

120mm

180mm

Consumer Medication Information Leaflet (RiMUP)

## Breacol Expectorant for Adults

Guaifenesin (100mg/5ml)

### What is in this leaflet

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**What Breacol Expectorant for Adults is used for**  
Breacol Expectorant for Adults is used as an expectorant for symptomatic relief of coughs due to colds and upper respiratory tract infections

### How Breacol Expectorant for Adults works

Breacol Expectorant for Adults contains Guaifenesin which has expectorant action which facilitates the removal of mucus.

### Before you take Breacol Expectorant for Adults

#### - When you must not use it

Known hypersensitivity to Guaifenesin or any other ingredients in the formulation

#### - Before you start to take it

Talk to your doctor or pharmacist before taking this medicine.

Usage during pregnancy and lactation should be considered based on risk benefit.

Talk to your doctor or pharmacist if you are pregnant or breast-feeding.

#### - Taking other medicines

Please consult your doctor or pharmacist if you are taking other medicines.

### How to take Breacol Expectorant for Adults

#### - How much to take

##### DOSAGE:

Adults: 12 years and above:

Take 2-4 teaspoons (10-20ml) every 4 hours as required.

#### - When to take it

Take Breacol Expectorant for Adults every 4 hours as required.

#### - How long to take it

If you are coughing for more than a week, please consult your doctor

#### - If you forget to take it

If you forget to take Breacol Expectorant for Adults, please take it at the next dose.

#### - If you take too much (overdose)

Excessive use may cause nausea and vomiting. If you take more than you should, tell your doctor or pharmacist.

### While you are taking Breacol Expectorant for Adults

#### - Things you must do

Keep medicine out of reach for children.

#### - Things you must not do

Do not take more than the recommended dose.

#### - Things to be careful of

If you are about to have carcinoid syndrome tests, tell your doctor that you are taking this medicine. It may interfere with the results of these tests.

If symptoms persist, consult the doctor

### Side effects

Rarely, the syrup may cause gastrointestinal discomfort and drowsiness.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npa.gov.my](http://npa.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

### Storage and Disposal of Breacol Expectorant for Adults

#### - Storage

- Do not use Breacol Expectorant for Adults after the expiry date which is stated on the pack after 'Exp'.
- Do not store Breacol Expectorant for Adults above 30°C.

#### - Disposal

- Please discard the bottle once medication is finished or expired.

### Product description

#### - What it looks like

A thick amber coloured liquid, free from foreign matter.

A menthol and apricot odour taste is experienced

#### - Ingredients

- Active ingredient: Guaifenesin

- Inactive ingredient: sodium benzoate, potassium sorbate, sodium citrate, menthol, citric acid anhydrous, Saccharin Sodium, liquid glucose, caramel liquid, sodium carboxymethyl cellulose, apricot flavour and purified water

#### - MAL number:

MAL13115228X

### Manufacturer

PT Menarini Indria Laboratories  
Jl. Akasia II Blok A-9 No.5,  
Delta Silicon I Industrial Park Lippo Cikarang,  
Bekasi 17550, Jawa Barat,  
Indonesia

### Product Registration Holder

A.Menarini Singapore Pte. Ltd.  
B-18-2, Level 18, The Ascent Paradigm,  
No.1, Jalan SS7/26A, Kelana Jaya,  
47301 Petaling Jaya, Selangor Darul Ehsan,  
Malaysia.

### Date of revision

28/02/2023

### Serial Number:

NPRA(R2/1)221207/994



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2019MEN-0208-1

Front

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Products Name: Breacol Expectorant For Adults Insert

Country: MY

Dimension: 180mm(H) x 120mm(W)

Version: 9

Date: 9 March 2023

## Breacol Expectorant for Adults

Guaifenesin (100mg/5ml)

### Apakah yang ada pada risalah ini

1. Apakah kegunaan Breacol Expectorant for Adults
2. Bagaimana Breacol Expectorant for Adults berfungsi
3. Sebelum mengambil Breacol Expectorant for Adults
4. Cara mengambil Breacol Expectorant for Adults
5. Semasa mengambil Breacol Expectorant for Adults
6. Kesan-kesan sampingan
7. Cara Penyimpanan dan Pelupusan Breacol Expectorant for Adults
8. Maklumat lanjut
9. Pengilang dan Pemegang Pendaftaran Produk
10. Tarikh kemas kini RiMUP

### Apakah kegunaan Breacol Expectorant for Adults

Breacol Expectorant for Adults digunakan sebagai ekspektoran untuk melegakan batuk yang disebabkan oleh selesema atau jangkitan saluran pernafasan.

