

FORTTRANS

Macrogol 4000 (64.0g), Anhydrous Sodium Sulphate (5.7g), Sodium Bicarbonate (1.68g), Sodium Chloride (1.46g), Potassium Chloride (0.75g)

What is in this leaflet

1. What FORTTRANS is used for
2. How FORTTRANS works
3. Before you use FORTTRANS
4. How to use FORTTRANS
5. While you are using it
6. Side effects
7. Storage and Disposal of FORTTRANS
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What FORTTRANS is used for

Patients are prepared by bowel cleansing for

- Endoscopic or radiological investigations
- Colonic surgery

How FORTTRANS works

FORTTRANS increases the amount of water in the intestine, which increases the frequency of stools, the contents of which become increasingly watery and, eventually, flushes the intestine.

Before you use FORTTRANS

When you must not take it

- If you are allergic to macrogol 4000 or any of the ingredients in FORTTRANS
- If you have
 - severe heart failure
 - serious impaired general condition such as dehydration
 - advanced carcinoma (cancer that starts in the skin or the tissues that line other organs) or any other colon disease leading to excessive mucosal fragility
 - acute phases of inflammatory bowel disease including Crohn's disease and ulcerative colitis
 - digestive perforation or risk of perforation.
 - toxic colitis or toxic megacolon (enlarged large intestine)

- a bowel obstruction (ileus or stenosis)
- gastric emptying trouble (e.g. gastroparesis, gastric stasis).
- If you are under 18 years of age.

Before you start to take it

Always ask your doctor or pharmacist before using this product if you have any doubts.

If you are pregnant or trying to pregnant or if you are breastfeeding, seek advices from your doctor or pharmacist before taking this medicine. FORTTRANS should be used only when necessary.

Taking other medicines

Tell your doctor if you are taking any other medicines.

Due to the diarrhoea provoked by FORTTRANS, the other oral treatments may not be absorbed and should be taken more than 2 hours before taking FORTTRANS. Avoid intake of oral treatments before and after laxative ingestion until medical examination is completed. For medicines with small therapeutic range or with short half-life such as digoxin, antiepileptics, coumarins, and immunosuppressants, efficacy can be particularly affected.

How to use FORTTRANS

How much to use

The dosage is approximately one litre of the solution for 15 to 20 kg of body weight, which corresponds to an average dosage of 3 to 4 litres. Each sachet must be dissolved in about one litre of drinking water.

It is possible to ingest the preparation as a single dose or as divided doses, providing that the total amount of the reconstituted solution is always fully ingested (average of 3 to 4 litres of solution according to the patient's body weight).

When to take it

- In divided doses: either 2 litres ingested in the evening before the procedure and 1 to 2 litres in the morning of the procedure, or 3 litres ingested the night before and 1 litre on the morning of the procedure. The last glass being ingested at the latest 3 to 4 hours before the procedure.
- In a single dose: 3 to 4 litres in the evening before the procedure, possibly with a break of one hour after the first 2 litres.

How long to use it

Continue taking FORTTRANS as long as your doctor recommends.

If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

Things you must do

You must strictly comply with your doctor's prescription or your pharmacist's advice.

Things you must not do

Do not stop taking the medicine unless advised by your doctor.

FORTTRANS

Macrogol 4000 (64.0g), Anhydrous Sodium Sulphate (5.7g), Sodium Bicarbonate (1.68g), Sodium Chloride (1.46g), Potassium Chloride (0.75g)

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give FORTTRANS to anyone else, even if they have the same symptoms or condition as you.

Things to be careful of

- In elderly subjects in a frail general condition, it is recommended that the product be taken only under medical supervision.
- This medicine contains macrogol (polyethylene glycol).
- You should be appropriately monitored if
 - you are at risk of having disturbances in your blood mineral salt levels (water electrolytes disturbances)
 - you have impaired kidney function, heart failure
 - you are taking water pills (medicines to increase urination)
- Be cautious if you have swallowing difficulty or tendency to regurgitations or you must remain bedridden or you are in risk of lung infection. Medical supervision is required when you are taking the medicine. You should take the medicine in sitting position and eventually through a naso-gastric probe.
- Be cautious if you have heart or kidney problems as there is a risk of build-up of fluid in your lungs.
- FORTTRANS contains 2.89g of sodium per sachet. This should be taken into account if you are in strict low-salt diet.
- If you experience sudden abdominal pain or blood in the stool when taking FORTTRANS for bowel preparation, contact your doctor or seek medical advice immediately.

Side effects

Below side effects are reported:-

- Very common (in more than 1 in 10 patients):
Nausea, abdominal pain and abdominal distension (bloating).
- Common (up to 1 in 10 patients):
Vomiting.
- Unknown (frequency cannot be estimated from the available data): Severe allergic reaction involving swelling of the face, lips, tongue, or throat, or breathing difficulties (anaphylactic shock), hives, rash, itchy skin (pruritus).

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of FORTTRANS

Storage

Do not store above 30° C.

Keep out of the reach and sight of children

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your doctor or pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Do not exceed the expiry date shown on the packaging.

Product Description

What it looks like

FORTTRANS is a white powder without any specific odour.

Ingredients

Active ingredients: Macrogol 4000, anhydrous sodium sulphate, sodium bicarbonate, sodium chloride, potassium chloride

Inactive ingredient: Saccharin sodium

MAL number:

MAL20021428X

Manufacturer

Mayoly Industrie,
20 Rue Ethe Virton 28100,
Dreux, France.

Product Registration Holder

Zuellig Pharma Sdn. Bhd.
No. 15, Persiaran Pasak Bumi,
Seksyen U8, Perindustrian
Bukit Jelutong, 40150 Shah
Alam, Selangor Darul Ehsan,
Malaysia.

Date of revision

23/09/2025

Serial Number

NPRA(R2/2)251023/01562