

BECONASE AQUEOUS NASAL SPRAY

Beclomethasone dipropionate

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What BECONASE is used for

Beconase is used to prevent and treat:

- Inflammation in the lining of your nose (rhinitis) due to seasonal allergies, such as Hayfever.
- Inflammation in the lining of your nose (rhinitis) due to year round (perennial) allergies, such as animal allergies.

How BECONASE works

Beconase Aqueous Nasal Spray contains a medicine called beclomethasone dipropionate. This belongs to a group of medicines called steroids (also called 'corticosteroids').

- steroids work by reducing inflammation
- they reduce swelling and irritation in your nose
- this helps to relieve itching, sneezing and your blocked or runny nose.

Before you use BECONASE

- When you must not use it

Do not use Beconase if you are allergic to beclomethasone dipropionate or any of the other ingredients of this medicine

Do not use in children under 6 years old

- Before you start to use it

If you are pregnant or breast-feeding, think you may be pregnant or are

planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

If you experience visual disturbances such as loss of vision, cloudy or blurred vision, speak to your doctor.

- Taking other medicines

Please tell your doctor if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. This includes herbal medicines.

Check with your doctor or pharmacist before using your medicine if:

- you have had steroids for a long time, either as an injection or by your mouth.
- you have an infection in your nose

If you are unsure if the above apply to you, talk to your doctor or pharmacist before using Beconase.

How to use BECONASE

- How much to use

Always use this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

Adults and children (aged 6 and over)

- The usual starting dose is 2 sprays into each nostril twice a day.
- The most you would use in over 24 hours is normally 8 sprays (4 sprays per nostril).
- As you become better, your doctor may ask you to use a lower dose - one spray into each nostril twice a day.
- If your symptoms then get worse, your dose may be increased back to the starting dose.
- Do not use a larger dose or use your nasal spray more often than your doctor tells you.

Using your spray



Fig. 1 Before using, gently blow your nose to clear your nostrils and remember that, unless otherwise directed by your doctor, the usual dosage is two sprays in each nostril twice daily.

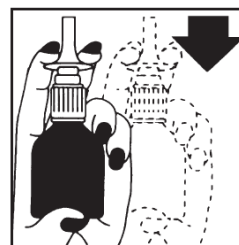


Fig. 2 To prepare for use, first shake the bottle, then remove the clear dust cap and hold as shown. If you are using for the first time or have not used the spray for a week or more, test by spraying into the air until the jet appears as a fine mist.

Do this by pressing downwards on the white collar with the forefinger and middle finger using your thumb to support the base of the bottle.



Fig. 3 To use, close one nostril by placing your thumb over the opening. Insert the nosepiece into the other nostril.

Then, whilst gently breathing in, press downwards on the white collar with the forefinger and middle finger using

your thumb to support the base of the bottle.

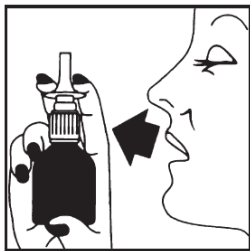


Fig. 4 Breathe out through your mouth and repeat for your second spray in the same nostril.



Fig. 5 Now, repeat the whole process in the other nostril.



Fig. 6 On completion replace clear dust cap.

Cleaning

To clean the nasal applicator, remove the clear dust cap, press gently upwards on the white collar and the nasal applicator will come free. Wash the applicator and dust cap under a cold tap. Dry and replace with the clear dust cap back in position. If the nasal applicator becomes blocked, remove the clear dust cap, unscrew the complete pump mechanism and soak it in warm water for a few minutes. Rinse under a cold tap, dry and refit to bottle.

- When to use it

You can use Beconase at any time of day, with or without food. You should use the spray every day.

- How long to use it

It takes a few days for this medicine to work. So keep using it, even though you may not feel better straight away. Do not stop treatment even if you feel better, unless your doctor tells you to stop. If you do stop, the symptoms may come back. If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

- If you forget to use it

If you miss a dose, just use the next dose when it is due.

- If you use too much (overdose)

Tell your doctor if you use more than you were told to.

It is important that you take your dose as stated on the pharmacist's label or as advised by your doctor.

You should use only as much as your doctor recommends; using more or less may make your symptoms worse.

While you are using it

- Things you must do

Check with your doctor or pharmacist before taking your medicine and take it as prescribed by your doctor.

- Things you must not do

Do not use a larger dose or use your nasal spray more often than your doctor tells you

This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.

- Things to be careful of

Beconase is not likely to affect you being able to drive or use any tools or machines

If you use high doses of Beconase

There are times when your doctor may need to adjust the dose of the steroid you are given or the way

- in which you take it. These times are:
- times of extreme stress
- during admission to hospital after a serious accident, injury or illness
- before and after a surgical operation.

If you think that any of these apply to you whilst using Beconase, speak to your doctor or pharmacist.

Side Effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. The following side effects may happen with this medicine:

Allergic reactions: get a doctor's help straight away

A small number of people get allergic reactions to Beconase, which can develop into a more serious, even life-threatening problem if not treated.

Symptoms include;

- becoming very wheezy or having difficulty with breathing
- swelling around the face or throat

If this happens, tell your doctor straight away – you may need urgent medical treatment.

Immediately after you use your spray

- You may sneeze a little, but this soon stops.
- Very occasionally you may find you get an unpleasant taste or smell.

Tell your doctor as soon as possible if you notice any of the following side effects:

Common (may affect up to 1 in 10 people)

- A dry or painful nose or throat.
- Bad nose bleeds.

Very rare (may affect up to 1 in 10,000 people)

- Problems with your eyes such as pain or blurred vision
- Damage to your nose

Very rarely, the normal production of steroids in your body may be affected. This is more likely to happen if you use high doses for a long time. Your doctor will help stop this happening by making sure you use the lowest dose of steroid which controls your symptoms. In children this side effect can rarely cause them to grow more slowly than others. Children who receive this treatment for a long period of time will have their height checked regularly by their doctor.

You may report any side effects of adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting of Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of BECONASE

- Storage

- Keep this medicine out of the sight and reach of children.
- Protect from frost and light.

- Do not store above 30°C.
- Do not put in a refrigerator.
- Do not use this medicine after the expiry date which is stated on the label and carton after 'EXP'. The expiry date refers to the last day of that month.
- Stop using this bottle three months after you first opened it.
- If you are told to stop taking this medicine return any unused spray to your pharmacist to be destroyed.

- Disposal

Do not dispose of the medicine in waste water or household rubbish. Ask your pharmacist how to dispose of medicines no longer required. This will help to protect the environment.

Product Description

- What it looks like

Beconase Aqueous Nasal Spray is a presentation of an aqueous suspension of microfine beclomethasone dipropionate delivered by a metering, atomising pump. Each 100 mg spray delivered by the nasal applicator contains 50 micrograms beclomethasone.

Each bottle provides approximately 200 metered sprays in recommended use

- Ingredients

- Active ingredient(s)

Beclomethasone dipropionate

- Inactive ingredient(s)

Microcrystalline cellulose, Carboxymethylcellulose sodium, Glucose anhydrous, Polysorbate 80, Purified water, Benzalkonium chloride, Phenylethyl alcohol, Hydrochloric acid.

- MAL number

MAL19971288ARZ

Manufacturer

Glaxo Wellcome S.A., Aranda de Duero, Spain.

Product Registration Holder

GlaxoSmithKline Pharmaceutical Sdn. Bhd.
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