

HoraLAX Powder for Oral Solution 350 g

Polyethylene Glycol 3350

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What HoraLAX is used for

HoraLAX is used

- as osmotic laxative
- to relieve occasional constipation (irregularity)
- to produce bowel movement.

How HoraLAX works

Polyethylene Glycol 3350 is an osmotic agent which causes water to be retained with the stool.

Before you use HoraLAX

- When you must not use it

Do not take this medicine if:

- you have known or suspected bowel obstruction
- you are hypersensitive to polyethylene glycol.

If you are not sure whether you should start taking this medicine, talk to your pharmacist or doctor.

- Before you start to use it

Tell your doctor if:

- you have symptoms of bowel obstruction (nausea, vomiting, abdominal pain or swelling).

- Taking other medicines

No specific drug interactions have been shown.

How to use HoraLAX

- How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not

understand the instructions on the label, ask your doctor or pharmacist for help.

The usual dose is 17 grams (about 1 heaping tablespoonful) of powder per day (or as directed by physician) in 4 - 8 ounces of water, juice, soda, coffee, or tea.

- When to use it

You should try to take your daily dose at about the same time each day.

- How long to use it

2 to 4 days (48 to 96 hours) may be required to produce a bowel movement.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Diarrhea would be the expected major event.

While you are using HoraLAX

- Things you must do

Tell your doctor:

- If you experience allergic reactions/ any of the unwanted side effects while using this medicine.

Tell all the doctors, dentists and pharmacists treating you that you are using HoraLAX.

Use this medicine exactly as your doctor has told you.

- Things you must not do

Do not:

- stop taking the medicines unless advised by your doctor
- give HoraLAX to anyone else even if they have the same symptoms or condition as you
- take any new medicines without consulting your doctor
- use HoraLAX after the expiry date

- Things to be careful of

Driving and using machines

No studies on the effects on the ability to drive and use machines have been performed.

Side effects

Like all medicines, HoraLAX can cause side effects, although not everybody gets them.

Tell your doctor immediately if you think you are experiencing any of the following possible unwanted side effects while taking the medicine.

They include:

- nausea
- abdominal cramping
- diarrhea

Other unwanted side effects not listed may occur. Tell your doctor immediately.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers→Reporting)

Storage and Disposal of HoraLAX

- Storage

Keep out of reach of children. Store below 30°C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

HoraLAX Powder for Oral Solution 350 g

Polyethylene Glycol 3350

Product description

- What it looks like

White powder, clear and odourless solution when dissolved

- Ingredients

- Active ingredients
Each dose contains Polyethylene Glycol 3350 17 g.

- MAL Number:

MALXXXXXXXXXA

Manufacturer

HOVID Bhd.

Lot 56442, 7 1/2 Miles, Jalan Ipoh/Chemor, 31200 Chemor, Perak, Malaysia.

Product Registration Holder

HOVID Bhd.

121, Jalan Tunku Abdul Rahman (Jalan Kuala Kangsar), 30010 Ipoh, Malaysia.

Date of revision

10/07/2018