

FERROCYTE[®] TABLET 50MG

Sodium Ferrous Citrate (50mg)

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What *FERROCYTE*[®] is used for

FERROCYTE[®] is used for patients with iron-deficiency anemia (low levels of red blood cells in the body due to a lack of iron).

How *FERROCYTE*[®] works

The absorbed iron enters the body and is used to make hemoglobin, a protein in red blood cells.

Sodium ferrous citrate improves anemia (a condition in which there is a deficiency of red cells in the blood, resulting in pallor and weariness) through recovery of hemoglobin level and iron reserve.

Before you use *FERROCYTE*[®]**- When you must not use it**

You should not take *FERROCYTE*[®]

- if you are allergic to any of the ingredients contained in it.
- if you are not iron deficient.

Pregnancy and lactation

Do not take *FERROCYTE*[®] if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take *FERROCYTE*[®] if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start use it

Before you take *FERROCYTE*[®] tablet, tell your doctor if you have:

- gastrointestinal diseases such as stomach ulcer, or chronic inflammation of the large intestine and small intestine.
- paroxysmal nocturnal hemoglobinuria (rare, acquired, life-threatening disease of the blood characterized by destruction of red blood cells by the complement system, a part of the body's innate immune system).
- Received treatment with iron-containing preparation (iron preparation, contrast media of liver for MRI, etc)

For elderly patients, this product should be used under careful medical supervision.

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

It is advisable to avoid the following drugs and foods before, during and after the administration of *FERROCYTE*[®]:

- Certain types of antibiotics (e.g. cefdinir, quinolones, tetracyclines)
- Antacids (medicines to neutralise stomach acid and relieve indigestion)
- Allopurinol (treatment for gout)
- Thyroid hormones (e.g. levothyroxine)
- Tannic acid-containing drugs or foods

How to use *FERROCYTE*[®]**- How much to use**

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

The usual adult dosage for oral use is 100-200mg as elemental iron (2-4 tablets) daily in one or two divided doses after meals.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking *FERROCYTE*[®] for as long as your doctor or pharmacist recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too many tablets may cause nausea, vomiting, or increased heart rate.

While you are using it**- Things you must do**

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking *FERROCYTE*[®].

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give *FERROCYTE*® to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, *FERROCYTE*® can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Other precautions to note when taking this product include stools may become dark and temporary discolouration (browning of teeth).

Tell your doctor if you notice any of the following:

- Digestive - symptoms such as nausea-vomiting, anorexia, stomachache, abdominal pain, diarrhea, constipation, and upper abdominal discomfort may infrequently occur.
- Hypersensitivity - Skin eruption may rarely develop and itching may infrequently occur; discontinue the medication upon onset of any such symptom.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse

Drug Reaction Monitoring by calling Tel: 03-78835490, or visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

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Storage and Disposal of *FERROCYTE*®

- Storage

Keep out of the reach and sight of children.

Store below 30°C. Protect from moisture.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

White, gastric-soluble film-coated tablet.

- Ingredients

- Active ingredient
Sodium ferrous citrate

- Inactive ingredients
Hydroxypropyl cellulose, carmellose, calcium stearate, microcrystalline cellulose.
Coating: Hydroxypropyl cellulose, Macrogol 6000, Low substituted Hydroxypropyl cellulose, titanium oxide.

- MAL number:

MAL19920395XZ

Manufacturer

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Product Registration Holder

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