

BIOLIFE GLUCOSAMINE 500MG WITH CHONDROITIN SULFATE 400MG TABLET

Glucosamine Sulfate 500mg and Chondroitin sulfate 400mg

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What BiO-LiFE Glucosamine 500 mg with Chondroitin Sulfate 400 mg Tablet is used for

BiO-LiFE Glucosamine 500 mg with Chondroitin Sulfate 400 mg Tablet is used as an additive therapy for degenerative joint disease.

How BiO-LiFE Glucosamine 500 mg with Chondroitin Sulfate 400 mg Tablet works

BiO-LiFE Glucosamine 500 mg with Chondroitin Sulfate 400 mg Tablet provides relief to sufferers of joint disease by reducing joint swelling and relieving associated pain.

Before you use BiO-LiFE Glucosamine 500 mg with Chondroitin Sulfate 400 mg Tablet

- When you must not use it

- Do not take this medicine if you are allergic to glucosamine, and/or

allergic to shellfish or other excipients.

- Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.
- If you are not sure whether you should start taking this medicine, talk to your doctor or pharmacist.

- Before you start to use it

- Tell your doctor or pharmacist if you have allergies to any other medicines, foods, preservatives or dyes.
- Tell your doctor or pharmacist if you are pregnant, plan to become pregnant or you are breast-feeding.

- Taking other medicines

- Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop. Diabetes medications and warfarin may interfere with BiO-LiFE Glucosamine 500 mg with Chondroitin Sulfate 400 mg Tablet.

How to use BiO-LiFE Glucosamine 500 mg with Chondroitin Sulfate 400 mg Tablet

Follow all direction given to you by your doctor or pharmacist carefully.

- How much to use

Adults and children over 12 years:

Take one tablet three times per day with meals or as directed by a doctor.

- When to use it

Take while symptoms occur and take with food or immediately after meals.

- How long to use it

If symptoms are not relieved or any new symptoms appear, you should consult a doctor or pharmacist.

- If you forget to use it

Take the missed dose as soon as you remember it. However, if it is almost

time for the next dose, skip the dose you missed and use your next dose when you are meant to. Do not take a double dose to make up for a missed one.

- If you use too much (overdose)

Seek medical advice if you think you or anyone else may have taken too much BiO-LiFE Glucosamine 500 mg with Chondroitin Sulfate 400 mg Tablet.

While you are using BiO-LiFE Glucosamine 500 mg with Chondroitin Sulfate 400 mg Tablet

- Things you must do

Talk to your doctor or pharmacist if your symptoms do not improve.

- Things you must not do

- Do not take BiO-LiFE Glucosamine 500 mg with Chondroitin Sulfate 400 mg Tablet to treat any other complaints unless your doctor or pharmacist tells you to.
- Do not give you medicine to anyone else, even if they have the same condition as you.

- Things to be careful of

Be careful driving or operating machinery until you know how BiO-LiFE Glucosamine 500 mg with Chondroitin Sulfate 400 mg Tablet affects you.

Side effects

- BiO-LiFE Glucosamine 500 mg with Chondroitin Sulfate 400 mg Tablet is generally well tolerated by the majority of people, however, the following adverse effects where observed, are usually of a mild and short term: drowsiness, headaches, inability to sleep, nausea, vomiting, diarrhea, indigestion, constipation, heartburn, skin redness, itching, swelling of lower limbs and increased heart rate.
- You may report any side effects or adverse drug reactions directly to

the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835499, or visiting the website npdra.moh.gov.my [Consumer → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of BiO-LiFE Glucosamine 500 mg with Chondroitin Sulfate 400 mg Tablet
- Storage

- Keep your medicine in the original package until it is time to take.
- Keep your medicine in a cool dry place where the temperature stays below 30°C.
- Do not store medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car. Heat and dampness can destroy some medicines.
- Keep it where children cannot reach it.

- Disposal

Ask your pharmacist what to do with any medicine that is left over, or if the expiry date has passed.

Product Description

- What it looks like

White film coated oval shaped tablet

- Ingredients

Each tablet contains:

Glucosamine sulfate 2KCL 667mg
equivalent to:
Glucosamine sulfate 500 mg
Chondroitin sulfate 400 mg

Inactive ingredients are magnesium stearate, crospovidone, croscarmellose sodium, microcrystalline cellulose, opadry II 85G58923 white.

- MAL number:

MAL20112132XR

Manufacturer

**MEGA LIFESCIENCES
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**Product Registration Holder
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BHD.**

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