

# LAMISIL 1% DERMGEL®

Terbinafine base

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**What Lamisil Dermgel is used for**  
Lamisil Dermgel is used to treat the topical fungal infections below:

- athlete's foot (tinea pedis) – especially when it occurs between the toes
- dhobie (jock) itch (tinea cruris) – itchy rash with a clear border which often occurs on the groin and inner thigh area.
- ringworm (tinea corporis) – circular patches of red rash which may appear scaly
- skin candidiasis (intertrigo or
- sweat rash) – redness, itching and scaling in folded areas of skin which are wet with perspiration.
- pityriasis (tinea) versicolor - scaly patches that become white areas due to loss of skin pigmentation.

## How Lamisil Dermgel works

Lamisil Dermgel is an antifungal, and works by killing the fungi causing your skin problem.

## Before you use Lamisil Dermgel

### When you must not use it

- Do NOT use in children under 12 years of age.
- Do NOT use to treat fungal nail infection (inside and under the nail), with discoloration of the

nails and change in nail texture (thick, flaky). Please see your doctor for appropriate treatment for this type of infection.

- Do not use Lamisil DermGel:
  - if you are allergic (hypersensitive) to terbinafine base or any of the other ingredients of this medicine (listed in Product Description) and ingredient information mentioned below.

### **Important information about some of the ingredients of Lamisil DermGel**

Lamisil DermGel contains:

- butylhydroxytoluene, which may cause local skin reactions (e.g. contact dermatitis), or irritation to the eyes and mucous membranes.

### ***Pregnancy, breast-feeding and fertility***

If you are pregnant or breast-feeding, think you might be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before using this medicine.

Should not be used during pregnancy unless clearly necessary.

Do not use Lamisil DermGel while breast-feeding. Do not allow infants to come into contact with any treated skin, including the breast. The ingredients can pass into your breast milk.

### Before you start to use it

Talk to your doctor or pharmacist before using Lamisil Dermgel.

- It is for external use only.
- Do not use it in the mouth or swallow it.
- Avoid contact of the gel with your face and eyes or damaged skin (lesions which are markedly swollen) where alcohol could be irritating (e.g. after sun exposure or in case of severe skin scaling). If the gel accidentally gets into

your eyes, rinse thoroughly with running water. If any discomfort persists, see your doctor.

### Taking other medicines

Tell your doctor or pharmacist if you are taking or have recently taken or might take any other medicines.

Do not apply any other medicinal products on the areas being treated.

## How to use Lamisil Dermgel

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

It is important to use Lamisil DermGel correctly. Follow the instructions carefully.

### ***Directions for use:***

For adults and adolescents aged 12 years and over:

- Clean and dry the affected skin and surrounding areas and wash your hands.
- Unscrew the cap, and if using for the first time, use the point in the cap to pierce the top of the tube, then gently squeeze the tube.
- Apply enough Lamisil DermGel to put a thin layer on the affected skin and surrounding areas.
- Rub in gently.
- Replace the cap on the tube.
- Wash your hands after touching the infected skin so that you do not spread the infection on yourself or to others.

If you are treating an infection in folded areas of your body you can cover the treated area with a gauze strip, especially at night. If you do, use a fresh, clean gauze strip each time you apply the gel.

### How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information

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contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

## When to use Lamisil Dermgel

- **Athlete's foot:** apply once a day.
- **Dhobie (jock) itch and ringworm:** apply once a day.
- **Skin candidiasis (intertrigo or sweat rash):** apply once or twice a day.
- **Pityriasis versicolor:** apply once or twice a day.

## How long to use Lamisil Dermgel

Apply Lamisil DermGel to the infected areas as follows:

- **Athlete's foot:** apply for one week.
- **Dhobie (jock) itch and ringworm:** apply for one week.
- **Skin candidiasis (intertrigo or sweat rash):** apply for one to two weeks. This may look like ringworm or dhobie itch but it occurs in elderly or obese patients with moist areas of overlapping folds of skin, or those with other conditions such as diabetes. The longer treatment duration (2 weeks) may be needed to treat candidiasis.
- **Pityriasis versicolor:** apply for two weeks.

