

ARCALION 200 TABLET

Sulbutiamine (200mg)

What is in this leaflet

1. What ARCALION TABLET is used for
2. How ARCALION TABLET works
3. Before you use ARCALION TABLET
4. How to use ARCALION TABLET
5. While you are using it
6. Side effects
7. Storage and disposal of ARCALION TABLET
8. Product description
9. Manufacturer and product registration holder
10. Date of revision

What ARCALION TABLET is used for

This product is indicated for symptomatic treatment of all forms of fatigue or tiredness.

How ARCALION TABLET works

This product is similar to Vitamin B1. It helps to turn food into energy to keep the nervous system healthy.

Before you use ARCALION TABLET

- When you must not use it

Do not take ARCALION TABLET tablet:

If you are allergic (hypersensitive) to sulbutiamine or any of the other ingredients of this product (at the end of this leaflet).

- Before you start to use it

Ask your doctor or pharmacist for advice before taking this product.

Children and adolescents

ARCALION TABLET should not be used in children and adolescents.

Pregnancy and breastfeeding

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this product.

The use of ARCALION TABLET should generally be avoided during pregnancy. Tell your doctor if you think you are pregnant.

You should not take ARCALION TABLET if you are breastfeeding. Tell your doctor immediately if you are breastfeeding or about to start breastfeeding.

- Taking other medicines

Please tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription.

ARCALION may interact with the following medicines:

- diuretics (used for treatment of high blood pressure);
- neuromuscular blocking agents (used in general anaesthesia).

ARCALION TABLET contains lactose, glucose and sucrose

This product should not be used by people with sugar intolerance and absorption problem.

ARCALION TABLET contains azo colouring agent (E110)

This product contains an azo colouring agent (E110) and may provoke allergic reactions.

If symptoms persist for more than 4 weeks, consult your doctor.

How to use ARCALION TABLET

Always take this product exactly as your doctor or pharmacist has told you.

- How much to use

FOR ADULT USE ONLY
2-3 tablets a day.

- When to use it

Tablets should be swallowed whole with a large glass of water, dividing the doses between morning and midday meals.

- How long to use it

Duration of treatment is limited to 4 weeks.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take

the product and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

If you take more ARCALION TABLET than you should, contact your doctor or pharmacist immediately.

Symptoms which may be experienced with overdose of ARCALION TABLET include agitation with extreme happiness and limb shaking.

While you are using it

- Things you must do

Tell all the doctors, dentists and pharmacists treating you that you are taking ARCALION TABLET.

- Things you must not do

This product has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.

- Things to be careful of

If you have any questions on the use of this product, ask your doctor or pharmacist.

Side effects

Like all products, ARCALION TABLET can cause side effects, although not everybody gets them.

They may include:

Uncommon (may affect up to 1 in 100 people but more than 1 in 1,000)

- rash,
- nausea, vomiting,
- agitation,
- headaches,
- shaking,
- general feeling of discomfort or fatigue.

Not known frequency

- stomach pain, diarrhoea.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. By reporting side effects, you can help provide more

information on the safety of this product.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npa.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and disposal of ARCALION TABLET

- Storage

Keep this product out of the sight and reach of children.

Do not use this product after the expiry date which is stated on the box. The expiry date refers to the last day of that month.

Store below 30 °C.

- Disposal

Products should not be disposed off via wastewater or household waste. Ask your pharmacist how to dispose off products no longer required. These measures will help protect the environment.

Product description

- What it looks like:

ARCALION TABLET is an orange, lenticular sugar-coated tablet.

- Ingredients

- Active ingredients:

Sulbutiamine.....200mg

- Inactive ingredients:

Maize starch, starch pregelatinised, anhydrous glucose, lactose monohydrate, magnesium stearate, talc, sodium hydrogen carbonate, carmellose sodium, white beeswax, titanium dioxide (E 171), ethylcellulose, sunset yellow FCF aluminium lake (E 110), glyceryl oleate, polysorbate 80, povidone, sucrose, colloidal anhydrous silica.

- MAL number

MAL19911009X

Manufacturer

Les Laboratoires Servier Industrie
45520 Gidy
France

Product registration holder

Servier Malaysia Sdn Bhd
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Date of revision

14.06.2022

Serial Number

NPRA(R4/1)130420/00065