

HYDROCHLORZIDE TABLET

Hydrochlorothiazide (25 & 50 mg)

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What Hydrochlorzide Tablet is used for

Hydrochlorzide Tablet is used for treating fluid retention (oedema) in people with congestive heart failure, cirrhosis of the liver, or kidney disorders, or oedema caused by taking steroids or oestrogen.

This medication is also used to treat high blood pressure (hypertension).

How Hydrochlorzide Tablet works

Hydrochlorothiazide belongs to a group of medicines called thiazide diuretic that acts directly on the kidney to increase water excretion and thus decrease blood volume and pressure of the blood vessels.

Before you use Hydrochlorzide Tablet

When you must not use it

Do not take Hydrochlorzide Tablet if you:

- are allergic (hypersensitive) to hydrochlorothiazide, other sulphonamide-derived drugs, or any ingredients in the medicine.
- experience absence of urine (anuria)
- are breast-feeding or plan to start breast-feeding

Before you start to use it

Talk to your doctor or pharmacist if you:

- have liver or kidney impairment
- know you have low electrolyte (potassium, sodium, chloride, magnesium) level and is dehydrated.
- have gout and/or diabetes
- have autoimmune disorder (Systemic Lupus Erythematosus (SLE))
- you are pregnant, or plan to pregnant
- are breastfeeding or plan to start breast feeding
- if you experience breathing or lung problems (including inflammation or fluid in the lungs) following hydrochlorothiazide intake in the past. If you develop any severe shortness of breath or difficulty breathing after taking Hydrochlorzide Tablet, seek medical attention immediately
- inform your healthcare providers before taking Hydrochlorzide Tablet if you have had skin cancer or if you develop an unexpected skin lesion during the treatment. Treatment with hydrochlorothiazide, particularly long-term use with high doses, may increase the risk of some types of skin and lip cancer (non-melanoma skin cancer). Protect your skin from sun exposure and UV rays while taking Hydrochlorzide Tablet.

Taking other medicines

Tell your doctor or pharmacist if you are taking or have recently taken alcohol, barbiturates, narcotics, antidiabetic drugs, other hypertensive drugs, corticosteroids and ACTH, lithium including medicines obtained without prescription.

How to use Hydrochlorzide Tablet

How much to use

- Adults with diuresis usual initial dose is 25 to 200mg per day. The maintenance dose is 25 to 100mg per day, depending on patient response.

- Adults with hypertension usual dose is 25 to 50mg once or twice daily.
- Usual oral dosage for children is 2mg/kg per day, given in 2 divided doses.
- Infants under 6 months of age may require up to 3 mg/kg per day in 2 divided doses.

When to use it

Use as directed by your doctor or pharmacist.

How long to use it

Follow the prescription from your doctor or pharmacist.

Ask your doctor or pharmacist before prolonged use of this medicine.

If you forget to use it

Take it as soon as you remember, unless it is nearly time for your next dose, skip the missed dose. Then go on as before. Never double up on the next dose to make up for the one missed.

If you use too much (overdose)

Contact your doctor immediately or go to the emergency department of the nearest hospital if you find yourself or anyone else may have used too much of this medicine. Do this even there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

Things you must do

Always wash your hand before handle the tablets. Take the tablets with water and try to take at the same time each day.

Things you must not do

Do not chew the medicine. Swallow the medicine with water.

Do not take this medicine by yourself without prescription from your doctor or pharmacist.

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Hydrochlorothiazide (25 & 50 mg)

Things to be careful of

Driving and using machines

Hydrochlorzide Tablet may affect your ability to drive and use machines. If the tablets make you feel sick, dizzy, or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

- stomach upset, vomiting, nausea, diarrhoea, constipation
- dizziness, headache
- tingling and pricking
- low blood pressure
- high blood sugar
- electrolyte imbalance
- very rare: Acute respiratory distress (signs include severe shortness of breath, fever, weakness, and confusion).
- frequency 'not known': Skin and lip cancer (non-melanoma skin cancer)

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Hydrochlorzide Tablet

Storage

Store at room temperature below 30°C.

Keep out of reach of children.

Do not use this medicine after the expiry date.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

What it looks like

Hydrochlorzide-25 Tablet

Light orange, round flat beveled edge with breakline and embossed

'XS' on one side, 6.3 mm in diameter. Available in blister pack of 30's and 100's.

Hydrochlorzide-50 Tablet

Light orange, round, flat beveled edge tablet with breakline and embossed 'XS' on one side, 7.9 mm in diameter. Available in blister pack of 30's and 100's.

Ingredients

Hydrochlorzide-25 Tablet

Active ingredient:

Hydrochlorothiazide 25mg

Inactive ingredients:

Maize Starch,
Polyvinylpyrrolidone, Magnesium Stearate, Dioctyl sodium, sulphosuccinate, Purified Water, Colloidal Silicone Dioxide, Isopropyl Alcohol, Lactose, FDC Yellow colour

Hydrochlorzide-50 Tablet

Active ingredients:

Hydrochlorothiazide 50mg

Inactive ingredients:

Maize Starch,
Polyvinylpyrrolidone, Magnesium Stearate, Dioctyl Sodium, Sulphosuccinate, Purified Water, Colloidal Silicone Dioxide, Isopropyl Alcohol, Lactose, Sunset Yellow, Ponceau 4R Colour

MAL Number

Hydrochlorzide-25 Tablet:

MAL19860190ARZ

Hydrochlorzide-50 Tablet:

MAL19860189ARZ

Name and Address of Manufacturers

Packed and released by

GoodScience Sdn. Bhd.

No.7, Jalan KPK 4/3,

Kawasan Perindustrian Kundang,

Kundang Jaya, 48020 Rawang,

Selangor, Malaysia

Manufactured by

Xepa-Soul Pattinson (Malaysia) Sdn. Bhd.

1-5 Cheng Industrial Estate, 75250 Melaka, Malaysia.

Product Registration Holder

GoodScience Sdn. Bhd.

No.7, Jalan KPK 4/3,

Kawasan Perindustrian Kundang,

Kundang Jaya, 48020 Rawang,

Selangor, Malaysia

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