### Bagaimana Breacol Expectorant for Adults berfungsi

Breacol Expectorant for Adults mengandungi *Guaifenesin* yang bertindak sebagai ekspektoran untuk memudahkan penyingkiran mukus.

### Sebelum mengambil Breacol Expectorant for Adults

#### - Bila tidak boleh mengambil

Apabila anda hipersensitif kepada Guaifenesin atau sebarang bahan kandungan lain dalam rumusan anak.

#### - Sebelum mula mengambilnya

Berbincang dengan doktor atau ahli farmasi anda sebelum mengambil ubat ini.

Pengambilan semasa hamil dan menyusukan anak hendaklah dipertimbangkan berdasarkan manfaat risiko.

Berbincang dengan doktor atau ahli farmasi anda jika anda hamil atau sedang menyusukan anak.

#### - Jika mengambil ubat-ubat lain

Rujuk doktor atau ahli farmasi anda sekiranya anda sedang mengambil ubat lain.

### Cara mengambil Breacol Expectorant for Adults

#### - Berapa banyak harus diambil

DOS:

Dewasa: 12 tahun dan ke atas:

Ambil 2-4 sudu teh (10-20ml) setiap 4 jam seperti yang diperlukan.

#### - Bila perlu diambil

Ambil Breacol Expectorant for Adults Setiap 4 jam apabila perlu.

#### - Berapa lama perlu diambil

Jika anda batuk lebih daripada seminggu, hubungi doktor anda.

#### - Jika terlupa mengambil

Jika anda terlupa mengambil Breacol Expectorant for Adults ambil ubat ini pada dos berikutnya.

#### - Jika diambil berlebihan (terlebih dos)

Pengambilan berlebihan boleh menyebabkan loya dan muntah. Jika anda mengambil ubat ini lebih daripada yang sepatutnya, beritahu doktor atau ahli farmasi anda.

### Semasa mengambil Breacol Expectorant for Adults

#### - Perkara yang perlu dilakukan

Jauhi ubat daripada kanak-kanak.

#### - Perkara yang tidak boleh dilakukan

Jangan ambil ubat melebihi dos yang disyorkan.

#### - Perkara yang perlu diberi perhatian

Jika anda ingin mengambil ujian sindrom karsinoid, beritahu doktor yang anda sedang mengambil ubat ini kerana ia boleh mengubah keputusan ujian ini. Jika simptom berterusan, hubungi doktor anda

### Kesan-kesan sampingan

Breacol Expectorant for Adults jarang menyebabkan rasa tidak selesa pada gastrousus dan mengantuk.

Anda boleh melaporkan sebarang kesan sampingan atau kesan adwers ubat kepada Pusat Pemantauan Kesan Adwers Ubat Kebangsaan melalui laman web [nppra.gov.my](http://nppra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

### Cara Penyimpanan dan Pelupusan Breacol Expectorant for Adults

#### - Penyimpanan

- Jangan ambil Breacol Expectorant for Adults selepas tarikh tamat tempoh yang dinyatakan pada pembungkus selepas 'Exp'.
- Jangan Simpan Breacol Expectorant for Adults di atas suhu 30°C.

#### - Pelupusan

- Buang botol sebaik sahaja ubat habis atau selepas tamat tempoh.

### Maklumat Lanjut

#### - Rupa produk

Cecair pekat berwarna kuning jingga, tiada benda asing. Mempunyai bau dan rasa mentol dan aprikot.

#### - Bahan kandungan

- Bahan aktif: Guaifenesin
- Bahan tidak aktif: sodium benzoate, potassium sorbate, sodium citrate, menthol, citric acid anhydrous, Saccharin sodium, liquid glucose, caramel liquid, sodium carboxymethyl cellulose, perasa aprikot dan air tulen.

#### - Nombor MAL:

MAL13115228X

### Pengilang

PT Menarini Indria Laboratories  
Jl. Akasia II Blok A-9 No.5,  
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