

DYMENATE SYRUP 12.5MG/5ML

Dimenhydrinate (12.5 mg/5 ml)

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What Dymenate Syrup 12.5mg/5ml is used for

Dymenate Syrup 12.5mg/5ml is used as an anti vomiting in the prevention and treatment of motion sickness; for the symptomatic treatment of nausea and spinning sensation due to Meniere's disease and other inner ear disturbances.

How Dymenate Syrup 12.5mg/5ml works

It has the actions of antihistamines and has anti vomiting effect.

Before you use Dymenate Syrup 12.5mg/5ml

- When you must not use it

Do not use Dymenate Syrup 12.5mg/5ml if you have hypersensitivity to Dimenhydrinate or other ingredients listed at the end of this leaflet.

Pregnancy and lactation

Do not take Dymenate Syrup 12.5mg/5ml if you are pregnant, trying to get pregnant or think you may be pregnant. It may mask symptoms of ear toxicity.

Do not take Dymenate Syrup 12.5mg/5ml if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start to use it

Dimenhydrinate has atropine-like actions and should be used with caution if you have history of asthma, increased pressure in the eye, overactive thyroid gland, heart and blood vessel diseases or high blood pressure.

You should avoid alcoholic beverages. It should be used with caution if you have seizure, prostate enlargement and urinary retention.

- Taking other medicines

Tell your doctor if you are taking other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop especially:

-Monoamine oxidase inhibitors (antidepressant)
-Erythromycin (antibiotic)
-Ketoconazole (antifungal)

How to use Dymenate Syrup 12.5mg/5ml

- How much to use

For motion sickness:

Adults: 4 – 8 teaspoonfuls (20 ml – 40 ml) given at least 30 minutes before journey and may be repeated every 4 hours if necessary (not to exceed a total daily dose of 24 teaspoonfuls (120 ml))

Children 2 - 5 years: 1 - 2 teaspoonfuls (5 ml - 10 ml), 2 – 3 times daily

Children 6 - 12 years: 2 - 4 teaspoonfuls (10 ml – 20 ml), 2 – 3 times daily

For prevention of travel sickness, the first dose should be taken 30 minutes before a journey.

For Meniere's disease: 2-4 teaspoonfuls (10 ml – 20 ml), 3 times daily.

Follow all directions given to you by your doctor and pharmacists carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking Dymenate Syrup 12.5mg/5ml for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it. Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine

and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Overdose signs and symptoms - dry mouth, dilated pupils, flushing, stomach and bowel symptoms may occur.

While you are using it

- Things you must do

Tell all the doctors, dentists and pharmacists treating you that you are taking Dymenate Syrup 12.5mg/5ml.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor or pharmacist.

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give Dymenate Syrup 12.5mg/5ml to anyone else, even if they have the same symptoms or conditions as you.

- Things to be careful of

Driving and using machines

It may cause drowsiness and you should not drive or operate machinery if affected.

Side effects

Like all medicines Dymenate Syrup 12.5mg/5ml can cause side effects, although not everybody gets them.

Most frequent side effects are sedation, sleepiness, dizziness, disturbed co-ordination, gastric irritation, and thickening of airway secretions.

Less frequent side effects are hypersensitivity, skin rash, dry mouth, irritability, sleeping difficulty, intense happiness, blurred vision, ringing in the ears, spinning sensation, nerve inflammation, convulsion, headache, strong pounding of heart beat, low blood

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Dimenhydrinate (12.5 mg/5 ml)

pressure, pain or difficult urination
muscular weakness, increased heart rate
and shakiness.

Visit your doctor or pharmacist
immediately if you experience any side
effects after taking this medicine. You may
report any side effects or adverse drug
reactions directly to the National Centre for
Adverse Drug Reaction Monitoring by
visiting the website npra.moh.gov.my
(Public → Reporting Side Effects to
Medicines (ConSERF) or Vaccines (AEFI))

Storage and Disposal of Dymenate Syrup

12.5mg/5ml

- Storage

Keep out of reach of children

Do not store above 30°C

Keep container tightly closed

Shake well before use

Protect from light

- Disposal

Medicines should not be disposed of via
wastewater or household waste. Ask your
pharmacist how to dispose of medicines no
longer required. These measures will help
to protect the environment.

Product Description

- What it looks like

Yellow colour syrup with peach flavour

- Ingredients

- Active ingredients

Dimenhydrinate

- Inactive ingredients

Purified water, Xanthan Gum (Rhodigel),
Methyl Paraben, Propyl Paraben,
Quinoline Yellow, Sugar, Liquid Glucose,
Peach Flavour

- MAL number

MAL19910824AZ

Manufacturer & Product registration holder

Dynapharm (M) Sdn. Bhd.

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