

# LUKAKLINE TABLETS 10MG

## Montelukast Sodium (10 mg)

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### What Lukakline is used for

Lukakline used

- For the prophylaxis and chronic treatment of asthma in adults and patients 15 years of age and older.
- For the relief of daytime and night time symptoms of seasonal allergic rhinitis in adults and patients 15 years of age and older

### How Lukakline works

This medicine is a leukotriene receptor antagonist. It blocks substances in your lungs that narrows and swells your airways. The substance is called leukotriene.

By blocking leukotrienes, your asthma symptoms will improve and this helps prevent asthma attacks. Lukakline also improves hay fever symptoms.

### Before you use Lukakline

#### When you must not take it

Do not take this medicine if:

- you are allergic to montelukast or any of the excipients
- you are already taking any medicine containing montelukast
- you are galactose intolerant, have Lapp lactase

deficiency or glucose-galactose malabsorption

#### Before you start to take it

Tell your doctor if:

- you are pregnant, plan to get pregnant
- you are breastfeeding or plan to breastfeed.

### Pregnancy & Nursing Mothers

Lukakline may be used during pregnancy only if it is considered to be clearly essential.

#### Taking other medicines

Talk to your doctor or pharmacist if you are taking any other medicines in any form including any that you buy or obtained without a prescription.

Some medicines interfere with the active ingredients in Lukakline.

They include: -

- Other medicines containing montelukast
- *Phenobarbital*
- *Phenytoin*
- *Rifampicin*

Other interactions not stated may occur. Talk to your doctor or pharmacist if you have any other concerns.

### How to take Lukakline

#### How much to take

Adults aged 15 years and above with asthma and/or seasonal allergic rhinitis: take one 10 mg tablet in a day in the evening. Swallow the tablet with a glass of water.

#### When to take it

Take this medicine in the evening. This medicine can be taken before or after a meal

#### How long to take it

Continue taking Lukakline for as long as your doctor recommends.

#### If you forget to take it

Do not take double dose to make up for a forgotten dose. If you forget to take your dose, take it as soon as you remember.

Skip the missed dose if it is almost time for your next dose.

#### If you take too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

### While you are using Lukakline

#### Things you must do

You are advised to continue taking montelukast even your asthma is under control, as well as during periods of worsening asthma.

Make sure you or your child takes this medicine every day as directed by the doctor, even if asthma symptoms have improved or there is an asthma attack.

Keep a rescue inhaler at hand if an asthma attack occurs.

Follow your doctor's directions on how to use it. Lukakline is not suitable for acute attacks of asthma.

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Tell your doctor if you become pregnant or started a new medicine.

### Things you must not do

Do not give this medicine to anyone else even if their symptoms seem similar to yours.

Do not take your medicine to treat any other complaints unless you are told by your doctor or pharmacist.

Do not change the recommended dosage on your own before asking your doctor.

### Things to be careful of

Take note:

- if your condition's symptoms become worse, contact your doctor immediately
- not to replace this medicine with other medicine to treat asthma prescribed by your doctor
- not to take aspirin or non-steroidal anti-inflammatory medicines if it makes your asthma worse
- when you are driving or using machines, you may feel dizzy.

### **Side effects**

Tell your doctor immediately if you think you are experiencing any of the following possible unwanted side effects while taking the medicine.

Common side effects:

- Headache
- weakness or unusual tiredness
- cough
- dental pain
- dizziness
- heartburn
- fever
- gastroenteritis (stomach flu)
- nasal congestion (stuffy nose)

- skin rash
- fast heartbeat
- diarrhoea, dry mouth, indigestion, nausea, vomiting
- increased tendency to bleed
- joint or muscle pain, muscle cramps

Very rare side effects:

- Churg-Strauss syndrome, a kind of inflammation of blood vessels disease

Tell your healthcare provider right away if you notice any of the following behaviour and mood-related changes:

- Obsessive-compulsive symptoms

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

### **Storage and Disposal of Lukakline**

#### Storage

Keep out of reach of children. Store below 30°C. Protect from light and moisture.

#### Disposal

Medicines should not be disposed of via waste water or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### **Product description**

#### What it looks like

Montelukast sodium film-coated tablets 10 mg Brown coloured rounded square shaped, film coated tablets debossed with "MTS" on one side and "10" on the other side.

### Ingredients

Active ingredient:  
Montelukast sodium 10mg

Inactive ingredients:  
Lactose Monohydrate  
Cellulose, microcrystalline  
Croscarmellose sodium  
Hydroxypropylcellulose/klu cel  
Cellulose, microcrystalline  
Magnesium stearate  
Opadry brown  
Purified water

### MAL Number

MAL12075069ACZ

### **Manufacturer:**

Dr. Reddy's Laboratories Ltd.  
Survey No.41, Bachupally  
Vilage, Bachupally Mandal,  
Medchal Malkajgiri, District  
Telangana 500090, India.

### **Product Registration Holder:**

THE ZYFAS MEDICAL CO.,  
No.7 Jalan Molek 3/10,  
Taman Molek,  
81100 Johor Bahru.

### **Date of revision**

Nov 2022

### **Serial Number**

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