

Cezti 10 Film-coated Tablet

Cetirizine Dihydrochloride 10 mg

What is in this leaflet

1. What Cezti 10 film-coated tablet is used for
2. How Cezti 10 film-coated tablet works
3. Before you use Cezti 10 film-coated tablet
4. How to use Cezti 10 film-coated tablet
5. While you are using it
6. Side effects
7. Storage and Disposal of Cezti 10 film-coated tablet
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

What Cezti 10 film-coated tablet is used for

Cezti 10 film-coated tablet is used in adults and children of 3 years or above to treat swelling and irritation inside the nose that can occur during specific seasons (seasonal rhinitis) or occur year round (perennial allergic rhinitis) and urticaria of allergic origin (a common allergic disorder in which a red, itchy, lumpy skin rash appears).

How Cezti 10 film-coated tablet works

Cetirizine is a drug that inhibits the actions of histamine (an amine found in all body tissues) by competitive binding to the H1 receptor. Histamine is responsible for many of the symptoms caused by allergies. Cetirizine does not inhibit the actions of cholinergic and serotonin (two types of major neurotransmitter systems). So these effects are obtained without sedation nor behavioral changes. Cetirizine also inhibits the skin reaction induced by some peptides that are believed to take part in the allergic reaction.

Before you use Cezti 10 film-coated tablet

- When you must not take it

If you are known allergy to any of its ingredients.

- Before you start to use it

If any of the situations mentioned below apply to you, you should tell your doctor before taking this drug:

- If you do activities requiring mental alertness.
- The safety and effectiveness of Cetirizine in pediatric patients under the age of 2 years have not been established.
- Caution should be exercised in patients with mild to moderate renal impairment or impaired liver function

- Taking other medicines

Please tell your doctor or pharmacist if you are taking, or have recently taken any other medicines, including medicines obtained without a prescription.

To date, there are no known interactions with other drugs. Nevertheless, cetirizine should be used with caution if sedatives are also being taken.

How to use Cezti 10 film-coated tablet

- How much to take

Always take Cezti 10 film-coated tablet exactly as your doctor has instructed you. Your doctor will decide on the appropriate dose of Cezti 10 film-coated tablet depending on your condition and whether you are taking other medicines.

- The recommended dosage in children aged between 3 and 6 years old is 5 mg daily, either 2.5 mg twice daily or 5 mg once daily.
- Adults and adolescents over 12 years of age: 1 tablet (10 mg) once daily. If drowsiness occurs, the tablets can be administered in the evening.
- Children 6-12 years: 1 tablet (10 mg) once daily or 1/2 tablet (5 mg) taken twice daily (morning and evening).
- For children weighing less than 30 kg: 1/2 tablet (5 mg) taken once daily.
- Clinical trials in children have not exceeded four weeks.
- Cetirizine is contraindicated in patients with severe renal impairment. In patients with moderate renal impairment the dose should be adjusted to 5 mg (1/2 tablet).

- When to use it

Cezti 10 film-coated tablet is administered at any time of day, with or without food.

- How long to use it

It is important to continue taking Cezti 10 film-coated tablet for as long as your doctor prescribes it in order to maintain smooth control of your symptoms.

- If you forget to use it

Try to take Cezti 10 film-coated tablet daily as prescribed. If you miss a dose, take it as soon as you remember. If it is close to your next dose, do not take the missed dose. Just take the next dose at your regular time.

- If you use too much (overdose)

The acute lethal dose of cetirizine in humans is not known. Sleepiness was reported in one adult who ingested 150 mg of cetirizine hydrochloride; no other adverse effects, including clinical manifestations, abnormal blood chemistry, or abnormal hematology occurred in this individual. Restlessness and irritability followed by drowsiness were reported in an 18-month old child who ingested about 180 mg of cetirizine hydrochloride.

While you are using Cezti 10 film-coated tablet

- Things you must do

- When pregnancy is detected, Cezti 10 film-coated tablet should be used with caution. Tell your doctor immediately.
- Cetirizine should be avoided during lactation.

- Things you must not do

Do not exceed the recommended dose.

- Things to be careful of

- At therapeutic doses, Cetirizine does not potentiate the effect of alcohol (at a blood level of 0.8 g/l). Care should, however be taken.
- Caution should be exercised when driving or operating potentially dangerous machinery.

Side effects

Like all medicines, Cezti 10 film-coated tablet can cause side effects, although not everybody gets them.

The following side effects have been reported:

- Agitation.
- Dry mouth.

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- Drowsiness.
 - Headache
 - Very occasionally, symptoms of hypersensitivity have been reported.
- If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Cezti 10 film-coated tablet

- Storage

The expiry date of this pack is printed on the box. Do not use this pack after this date.

Do not store above 30°C. Store in a dry place.

Protect from light.


Keep all medicines out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater of household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Cezti 10 appears as white, caplet-shaped, film coated-tablet, biconvex, engraved logo “” on one side and scored on the other side.

It is packed in a cardboard box (packs of 50's).

- Ingredients

Active ingredient: Cetirizine Dihydrochloride 10 mg.

Inactive ingredients: Lactose monohydrate, Maize starch, Purified talc, Magnesium stearate, Povidone, Hypromellose, Polyethylene glycol 6000 and Titanium dioxide.

- MAL Number.: MAL06021190AZ

Manufacturer and Product Registration Holder

- Manufacturer

STELLAPHARM J.V. CO., LTD. – BRANCH 1 (A Joint Venture Company of Auxilto GmbH, Germany)

No. 40 Tu Do Avenue, Vietnam - Singapore Industrial Park, An Phu Ward, Thuan An Town, Binh Duong Province, Vietnam.

- Product Registration Holder

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