Consumer Medication Information Leaflet (RiMUP)

HOSOLVON DM ELIXIR (SUGAR FREE)

Bromhexine Hydrochloride / Dextromethorphan Hydrobromide (4mg/15 mg)

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What Hosolvon DM Elixir (Sugar Free) is used for

To relief cough temporarily and reduce mucus thickness.

How Hosolvon DM Elixir (Sugar Free) works

The active ingredients in this medicine are bromhexine hydrochloride and dextromethorphan hydrobromide. Bromhexine hydrochloride is a mucolytic used to reduce mucus thickness. Dextromethorphan hydrobromide is a cough suppressant. It inhibits the signal in the brain that causes cough.

Before you use Hosolvon DM Elixir (Sugar Free)

- When you must not use it

Do not take this medicine if:

- you are allergic to bromhexine, dextromethorphan or any of the ingredients listed in the end of this leaflet
- you are pregnant or breastfeeding
- your children are less than 2 years of age

If you are not sure whether you should start taking this medicine, talk to your pharmacist or doctor.

- Before you start to use it

Tell your doctor/pharmacist if:

- you have history of asthma
- you have history of gastric ulcer
- you have severe liver and kidney problems
- you have respiratory problem
- your children aged between 2 to 6 are going to use it
- you are pregnant, think you are pregnant or plan to get pregnant
- you are breastfeeding or plan to breastfeed

- Taking other medicines

Hosolvon DM Elixir (Sugar Free) may affect or affected by other medicines you are taking. Talk to your doctor or pharmacist if you are taking any other medicines in any form including any that you buy or obtained without a prescription.

They include:

- central nervous system (CNS) depressants (to treat anxiety and sleep disorders)
- monoamine oxidase (MAO) inhibitors including furazolidone, phenelzine, procarbazine, selegiline and tranylcypromine (to ease depression)
- other enzyme inhibitors like amiodarone or fluoxetine or quinidine (to maintain regular heartbeat and treat mental disorders)
- smoking tobacco.

Other interactions not stated may occur. Talk to your doctor or pharmacist if you have any other concerns.

How to use Hosolvon DM Elixir (Sugar Free)

- How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information

contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help. Adult and children > 12 years old Oral, 10 ml (2 teaspoons), 3 times daily

Children 6 to 12 years old Oral, 5 ml (1 teaspoon), 3 times daily

Children 2 to 6 years old Recommended dose by doctor

Children below 2 years: Not recommended

- <u>When to use it</u> Three times daily

- How long to use it

You are advised to take Hosolvon DM Elixir (Sugar Free) as long as your doctor tells you to.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much may cause ataxia (lack of muscle control), blurred vision, coma, confusion, drowsiness or dizziness, inadequate ventilation, severe nausea or vomiting, severe unusual excitement nervousness, restlessness or irritability and difficult to urinate.

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While you are using Hosolvon DM Elixir (Sugar Free)

- <u>Things you must do</u>

Tell your doctor:

- if you experience allergic reactions/ any of the unwanted side effects while taking the medicine
- if you become pregnant while taking this medication

Tell all the doctors, dentists and pharmacists treating you that you are taking Hosolvon DM Elixir (Sugar Free).

Take your medicine exactly as your doctor has told you.

- Things you must not do

Do not take more than the recommended dose unless your pharmacist or doctor tells you to.

Do not take any new medicines without consulting your doctor.

Do not take your medicine to treat any other complaints unless you are told by your doctor or pharmacist/

Do not stop taking the medicine unless advised by your doctor.

Do not give Hosolvon DM Elixir (Sugar Free) to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

This medicine may affect your ability to drive or use machines. If it makes you feel sick, dizzy or tired, or gives you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, Hosolvon DM Elixir (Sugar Free) can cause side effects, although not everybody gets them. These effects can be serious but most of the time, they are mild and temporary. Visit your doctor or pharmacist immediately if you experience any side effects below after taking this medicine.

- digestive problem
- transient rise in serum aminotransferase values (indicator of liver problem)
- headache
- drowsiness
- dizziness
- sweating
- skin rashes
- cough
- confusion
- constipation
- nausea or vomiting
- stomach pain.

Other unwanted side effects not listed may occur. Tell your doctor immediately.

Hosolvon DM Elixir may cause severe allergy and serious skin reactions. Stop using Hosolvon DM Elixir and seek medical assistance immediately if you experience any of the following symptoms:

- severe allergy: breathing difficulties, light headedness, skin swellings or rash
- severe skin reaction: skin reddening, blisters, rash, fever, sore throat or eye irritation

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction monitoring by visiting the website <u>npra.gov.my</u> [Consumers \rightarrow Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Hosolvon DM Elixir (Sugar Free)

<u>Storage</u>
Keep out of reach of children.
Store below 30°C. Protect from light.

- <u>Disposal</u>

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- <u>What it looks like</u> Green, vanillin and peppermint flavoured liquid

- Ingredients

- Active ingredients Each 5 ml contains: Bromhexine Hydrochloride 4mg Dextromethorphan Hydrobromide 15 mg

Inactive ingredients Methyl Hydroxybenzoate Propyl Hydroxybenzoate Propylene Glycol Glycerol Polyethylene Glycol Oxystearate Sucralose Vanillin Peppermint Oil Quinoline Yellow Extra Sodium Copper Chlorophyllin Sorbitol Solution 70% Purified Water

- <u>Reg. No.:</u> MAL16105038AZ

Manufacturer

HOVID Bhd. 121, Jalan Tunku Abdul Rahman (Jalan Kuala Kangsar), 30010 Ipoh, Perak, Malaysia.

Product Registration Holder

HOVID Bhd. 121, Jalan Tunku Abdul Rahman (Jalan Kuala Kangsar), 30010 Ipoh, Perak, Malaysia.

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