Use Lamisil DermGel for the recommended treatment period even if the infection seems to be better after a few days. Infections usually appear to improve within a few days, but may reappear if it is not applied regularly or is stopped too early.

Lamisil DermGel should start to improve your skin condition in a few days. The gel will continue to work

even after you have completed the treatment.

**If you have not noticed any signs of improvement within 2 weeks of first starting treatment, please see your doctor or pharmacist who will advise you.**

## To help with the treatment

To help with the treatment keep the affected area clean by washing it regularly. Dry it carefully without rubbing, but dabbing it gently. Try not to scratch the area although it may be itchy, because this could cause further damage and slow the healing process or spread the infection.

Because these infections can be passed on to other people, remember to keep your own towel and clothes and do not share them with others. To protect yourself from re-infection, these should be washed frequently.

## If you forget to use Lamisil Dermgel

If you forget an application of the gel, apply it as soon as possible and then carry on as normal. If you only remember at the time of the next application, just apply the usual amount and then carry on as normal. Do not apply a double dose to make up for a forgotten dose. Try to use the cream as indicated. This is important to get the best results and prevent the infection from returning.

## If you use too much of Lamisil Dermgel (overdose)

Symptoms/signs of overdose following ingestion of terbinafine may include headache, nausea, epigastric pain and dizziness.

If you or someone else accidentally swallows some Lamisil DermGel, please tell your doctor who will advise you on what to do.

## **While you are using it**

### Things you must do

Take your medicine exactly as your doctor has told you.

### Things you must not do

Talk to your doctor or pharmacist before using Lamisil DermGel.

- It is for external use only.
- Do not use it in the mouth or swallow it.
- Avoid contact of the gel with your face and eyes or damaged skin (lesions which are markedly swollen) where alcohol could be irritating (e.g. after sun exposure or in case of severe skin scaling). If the gel accidentally gets into your eyes, rinse thoroughly with running water. If any discomfort persists, see your doctor.

### Things to be careful of

#### **Driving and using machines**

Lamisil DermGel has no influence on the ability to drive and use machines.

#### **Side effects**

Like all medicines, Lamisil DermGel can cause side effects, although not everybody gets them.

Most people benefit from using Lamisil DermGel.

STOP using Lamisil DermGel and seek medical help immediately if you have any of the following which may be signs of an allergic reaction:

- difficulty in breathing or swallowing
- swelling of the face, lips, tongue or throat
- severe itching of the skin, with a red rash or raised bumps

The following side effects have been reported:

Skin problems such as skin peeling, itching, skin lesion, scab, skin disorder, skin colour changes, redness, burning, pain, application site pain, application site irritation.

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Other side effects include:

Dry skin, eczema, contact dermatitis which is a type of inflammation of the skin, skin rash, worsening of disease symptoms, allergic reactions.

Be aware that in rare cases the underlying fungal infection may be aggravated.

If Lamisil DermGel is accidentally applied to the eyes, eye irritation may occur.

If you get other any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers→Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

## Storage and disposal of Lamisil Dermgel

### Storage

- Keep this medicine out of the reach and sight of children.
- Do not store above 30°C
- Do not use Lamisil DermGel after the expiry date which is stated on the outer pack and on the immediate container. The expiry date refers to the last day of that month.
- Store in the original package.

### Disposal

- Do not throw away medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines no longer used. These measures will help to protect the environment.

## Product Description

### What it looks like

Lamisil DermGel is white to off-white glossy gel in a varnished aluminium tube.

### Ingredients

- *Active ingredients*

Terbinafine base.

- *Inactive ingredients*

Purified water, ethanol, isopropyl myristate, polysorbate 20, carbomer, sorbitan laurate, benzyl alcohol, sodium hydroxide, butylhydroxytoluene.

### MAL Number

MAL06061541XR

## Manufacturer

Haleon CH SARL, Nyon, Switzerland.

## Product Registration Holder

Zuellig Pharma Sdn. Bhd.

No. 15 Persiaran Pasak Bumi, Seksyen U8, Perindustrian Bukit Jelutong, 40150 Shah Alam, Selangor Darul Ehsan, Malaysia.

## Date of revision

21/3/2025

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