

IBUFEN SYRUP/TABLET

Ibuprofen (100mg/5ml, 200mg, 400mg)

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What IBUFEN is used for

IBUFEN is used for:

- Relief of the signs and symptoms of rheumatoid arthritis and osteoarthritis.
- Relief of mild to moderate pain.
- Antigout agent to treat non-rheumatic inflammatory conditions.
- To relieve menstrual pain.

How IBUFEN works

Ibuprofen stops the body from producing large amounts of prostaglandins when you have an illness or injury. As Ibuprofen blocks the production of prostaglandins, it works at the site of pain to help relieve pain and reduce inflammation.

Before you use IBUFEN

- When you must not use it

If you have hypersensitive to Aspirin or Ibuprofen.

Pregnancy and lactation

Do not take IBUFEN if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take IBUFEN if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start use it

- Tell your doctor if you
- Have bleeding disorders, cardiovascular disease, peptic ulceration or a history of such ulceration
- If you are receiving coumarin anticoagulants
- If you are patients with hypertension, asthma, breathing

difficulty, heart failure and kidney failure.

- Taking other medicines

Tell your doctor if you are taking oral anticoagulants, thiazide diuretics or any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use IBUFEN

- How much to use

IBUFEN SYRUP

Children: 20 mg / kg body weight per day in divided doses. This can be achieved as follows:

- 1 - 2 years: One 2.5 ml spoonful (50 mg) three to four times daily.
- 3 - 7 years: One 5 ml spoonful (100 mg) three to four times daily.
- 8 - 12 years: Two 5 ml spoonfuls (200 mg) three to four times daily.

IBUFEN TABLET 200MG

IBUFEN TABLET 400MG

Adults: 400 mg to 600 mg 3 times daily.

Maintenance: 200 mg to 400 mg 3 times daily. This dose may be increased to 2.4 g daily if necessary.

Children: 20 mg / kg body weight daily in divided doses with a maximum of 500 mg for those weighing less than 30 kg.

Not recommended for children weighing less than 7 kg or under 1 year of age.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking IBUFEN for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too many this medicine may cause vomiting and gastrointestinal bleeding.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking IBUFEN.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give IBUFEN to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Take medicine with food or milk, to avoid gastrointestinal disturbances.

If acute gastric pain, gastric bleeding, severe diarrhoea or severe skin rashes occur, discontinue the drug and seek medical treatment immediately.

Side effects

Like all medicines, IBUFEN can cause side effects, although not everybody gets them.

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Common side effects:

- Gastrointestinal disturbances.
- Peptic ulceration and gastrointestinal bleeding.
- Headache, dizziness, nervousness, skin rash, itching, ringing in the ear, swelling, depression, drowsiness, insomnia, blurred vision and other eye reactions.
- Hypersensitivity reactions, abnormalities of liver function tests, impairment of kidney function lowered white blood cell count and low platelet count.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my (Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)).

Storage and Disposal of IBUFEN

- Storage

IBUFEN SYRUP

Keep out of reach of children
Keep container tightly closed
Do not store above 30°C
Protect from light

IBUFEN TABLET 200MG

Keep out of reach of children
Do not store above 30°C
Protect from light

IBUFEN TABLET 400MG

Keep out of reach of children
Do not store above 30°C
Protect from light

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

IBUFEN SYRUP

Colourless, opaque, and smooth syrup with apple flavor.

IBUFEN TABLET 200MG

White in colour, oblong; film-coated tablet; tablet size: [(14.2x8.0) ± 0.20] mm.

IBUFEN TABLET 400MG

White in colour, oblong; film-coated tablet; tablet size: [(17.4x8.8) ± 0.20] mm.

- Ingredients

- Active ingredient
Ibuprofen

- Inactive ingredients

IBUFEN SYRUP

Sugar, Methyl Paraben, Propyl Paraben, Sodium Benzoate, Sodium Saccharin, Rhodigel, Tragacanth, Apple Flavour, Purified Water, Sorbitol 70%

IBUFEN TABLET 200MG

Purified Water, Starch, Lactose, Sodium Starch Glycolate, PVP K90, Kollidon CL, Magnesium Stearate, Aerosil, Croscarmellose Sodium, Methocel E15LV (Cotacel C15/HPMC), Calcium Carbonate

IBUFEN TABLET 400MG

Purified Water, Starch, Lactose, Sodium Starch Glycolate, PVP K90, Kollidon CL, Magnesium Stearate, Aerosil, Croscarmellose Sodium, Methocel E15LV (Cotacel C15/HPMC), Calcium Carbonate

- MAL number(s):

IBUFEN SYRUP

MAL19984404AZ

IBUFEN TABLET 200MG

MAL19910167AZ

IBUFEN TABLET 400MG

MAL19910168AZ

Manufacturer & Product

Registration Holder

Dynapharm (M) Sdn. Bhd.
2497, Mk 1,
Lorong Perusahaan Baru 5,
Kawasan Perusahaan Perai 3,
13600 Perai, Pulau Pinang,
MALAYSIA

Date of revision

15/07/2025