

# DYMENATE

	DESCRIPTION	CONTENT
<b>DYMENATE SYRUP</b> <b>12.5MG/5ML</b> MAL19910824AZ	SYRUP Colour : Yellow Flavour : Peach	Each 5 ml contains: Dimenhydrinate ..... 12.5 mg Preservatives: Methyl Paraben..... 0.1% w/v Propyl Paraben ..... 0.01% w/v
<b>DYMENATE TABLET</b> <b>50MG</b> MAL19910822AZ	TABLET Colour : Yellow Shape : Round, Biconvex & Scored	Each tablet contains: Dimenhydrinate ..... 50 mg

## PHARMACODYNAMICS:

It has the actions of antihistamines and has anti-emetic effect.

## PHARMACOKINETICS:

Dimenhydrinate is readily absorbed after oral administration. It is metabolised in the liver and excreted in the urine.

## INDICATION:

As an anti-emetic in the prevention and treatment of motion sickness. For the symptomatic treatment of nausea and Vertigo due to Meniere's disease and other vestibular disturbances.

## RECOMMENDED DOSE:

<b>DYMENATE SYRUP</b> <b>12.5MG/5ML</b>	For motion sickness: <b>Adults:</b> 4 - 8 teaspoonfuls (20 ml - 40 ml) given at least 30 minutes before journey and may be repeated every 4 hours if necessary [not to exceed a total daily dose of 24 teaspoonfuls (120 ml)]. <b>Children 2 - 5 years</b> : 1 - 2 teaspoonfuls (5 ml - 10 ml), 2 - 3 times daily. <b>Children 6 - 12 years</b> : 2 - 4 teaspoonfuls (10 ml - 20 ml), 2 - 3 times daily. For prevention of <b>travel sickness</b> , the first dose should be taken 30 minutes before a journey. For <b>Meniere's disease</b> : 2 - 4 teaspoonfuls (10 ml - 20 ml) 3 times daily.
<b>DYMENATE TABLET 50MG</b>	For motion sickness: <b>Adults:</b> 50 - 100 mg, given at least 30 minutes before journey and may be repeated every 4 hours if necessary (not to exceed a total daily dose of 300 mg). <b>Children 2 - 5 years</b> : 25 mg, 2 - 3 times daily. <b>Children 6 - 12 years</b> : 25 - 50 mg, 2 - 3 times daily. For prevention of <b>travel sickness</b> , the first dose should be taken 30 minutes before a journey. For <b>Meniere's disease</b> : 25 - 50 mg 3 times daily.

## CONTRAINDICATION:

It is contraindicated in cases of hypersensitivity to Dimenhydrinate.

## WARNING AND PRECAUTIONS:

Dimenhydrinate has Atropine-like actions and should be used with caution in patients with a history of bronchial asthma, increased intra-ocular pressure, hyperthyroidism, cardiovascular disease, or hypertension.

It may cause drowsiness and patient should not drive or operate machinery if affected. Patient should avoid alcoholic beverages.

It should be used with caution in patients with seizure disorders, angle-closure glaucoma, prostatic hypertrophy and urinary retention.

## DRUG INTERACTIONS:

Dimenhydrinate may potentiate the effects of CNS depression or anticholinergics medications. MAO inhibitors may prolong and intensify the anticholinergic effects of Dimenhydrinate. Concurrent use of Erythromycin and Dimenhydrinate has been reported to increase risk of cardiotoxic effects. Ketoconazole may increase plasma levels of Dimenhydrinate and this may also result in cardiotoxic effects.

## PREGNANCY AND LACTATION:

Use of the drug in pregnant women required that the potential benefit be weighed against the possible risks. It may mask symptoms of ototoxicity.

**SIDE EFFECTS/ADVERSE REACTIONS:**

More frequent side effects are sedation, sleepiness, dizziness, disturbed co-ordination, gastric irritation, thickening of bronchial secretions. Less frequent side effects are hypersensitivity, skin rash, dry mouth, difficult urination, irritability, insomnia, euphoria, blurred vision, tinnitus, vertigo, neuritis, convulsion, headache, palpitations, hypotension, dysuria, muscular weakness, tachycardia and tremors.

**SYMPTOMS AND TREATMENT OF OVERDOSE:**

Overdosage reactions may vary from CNS depression to stimulation. Stimulation is particularly likely in children. Atropine-like signs and symptoms - dry mouth, dilated pupils, flushing, gastrointestinal symptoms may occur.

Treatment: If vomiting has not occurred spontaneously, the patient should be induced to vomit. This is best done by having the patient to drink a glass of water or milk, after which the patient should be made to gag. Precautions against aspiration must be taken, especially in infants and children. If vomiting is unsuccessful, gastric lavage is indicated within 3 hours after ingestion and even later if large amounts of milk or cream were given beforehand. Isotonic or half isotonic saline is the lavage solution of choice. Saline cathartics, as milk of magnesia, by osmosis draw water into bowel and therefore are valuable for their action in rapid dilution of bowel content. Stimulants should not be used. Vasopressors may be used to treat hypertension.

**PACKING/PACK SIZE(S):****DYMENATE SYRUP 12.5MG/5ML**

Plastic bottle of 100 ml.

**DYMENATE TABLET 50MG**

Blister pack of 1x10's and 100x10's.

**JAUHI UBAT DARIPADA KANAK-KANAK**

**KEEP OUT OF REACH OF CHILDREN**

**SHAKE WELL BEFORE USE**

**MANUFACTURER/PRODUCT REGISTRATION HOLDER:**

**DYNAPHARM (M) SDN. BHD. 198001011897 (65683-V)**

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