

21ST CENTURY CHILDREN'S VAPOR BALM

Menthol (2.8% w/w)

What is in this leaflet

1. What 21st Century Children's Vapor Balm is used for
2. How 21st Century Children's Vapor Balm works
3. Before you use 21st Century Children's Vapor Balm
4. How to use 21st Century Children's Vapor Balm
5. While you are using it
6. Side effects
7. Storage and Disposal of 21st Century Children's Vapor Balm
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What 21st Century Children's Vapor Balm is used for

Provides relief from blocked nose, cough, and muscular aches due to colds.

How 21st Century Children's Vapor Balm works

This medicine contains an active ingredient which is menthol, which acts as a soothing agent. It has a cooling effect that helps open up the nasal passages, making it easier to breathe, and also create a numbing sensation to pain associated with colds.

Before you use 21st Century Children's Vapor Balm

- When you must not use it

Do not use this medicine if:

- You are allergic to menthol or any other ingredients of this medicine (listed in Product Description).

- Before you start to use it

Only to be use in children aged 2 years old and above.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use 21st Century Children's Vapor Balm

- How much to use

Children 2 years old and above: Apply a sufficient amount to the chest or the affected area.

- When to use it

Apply up to 3 times a day, as necessary, or as directed by your doctor or pharmacist.

- How long to use it

Use 21st Century Children's Vapor Balm when necessary or for the duration that the doctor recommends.

- If you forget to use it

Apply the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to apply the medicine and skip the missed dose. Do not apply a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have use too much or accidentally ingested this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Applying too much of this balm may cause increase of side effects.

May cause convulsions if ingested orally.

While you are using it

- Things you must do

Tell all the doctors, dentists and pharmacists treating you that you are using 21st Century Children's Vapor Balm.

- Things you must not do

Do not apply 21st Century Children's Vapor Balm on wounds or irritated skin.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give 21st Century Children's Vapor Balm to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

For external use only. Avoid contact with eyes. If contact occurs rinse with water immediately.

Avoid putting into or near children's nostrils, as applying even a small amount this way may lead to immediate unconsciousness.

If symptoms persist, consult a doctor immediately.

Side effects

Like all medicines, 21st Century Children's Vapor Balm can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of 21st Century Children's Vapor Balm

- Storage

Keep the product in a cool dry place below 30°C. Protect from light and moisture.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Homogeneous whitish pink ointment with strawberry smell.

- Ingredients

Active ingredient (s):
Menthol

Inactive ingredients:
Turpentine Oil, Microcrystalline Wax, Eucalyptus Oil, Strawberry Oil, Nutmeg Oil, Cedarleaf Oil, Thymol Crystal, Oil

Soluble Red, Snow White Petrolatum

- MAL number:

MAL20013171XC

Manufacturer

Wellmetech Pharmaceutical Industries
Sdn Bhd
Lot 8058, Kota Samarahan Industrial Park
94300, Samarahan, Sarawak, Malaysia

Product Registration Holder

21st Century Products Sdn. Bhd.
No 9, Jalan SS13/6A, 47500, Subang
Jaya, Selangor, Malaysia.

Date of revision

26/03/2024

Serial Number

NPRA(R4/1)260324/00046