

# DYMENATE TABLET 50MG

Dimenhydrinate (50mg)

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## What DYMENATE TABLET is used for

DYMENATE TABLET is used as an anti vomiting in the prevention and treatment of motion sickness; for the symptomatic treatment of nausea and spinning sensation due to Meniere's disease and other inner ear disturbances.

## How DYMENATE TABLET works

It has the actions of antihistamines and has anti vomiting effect.

## Before you use DYMENATE TABLET

### - When you must not use it

Do not use DYMENATE TABLET if you have hypersensitivity to Dimenhydrinate or other ingredients listed at the end of this leaflet.

### Pregnancy and lactation

Do not take DYMENATE TABLET if you are pregnant, trying to get pregnant or think you may be pregnant. It may mask symptoms of ear toxicity.

Do not take DYMENATE TABLET if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

### - Before you start use it

Dimenhydrinate has atropine-like actions and should be used with caution if you have history of asthma, increased pressure in the eye, overactive thyroid gland, heart and blood vessel diseases or high blood pressure.

You should avoid alcoholic beverages. It should be used with caution if you have seizure, prostate enlargement and urinary retention.

### - Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop especially:

- Monoamine oxidase inhibitors (antidepressant)
- Erythromycin (antibiotic)
- Ketoconazole (antifungal)

## How to use DYMENATE TABLET

### - How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

### For motion sickness

Adults: 1 to 2 tablet, given at least 30 minutes before journey and may be repeated every 4 hours if necessary (not to exceed a total daily dose of 6 tablet).

Children 2 – 5 years: 1/2 tablet, 2 - 3 times daily.

Children 6 – 12 years: 1/2 to 1 tablet, 2 - 3 times daily.

For prevention of travel sickness, the first dose should be taken 30 minutes before a journey.

For Meniere's disease: 1/2 to 1 tablet, 3 times daily.

### - When to use it

Use as directed by your doctor or pharmacist.

### - How long to use it

Continue taking DYMENATE TABLET for as long as your doctor recommends.

### - If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Overdose signs and symptoms - dry mouth, dilated pupils, flushing, stomach and bowel symptoms may occur.

## While you are using it

### - Things you must do

Tell all the doctors, dentists and pharmacists treating you that you are taking DYMENATE TABLET.

Tell your doctor immediately if you become pregnant while taking this medication.

### - Things you must not do

Do not stop taking the medicine unless advised by your doctor or pharmacist.

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give DYMENATE TABLET to anyone else, even if they have the same symptoms or condition as you.

### - Things to be careful of

#### Driving and using machines

It may cause drowsiness and you should not drive or operate machinery if affected.

## Side effects

Like all medicines, DYMENATE TABLET can cause side effects, although not everybody gets them.

Most frequent side effects are sedation, sleepiness, dizziness, disturbed co-ordination, gastric irritation, and thickening of airway secretions.

Less frequent side effects are hypersensitivity, skin rash, dry mouth, irritability, sleeping difficulty, intense happiness, blurred vision, ringing in the ears, spinning sensation, nerve inflammation, convulsion, headache, strong pounding of heart beat, low blood pressure, pain or difficult urination muscular weakness, increased heart rate and shakiness.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) (Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)).

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## Storage and Disposal of DYMENATE TABLET

### Storage

Keep out of the reach of children.  
Store in a dry place below 30°C.  
Protect from light.

### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product Description

### - What it looks like

Round, bi-convex, scored and yellow colour tablet.

### - Ingredients

- Active ingredient

Dimenhydrinate

- Inactive ingredients

Lactose, Magnesium Stearate, Starch, Gelatine & Quinoline Yellow

### - MAL number:

MAL19910822AZ

## Manufacturer & Product Registration Holder

Dynapharm (M) Sdn. Bhd.  
2497, Mk 1, Lorong Perusahaan Baru 5,  
Kawasan Perusahaan Perai 3, 13600  
Perai, Pulau Pinang, Malaysia.

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13/03/2023

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