

URINEX

Pinene ($\alpha + \beta$)/Camphene/Borneol/Fenchone/Anethole/Cineole (31 mg/15 mg/10 mg/4 mg/4 mg/3 mg)

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What Urinex is used for

Urinex is used to:

- treat urinary tract spasm and inflammation associated with urinary stones (urolithiasis).
- assist in the dissolution and expulsion of stones in the kidneys and urinary tract.

How Urinex works

Urinex contains a mixture of terpenes that increases urine flow, and increases the solubility of calcium salts to help break down urinary stones. This helps break down and flush out urinary stones. It also reduces inflammation and relaxes urinary tract muscles to ease pain and facilitate stone passage

Before you use Urinex

- When you must not use it

Do not take this medicine if:

- You are allergic to active ingredients or any other ingredients of this medicine (listed in Product Description)

- Before you start to use it

Check with your doctor or pharmacist before taking Urinex if you:

- Have acute or severe urinary tract infection, since your doctor may need to perform urine culture and sensitivity tests before prescribing any medications

Pregnancy and lactation

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Inform your doctor or pharmacist if you are taking:

- Warfarin (used to thin blood)
- Medicines processed by the liver

How to use Urinex

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- How much to use

Adults: Take 1 capsule 3–4 times daily, 30 minutes before meals.

Do not exceed 4 capsules per day.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Use this medicine for the duration that your doctor recommends.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have used too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much of this medicine may cause stomach upset or gastric irritation.

While you are using Urinex

- Things you must do

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using Urinex.

Tell your doctor immediately if you become pregnant while using this medication.

- Things you must not do

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give Urinex to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

This medicine is not known to affect your ability to drive or use machines.

However, if you feel unwell such as having stomach discomfort or feeling uneasy after taking it, avoid driving until you feel better.

Side effects

Like all medicines, Urinex can cause side effects, although not everybody gets them.

This medicine is generally safe and well tolerated, and most people do not experience any side effects.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug

Reaction Monitoring by visiting the website nptra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

- Sodium Propylparaben
- Quinolone Yellow
- Sodium Ethylparaben
- Glycerol (85%)
- Olive Oil
- Gelatin (Bovine)

Storage and Disposal of Urinex

- Storage

Keep out of the reach and sight of children.

Store below 30°C and protect from moisture.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

- MAL number:

MAL09100249XC

Manufacturer

European Egyptian Pharmaceuticals Industries
Amriya, Alexandria – Cairo Desert Road,
Km 25, Egypt.

Product Registration Holder

Pharco Health Sdn Bhd
Unit No. 643, PKNS BizPoint No. 67B,
Tingkat 2, Jalan Plumbum P7/P, Seksyen
7,
40000 Shah Alam, Selangor, Malaysia

Product Description

- What it looks like

Yellow, round soft gelatin capsules

- Ingredients

- Active ingredients.

- Pinene ($\alpha + \beta$) 31 mg
- Camphene 15 mg
- Borneol 10 mg
- Fenchone 4 mg
- Anethole 4 mg
- Cineole 3 mg

- Inactive ingredients

- Sorbitol Special – Glycerin Blend
- FD & C Yellow No. 6

Date of revision

5/5/2026

Serial Number

NPRA(R4/1)300426/00023