

# THROZZ AMBROXOL 30MG TABLET

Ambroxol (30mg)

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## What THROZZ AMBROXOL 30MG TABLET is used for

THROZZ AMBROXOL 30MG TABLET is in the treatment of respiratory tract disorders associated with viscid mucus.

## How THROZZ AMBROXOL 30MG TABLET works

THROZZ AMBROXOL 30MG TABLET contains Ambroxol that helps to dissolve thick mucus, therefore improves breathing and reduces cough.

## Before you use THROZZ AMBROXOL 30MG TABLET

### When you must not use it

Do not use THROZZ AMBROXOL 30MG TABLET

- if you are allergic (hypersensitive) to Ambroxol Hydrochloride or any of the other ingredients of this medicine.

### Before you start to use it

Tell your doctor or pharmacist if you are allergic to any other medicines or you have any other health-related problems including:

- Patients with liver and kidney problems.
- Special care is recommended for patients who are in the first trimester of pregnancy.
- Patients with antibiotic treatment as this medicine may increase the amount of antibiotic penetration.

- If symptoms persist more than 14 days, please seek medical advice.
- Very rare cases of chronically associated severe skin impairments have been reported. In most cases, these could be explained by the severity of the underlying disease or concomitant administration of another drug. In the early stages of such severe skin reactions, initially only nonspecific flu-like symptoms appear, e.g. fever, arthralgia, runny nose, cough, and sore throat. If skin or mucous membrane damage occurs, seek medical advice immediately and discontinue treatment as a precaution.

### Taking other medicines

Seek for your doctor or pharmacist advice if you intend to use THROZZ AMBROXOL 30MG TABLET together with other medication. You must also inform them about all the medicines you are taking, including those without a prescription.

THROZZ AMBROXOL 30MG TABLET administered together with antibiotics such as amoxicillin, cefuroxime, erythromycin, doxycycline will lead to higher antibiotic concentration in the lung tissue.

## How to use THROZZ AMBROXOL 30MG TABLET

### How much to take

- Adults: 1 tablet

### When to use it

3 times daily, after meals.

### How long to use it

THROZZ AMBROXOL 30MG TABLET should be taken as your doctor advised you to do so. Do not stop taking this medicine without talking to the doctor. Please see your doctor if your symptoms do not improve.

### If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do

not take a double dose to make up for the missed dose.

### If you use too much (overdose)

Contact your doctor immediately or go to the emergency department of the nearest hospital if you find yourself or anyone else may have used too much of this medicine. Do this even there are no signs of discomfort or poisoning. You may need urgent medical attention.

## While you are using it

### Things you must do

- Take the medicine exactly as your doctor has told you or according to instruction on pack.
- Tell all the doctors, dentists and pharmacists treating you that you are taking THROZZ AMBROXOL 30MG TABLET

### Things you must not do

- Do not stop using the medicine unless advised by your doctor.
- Do not exceed the stated dose.
- Do not take any new medicines without consulting your doctor or pharmacist.
- Do not give THROZZ AMBROXOL 30MG TABLET to anyone else even if they have the same symptoms or condition as you.

### Things to be careful of

The benefits of the medicine in pregnant women during first trimester should be weighed against a possible risk to the fetus. Consult your doctor or pharmacist if you are pregnant or breastfeeding.

### Driving and using machines

THROZZ AMBROXOL 30MG TABLET is unlikely to cause an effect ability to drive or use machines.

## Side Effects

All medicines can cause unwanted side effects although not everyone experience it. See a doctor immediately if you have any of the following serious side effects. You may need urgent medical treatment.

- The side effects of ambroxol include

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mild upper gastrointestinal effects such as heartburn, indigestion and feeling bloated.

- Allergic reactions such as skin rashes, difficulty in breathing, swelling of the face, lips, mouth, tongue or throat which may cause difficulty swallowing or breathing have occurred rarely.
- Reports of severe acute anaphylactic-type reactions including anaphylactic shock but their relationship to ambroxol is uncertain and are extremely rare case.

Consult your doctor/ pharmacist for further information. Other unwanted side effects not listed may occur.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

## Storage and Disposal of THROZZ AMBROXOL 30MG TABLET

### Storage

Store below 30°C.

Keep this medicine out of the sight and reach of children.

### Disposal

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## Product Description

### What it looks like

White coloured round flat uncoated tablets with beveled edges embossed 'Z1' on one side.

### Ingredients

#### *Active Ingredient*

AMBROXOL 30MG

#### *Inactive ingredients*

Microcrystalline cellulose

Titanium Dioxide

Sodium Starch Glycolate

Povidone 30

*Colloidal Anhydrous Silica*  
*Magnesium Stearate*  
*Purified Talc*

### MAL number

MAL26056040XC

### **Manufacturer**

Saga Lifesciences Limited  
Survey No. 198/2 & 198/3,  
Chachrawadi Vasna, Tal.: Sanand,  
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### **Product Registration Holder**

Medicinspire Global Sdn Bhd  
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27/03/2026

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