

FRESHCARE® ROLL-ON MEDICATED OIL (GREEN TEA)

Menthol (16% w/w) , Camphor (5% w/w)

What is in this Patient Information Leaflet

1. What is FreshCare® Roll-On Medicated Oil (Green Tea) used for
2. How FreshCare® Roll-On Medicated Oil (Green Tea) works
3. Before using FreshCare® Roll-On Medicated Oil (Green Tea)
4. How to use FreshCare® Roll-On Medicated Oil (Green Tea)
5. While using FreshCare® Roll-On Medicated Oil (Green Tea)
6. Side effects
7. Storage and disposal of FreshCare® Roll-On Medicated Oil (Green Tea)
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What is FreshCare® Roll-On Medicated Oil (Green Tea) used for

For the temporary relief of muscles & joints pain, cold symptoms, headache, and itchiness.

How FreshCare® Roll-On Medicated Oil (Green Tea) works

It contains menthol and camphor. Camphor is stimulant, rubefacient, antipruritic and feebly antiseptic. When in combination with menthol, becomes ideal for neuralgia and other painful areas. Menthol dilates the blood vessels causing a sensation of coldness, followed by an analgesic effect. Menthol also acts as penetration of drugs when applied on the skin, to give a faster onset of action.

Before using FreshCare® Roll-On Medicated Oil (Green Tea)

• When you must not use it

Do not use it if you are allergic to any ingredients of FreshCare® Roll-On Medicated Oil (Green Tea) This product is contraindicated in children below 2 years of age. Caution must be exercised when older children are treated. It is dangerous to place any camphor containing product into the nostril of children. A small amount applied in this way may cause immediate collapse. For external use only. Not to be taken.

• Before you start to use it

Please follow the pharmacist advice.

• Taking other medicines

Please inform the pharmacist if taking other medicines.

How to use FreshCare® Roll-On Medicated Oil (Green Tea)

• How much to use

Roll on oil to body part(s) where needed / as required.

Follow all the direction given to you by your pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask the pharmacist for help.

• When to use it

Please follow the pharmacist advice.

• How long to use it

Please follow the pharmacist advice.

• If you forget to use it

Use it as soon as remember. Then use the medicine at the usual time.

• When use too much (overdose)

If you have use too much FreshCare® Roll-On Medicated Oil (Green Tea), contact your doctor, an emergency department or a poisoning center immediately.

While you are using FreshCare® Roll-On Medicated Oil (Green Tea)

• Things you must do

Inform your pharmacist of all the medications you are taking. Initially apply a small to a limited skin area and observe whether there is discomfort or itch before applying to larger skin area. Discontinue use if irritation develops.

• Things you must not do

Avoid contact with the eyes and mucous membrane. Do not apply to open wounds or damaged skin. Avoid excessive use during pregnancy and lactation. Do not apply over large areas of the body or bandage or use with heating pads. Do not take any new medicines without consulting your doctor. Do not give FreshCare® Roll-On Medicated Oil (Green Tea) to anyone else, even if they have the same symptoms or condition as you.

• Things to be careful of

Treatment should be discontinued if severe irritation or allergy develops.

Side effects

Skin irritation, redness or swelling, burning or stinging sensation.

Adverse reaction is rare.

Symptoms of dizziness and nausea may occur. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers -> Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of FreshCare® Roll-On Medicated Oil (Green Tea)

• Storage

Store below 30°C. Keep out of reach of children.

• Disposal

Medicines should not be disposed via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. There measures will help to protect the environment.

Product description

• What it looks like

A clear oily liquid, pale yellow with specific green tea mint odor.

• Ingredients

Active ingredients: Menthol, Camphor.

Excipient ingredients: Olive Oil, Tea Seed Oil, Fragrance 004-GTA-C, White Oil.

• MAL number

MAL21066030X

Manufacturer

PT. Ultra Sakti
Jl. Narogong Km. 12,5 RT 005/ RW 006 Kel. Cikiwul, Kec. Bantar Gebang, Kota Bekasi, Jawa Barat - INDONESIA

Product Registration Holder

KARA MARKETING (M) SDN BHD (199901013983) No.19, Jalan TPP 1/1A, Taman Industri Puchong, Batu 12, Jalan Puchong, 47100 Puchong, Selangor Darul Ehsan, Malaysia

Date of revisions:

13/09/2024

Serial Number:

NPRA (R2) 21/006

PM020679/00
03/23
S0370