

MALTOFER® CHEWABLE TABLET

Iron (100mg)

What is in this leaflet

1. What Maltofer® Chewable Tablet is used for
2. How Maltofer® Chewable Tablet works
3. Before you use Maltofer® Chewable Tablet
4. How to use Maltofer® Chewable Tablet
5. While you are using it
6. Side Effects
7. Storage and Disposal
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What Maltofer® Chewable Tablet is used for

Maltofer® Chewable Tablet is used to treat iron deficiency without or with anemia (lack of red blood cells). It is also used as prevention therapy during pregnancy to avoid iron deficiency

How Maltofer® Chewable Tablet works

Maltofer® Chewable Tablet contains iron which is used to help in the formation and function of red blood cells.

Before you use Maltofer® Chewable Tablet

-Do not take this medicine if you:

- are allergic to iron or to any of the other ingredients (listed in product description)
- have iron overload in the body
- have iron utilisation disorders
- have anaemia which is not caused by iron deficiency because Maltofer® Chewable Tablet will not be effective.

Before you start to use it

- Your doctor will want to monitor the progress of your treatment with periodic follow-up examinations and may even

carry out blood tests. This is normal and should not alarm you.

- Tell your doctor or pharmacist before taking Maltofer® Chewable Tablet if you have an infection or a tumour.

Pregnancy and lactation

- Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

- Taking other medicine

- Tell your doctor or pharmacist if you have recently been treated with injectable iron preparations or might be treated with these. Using such iron preparations at the same time as Maltofer® Chewable Tablet is not recommended.
- Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Maltofer® Chewable Tablet

- How much to use

Tablet can be chewed or swallowed whole. Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

For children over 12 years and adults:

Treatment of iron deficiency anaemia:

1–3 chewable tablet for 3-5 months and followed by 1 tablet at doctor's instruction.

Treatment and prevention of iron deficiency without anaemia:

1 chewable tablet for 1-2 months and followed by Maltofer® Syrup for prevention (if needed).

Treatment of iron deficiency anaemia in pregnancy:

2-3 chewable tablet and followed by 1 tablet daily at doctor's instruction.

Maltofer® chewable tablets are not recommended for children under 12 years of age.

- When to use it

- Maltofer® Chewable Tablet can be taken during or immediately after a meal.
- Take the tablets once daily or as directed by your doctor or pharmacists

- How long to use it

Your doctor will determine the duration of the treatment according to your condition.

Treatment of iron deficiency anaemia:

Treatment may continue for 3–5 months until blood test values have returned to normal again.

Treatment and prevention of iron deficiency without anaemia:

The treatment may last about 1–2 months.

Treatment of iron deficiency anaemia in pregnancy:

You need to continue treatment at the dose indicated by your doctor for several weeks or until the end of the pregnancy to replenish the iron stores.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double

dose to make up for the missed dose.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital if you think you or anyone else may have use too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention

While you are using it

- Things you must do

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using Maltofer® Chewable Tablet.

Tell your doctor immediately if you become pregnant while using this medication.

- Things you must not do

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give Maltofer® Chewable Tablet to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

- Tell your doctor if you are on sodium restriction diet. This medicinal product contains 10mg of sodium in each tablet.
- No relevant studies have been performed. However, it is unlikely that Maltofer has any effect on the ability to drive and use machines.

Side effects

- A very common side effect is a stool discolouration caused by the excretion of iron, but this is harmless.
- Other common side effects are nausea, constipation, diarrhoea and abdominal pain including

indigestion, discomfort and bloating.

- Uncommon side effects are, vomiting, teeth discolouration, skin itchiness, rash, hives, reddening of the skin and headache.
- Rare side effects are muscle cramps and muscle pain.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Maltofer® Chewable Tablet

- Storage

Keep medicine out of the reach of children Do not use the product after the expiry date which is stated on the box.

Please store the medicines in its original packaging and protect from light. Store below 30 °C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

- Brown-white speckled tablet.

- Ingredients

- Active ingredient(s): iron as iron(III)-hydroxide polymaltose complex (IPC).
- Inactive ingredients: microcrystalline cellulose, cocoa flavour, sodium cyclamate, polyethylene glycol 6000, talc, vanillin, dextrates, chocolate essence.

- MAL number:

MAL19911912XZ

Manufacturer

Corden Pharma Friburg SA,
Route de Moncor 10 1752 Villars –
sur-Glane Switzerland.

Product Registration Holder

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