

SOLBID TABLET

Isosorbide Dinitrate (10mg)

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What Solbid Tablet is used for

Isosorbide dinitrate is used as a preventive measure in the treatment of angina pectoris. (described as pressure, squeezing, burning, or tightness in the chest).

How Solbid Tablet works

Solbid Tablet is an anti-anginal agent which relaxes the blood vessels in the body, allowing them to widen. This lets more blood flow through the blood vessels, which reduces the work the heart has to do to pump blood. This reduces the oxygen needs of the heart and decreases chest pain.

Before you use Solbid tablet

When you must not take it

If you are hypersensitive to isosorbide dinitrate or other nitrates or nitrites.

Before you start to take it

Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor if you have any of following medical conditions:

- Severe hypotension (low blood pressure).
- Hypovolaemia (a state of decreased blood volume).
- Anaemia (a decrease in the amount of red blood cells).

- Constrictive pericarditis (inflammation of the pericardium - sac-like membrane that surrounds the heart).
- Raised intracranial pressure (pressure inside the skull).
- Closed-angle glaucoma (buildup of pressure inside the eye).

It should be used with caution if you have:

- Severely impaired kidney or liver function.
- Hypothyroidism (reduced level of thyroid hormone).
- Malnutrition (lack of proper nutrition).
- Hypothermia (drop in body temperature).
- Heart attack.
- If you drink alcohol.

Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

The following medicines may interact with Solbid Tablet:

- Acetylcholine or Histamine or Norepinephrine (levarterenol). (effects of these medications may be decreased when they are used concurrently with nitrates).
- Alcohol may enhance any marked sensitivity to the hypotensive effect of nitrates.
- Antihypertensives (agents used to lower high blood pressure) or opioid pain killer.

How to use Solbid Tablet

How much to use

Taken orally.

Usual adult dose:

Antianginal - 5 to 20 mg every six hours. The dosage adjusted as needed and tolerated. The dosage range is 5 to 40 mg four times a day.

Paediatric dose: Dosage has not been established.

When to use it

Use as directed by your doctor or pharmacist.

How long to take it

Continue taking Solbid Tablet for as long as your doctor recommends.

If you forget to take it

Take the missed dose as soon as possible as you remember it. However if it is almost time for the next dose, skip the missed dose and continue your regular dosing schedule. Do not take a double dose to make up for a missed one.

If you take too much (overdose)

Taking too many tablets may cause the following:

Syncope (fainting or passing out) and hypotension (low blood pressure).

Get medical help as soon as possible if above symptoms is observed.

While you are using it

Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Solbid Tablet.
- Tell your doctor immediately if you become pregnant while taking this medication.

SOLBID TABLET

Isosorbide Dinitrate (10mg)

User Instructions:

Avoid alcoholic beverages.

Things you must not do

- Do not stop taking without consulting doctor first.
- Do not give your medicine to others experiencing the same symptoms as you.

Things to be careful of

Use in pregnancy and lactation:

It should be used during pregnancy only if the potential benefit justifies the potential risk to the foetus and caution should be exercised when administered to a nursing mother.

Side Effects

Isosorbide dinitrate may cause:

Dizziness, tachycardia (a faster than normal heart rate), throbbing headache, vomiting, restlessness, blurred vision and low blood pressure which can be severe.

Visit your doctor or pharmacist immediately if you experience any side effects even if they are not listed here, after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website portal.bpfk.gov.my (Consumers -->Reporting).

Storage and Disposal of Solbid Tablet

Storage

Store below 30°C. Protect from light & moisture and KEEP ALL MEDICINES OUT OF REACH OF CHILDREN.

Disposal

Medicines should not be disposed of via waste water or household waste.

Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

What it looks like

Yellowish orange, clean, dry, uniform capsule shaped with flat surface and breakline, uncoated tablet.

Ingredients:

Active ingredient:
Isosorbide dinitrate.

Inactive ingredients:

Corn starch, povidone, lactose, magnesium stearate, purified talcum, colour DC yellow No.6.

MAL No.: MAL19950593AZ

Manufacturer and Product Registration Holder

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