

# DYFENAMIC TABLET / CAPSULE

Mefenamic Acid (250 mg, 500 mg)

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## What Dyfenamic is used for

Dyfenamic is used to treat mild to moderate pain from various conditions.

## How Dyfenamic works

Mefenamic Acid works by reducing the pain and inflammation.

## Before you use Dyfenamic

### - When you must not use it

Do not use Dyfenamic if you have:

- Ulceration or inflammation of gastrointestinal tract.
- Allergic to Mefenamic Acid

### *Pregnancy and lactation*

Do not take Dyfenamic if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take Dyfenamic if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

### - Before you start use it

It should be given with care to patients with bleeding disorders, cardiovascular disease, peptic ulceration or a history of such ulceration, and in those who are receiving coumarin anticoagulants.

### - Taking other medicines

Mefenamic Acid may enhance the effects of the coumarin anticoagulants.

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

## How to use Dyfenamic

### - How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information

contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Adults: Pain - 500 mg initially, followed by 250 mg every 6 hours as necessary. Treatment should not be continued for longer than 7 days.

Menstrual cramps- Medication should be initiated with the onset of bleeding and associated symptoms and should not be necessary for more than 2 - 3 days.

Children with Still's disease: 25 mg/kg body weight daily in divided doses (only for tablet).

All to be taken with some food or after meal.

After assessing the risk/benefit ratio in each individual patient, the lowest effective dose for the shortest possible duration should be used.

### - When to use it

Use as directed by your doctor or pharmacist.

### - How long to use it

Continue taking Dyfenamic for as long as your doctor recommends.

### - If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much Dyfenamic may cause nausea, vomiting, gastrointestinal disturbances and gastric bleeding.

## While you are using it

### - Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Dyfenamic.

Tell your doctor immediately if you become pregnant while taking this medication.

If you suffer from skin rash and blisters during your treatment, inform your doctor immediately.

### - Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Dyfenamic to anyone else, even if they have the same symptoms or condition as you.

### - Things to be careful of

#### *Driving and using machines*

Be careful when driving or using machinery until you know how this medicine affects you.

It should be given with caution to patients with renal impairment and patients with impaired liver function. It may impair the ability to perform activities requiring mental alertness or physical coordination.

Treatment should not be continued for longer than 7 days in children, except in the treatment of Still's disease.

## Side effects

Like all medicines, Dyfenamic can cause side effects, although not everybody gets them.

The side effects are:

- Gastrointestinal disturbances.
- Peptic ulceration and gastrointestinal bleeding.
- Headache, dizziness, nervousness, skin rash, itching, ringing in the ear, swelling, depression, drowsiness, difficulty to sleep, blurred vision.

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- Allergic reactions, impairment of kidney and liver functions and diarrhoea may occur.
- Skin rash sometimes with blisters.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

## Storage and Disposal of Dyfenamic

### - Storage

Keep out of reach of children  
Do not store above 30°C  
Protect from light

### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product Description

### - What it looks like

DYFENAMIC CAPSULE 250MG  
Ivory body/ blue cap hard gelatin capsule of size '1' with white to off-white powder

DYFENAMIC TABLET 250MG  
Round and biconvex, yellow and film-coated tablet

DYFENAMIC TABLET 500MG  
Oval, biconvex and scored, yellow and film-coated tablet

### - Ingredients

- Active ingredient  
Mefenamic Acid

- Inactive ingredients  
DYFENAMIC CAPSULE 250MG  
Corn Starch  
Lactose Powder 200 Mesh  
Sodium Starch Glycolate  
Magnesium Stearate  
Aerosil 200  
Sodium Lauryl Sulphate

DYFENAMIC TABLET 250MG  
Lactose Powder 200 Mesh  
Corn Starch  
Kollidon Cl  
Magnesium Stearate  
PVP K90  
Onicoat TC-5124 Yellow – YL 205  
Chloroform Spirit

DYFENAMIC TABLET 500MG  
Lactose Powder 200 Mesh  
Corn Starch  
PVP K90  
Sodium Starch Glycolate  
Magnesium Stearate  
Kollidon Cl  
Onicoat TC-5124 Yellow – YL 205  
Chloroform Spirit

### - MAL number(s):

DYFENAMIC CAPSULE 250MG  
MAL19910013AZ

DYFENAMIC TABLET 250MG  
MAL19910165AZ

DYFENAMIC TABLET 500MG  
MAL19910166AZ

## Manufacturer & Product Registration Holder

Dynapharm (M) Sdn. Bhd.  
2497, Mk. 1, Lorong Perusahaan Baru 5,  
Kawasan Perusahaan Perai 3,  
13600 Perai, Pulau Pinang, Malaysia

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27/08/2024

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