

DYNA C TABLET

Ascorbic Acid (100 mg, 250mg, 500 mg)

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What Dyna C Tablet is used for

Dyna C 100 Tablet and Dyna C 250 Tablet

Indicated as a health supplement.

Dyna C 500 Tablet

Indicated for the prevention and treatment of Ascorbic Acid (Vitamin C) deficiency states.

How Dyna C Tablet works

Ascorbic acid used in the synthesis of collagen and materials in body cells. It is also useful in the absorption of iron from the gastro-intestinal tract. Vitamin C also useful in the treatment of certain blood disorder.

Before you use Dyna C Tablet

- When you must not use it

Pregnancy and lactation

Ask your doctor or pharmacists for advice before taking Dyna C Tablet.

- Before you start to use it

Tell your doctor if you have:

- Excessive urinary excretion of oxalate (substance related to kidney stone)
- Phenylketonurics (PKU)

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Dyna C Tablet

- How much to use

Dyna C 100 Tablet

Children (4-12 years and above): 2-4 tablets once daily after meals or as directed by doctor or pharmacist.

Dyna C 250 Tablet

Adults: 2 - 4 tablets once daily after meals or as directed by doctor or pharmacist.

Dyna C 500 Tablet

Adults: 1 to 3 tablets a day or as directed by physician /pharmacist
The directions given may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking Dyna C Tablet for as long as your doctor recommends.

- If you forget to use it

Take the missed dose as soon as you remember. If it almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Overdosage of Ascorbic Acid is usually followed by excessive urination and diarrhoea.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell the doctor, dentist and pharmacist treating you that you are taking Dyna C Tablet.

- Things you must not do

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give Dyna C Tablet to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of *Driving and using machines*

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Side effects of the Ascorbic Acid usually well tolerated. Large doses may cause diarrhea and the formation of kidney stone. Doses of 600 mg or more daily increase production of urine.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835549, or visiting the website npa.gov.my (Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI).

Storage and Disposal of Dyna C Tablet

- Storage

Keep out of reach of children

Protect from light

Store in dry place below 30°C

Keep the container tightly closed

For oral use only

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Dyna C 100 Tablet and Dyna C 250 Tablet

Uncoated tablet with orange colour and flavour tablet, chewable with round/biconvex shaped.

Dyna C 500 Tablet

Orange colour tablet with round/biconvex shape and film coated.

- Ingredients

- Active ingredients
Ascorbic Acid

DYNA C TABLET

Ascorbic Acid (100 mg, 250mg, 500 mg)

- Inactive ingredients

Dyna C 100 Tablet

Yellow No. 5 (Sunset Yellow FCF),
sunset yellow lake, Aerosil, Aspartame,
Mannitol, Magnesium Stearate, Lactose
powder 200 mesh, Gelatin 240/250
Bloom & Orange Flavour.

Dyna C 250 Tablet

Sunset yellow, sunset yellow lake,
Aerosil, Aspartame, Mannitol,
Magnesium Stearate, Lactose, Gelatin
240/250 Bloom & Orange Flavour.

Dyna C 500 Tablet

Chloroform Spirit, Onicoat TC-MB
2710 Orange - OR 176, Sodium Starch
Glycolate, Aerosil 200, PVP K-90,
Corn Starch, Magnesium Stearate,
Titanium Dioxide, Lactose Powder 200
Mesh & Purified Water.

- MAL number

Dyna C 100 Tablet

MAL19910657XZ

Dyna C 250 Tablet

MAL19910656XZ

Dyna C 500 Tablet

MAL19970981XZ

**Manufacturer & Product registration
holder**

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