhd
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Negeri Sembilan,Malaysia.

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