

# MINYAK ANGIN SAFE CARE<sup>®</sup> STRONG

Menthol (16% w/w), Camphor (11% w/w), Methyl Salicylate (4% w/w)

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## What Minyak Angin Safe Care<sup>®</sup> Strong is used for

For the temporary relief of muscles & joint pain, cold symptoms, headache, and itchiness.

## How Minyak Angin Safe Care<sup>®</sup> Strong works

This medication contains menthol and camphor, active ingredients that help relieve pain. Camphor helps stimulate blood circulation, reduce itching, provide a warming sensation on the skin, and acts as an antiseptic. When combined with menthol and methyl salicylate, it can help reduce nerve pain and discomfort in specific areas of the body. Menthol helps dilate blood vessels and provides a cooling sensation on the skin, which helps reduce pain. It also facilitates faster absorption of the medication into the skin, allowing the effects to be felt more quickly. Methyl salicylate causes widening of blood vessels, resulting in a warming sensation and increased blood flow to muscles and joints, which helps reduce inflammation, stiffness, and pain.

## Before you use Minyak Angin Safe Care<sup>®</sup> Strong

- When you must not use it  
Do not use it if you are allergic to menthol, camphor, methyl salicylate or any other ingredients of this medicine (listed in Product Description).

This product is contraindicated in children below 2 years of age. Caution must be exercised when older children are treated.

It is dangerous to place any camphor - containing product into the nostril of children. A small amount applied this way may cause immediated collapse.

For external use only. Not to be taken.

- Before you start to use it  
Check with your doctor or pharmacist before using Minyak Angin Safe Care<sup>®</sup> Strong if required.  
Avoid contact with the eyes and mucous membrane. Do not apply to open wounds

or damaged skin. Avoid excessive use during pregnancy and lactation.

### Pregnancy and lactation

Please consult your doctor or pharmacist if you are pregnant or breast-feeding before using any medicine (if required).

### - Taking other medicines

Please inform your doctor or pharmacist if taking other medicines.

## How to Use Minyak Angin Safe Care<sup>®</sup> Strong

Follow all directions given to you by your doctor or pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

### - How much to use

Roll on oil to body part(s) where needed / as required.

### - When to use it

Please follow advice of your doctor or pharmacist.

### - How long to use it

Please follow advice of your doctor or pharmacist.

### - If you forget to use it

Use it as soon as remember. Then next, use the medicine at the usual time.

### - If you use too much (overdose)

If you have used too much Minyak Angin Safe Care<sup>®</sup> Strong, contact your doctor, an emergency department or a poisoning center immediately.

## While you are using Minyak Angin Safe Care<sup>®</sup> Strong

### Things you must do

Inform your doctor or pharmacist of all the medications you are taking.

Initially apply a small amount to a limited skin area and observe whether there is discomfort or itch before applying to a larger skin area. Discontinue use if irritation develops.

### - Things you must not do

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give Minyak Angin Safe Care<sup>®</sup> Strong to anyone else, even if they have the same symptoms or condition as you.

### - Things to be careful of Driving and using machines

Be careful driving or operating machinery until you know how Minyak Angin Safe Care<sup>®</sup> Strong affects you.

## Side effects

Like all medicines, Minyak Angin Safe Care<sup>®</sup> Strong can cause side effects, although not everybody gets them. Possible side effects are: skin irritation, redness or swelling, burning or stinging sensation. Adverse reaction is rare. Symptoms of dizziness and nausea may occur.

Treatment should be discontinued if severe irritation or allergy develops.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

## Storage and Disposal of Minyak Angin Safe Care<sup>®</sup> Strong

### - Storage

Keep out of reach of and sight of children. Store below 30°C. Do not use this product after the expiry date.

### - Disposal

Medicines should not be disposed via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product Description

### - What it looks like

A pale yellow to yellow liquid, with characteristic odour of mint and citrus.

### - Ingredients

- Active ingredients: Menthol, Camphor, Methyl Salicylate
- Inactive ingredients: Essential oils, White mineral oil

### - MAL number:

MAL25086032X

## Manufacturer

PT Surabaya Indah Permai  
Jl Kalibader Selatan No. 11 & 14,  
Kelurahan Kalijaten, Kec. Taman, Kab.  
Sidoarjo Provinsi Jawa Timur, 61257  
Indonesia.

## Product Registration Holder

Kara Marketing (M) Sdn Bhd  
(199901013983) No. 19, Jalan TPP 1/1A,  
Taman Industri Puchong, Jalan Puchong,  
47100 Puchong, Selangor, Malaysia.

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