

MONTELAIR TABLET

Montelukast Chewable Tablet (5mg), Montelukast Film-coated tablet (10 mg)

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What Montelair is used for

This medicine is used to:

- prevent and treat asthma in adults
- relieve day and night symptoms of seasonal allergic rhinitis (hay fever).

How Montelair works

This medicine is a leukotriene receptor antagonist. It blocks substances in your lungs that narrows and swells your airways. The substance is called leukotriene.

By blocking leukotrienes, your asthma symptoms will improve and this helps prevents asthma attacks. Montelair also improves hay fever symptoms.

Before you use Montelair

- When you must not take it

Do not take this medicine if:

- you or your child is allergic to montelukast or any of the excipients
- you or your child are already taking any medicine containing montelukast
- you or your child is/are galactose intolerance, have Lapp lactase deficiency or glucose-galactose malabsorption
- your child is younger than 2 years old.

- Before you start to take it

Tell your doctor if:

- your child has phenylketonuria, the inability to process the part of the protein called phenylalanine
- you are pregnant, plan to get pregnant

- you are breastfeeding or plan to breastfeed.

- Taking other medicines

Talk to your doctor or pharmacist if you are taking any other medicines in any form including any that you buy or obtained without a prescription.

Some medicines interfere with the active ingredients in Montelair.

They include:

- other medicines containing montelukast
- phenobarbital
- phenytoin
- rifampicin.

Other interactions not stated may occur. Talk to your doctor or pharmacist if you have any other concerns.

How to take Montelair

- How much to take

Children aged 6 to 14 years: take one chewable tablet a day in the evening.

Chew the 5 mg chewable tablets thoroughly and swallow.

Adults and children aged 15 years and above: take one 10 mg tablet in a day in the evening.

Swallow the tablet with a glass of water.

- When to take it

Take this medicine in the evening. This medicine can be taken before or after a meal. It should be taken 1 hour before or 2 hours after food.

- How long to take it

You or your child is advised to take it as long as your doctor prescribes.

- If you forget to take it

Do not take double dose to make up for a forgotten dose.

If you forget to take your dose, take it as soon as you remember.

Skip the missed dose if it is almost time for your next dose.

- If you take too much (overdose)

Contact your doctor immediately as soon as you realise you have taken more than it is required.

While you are using Montelair

- Things you must do

Make sure you or your child takes this medicine every day as directed by the doctor, even if asthma symptoms have improved or there is an asthma attack.

Keep a rescue inhaler at hand if an asthma attack occurs. Follow your doctor's directions on how to use it. Montelair is not suitable for acute attacks of asthma.

If you are taking Montelukast 10 mg, tell your doctor if you become pregnant or started a new medicine.

- Things you must not do

Do not give this medicine to anyone else and to children under 2 years even if their symptoms seem similar to yours.

Do not take your medicine to treat any other complaints unless you are told by your doctor or pharmacist.

Do not change the recommended dosage on your own before asking your doctor.

- Things to be careful of

Take notice:

- if your condition's symptoms become worse, contact your doctor immediately
- not to replace this medicine with other medicine to treat asthma prescribed by your doctor
- not to take aspirin or non-steroidal anti-inflammatory medicines if it makes your asthma worse
- when you are driving or using machines, you may feel dizzy.

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Side effects

All medicines can cause unwanted side effects. These effects can be serious but most of the time, they are mild and temporary.

Tell your doctor immediately if you think you are experiencing any of the following possible unwanted side effects while taking the medicine.

Common side effects:

- headache

Less frequent side effects:

- increased levels of liver enzymes
- abdominal or stomach pain
- weakness or unusual tiredness
- cough
- dental pain
- dizziness
- heartburn
- fever
- gastroenteritis (stomach flu)
- nasal congestion (stuffy nose)
- skin rash.

Very rare side effects:

- Churg-Strauss syndrome, a kind of inflammation of blood vessels disease
- pyuria (pus in the urine).

Other side effects reported while the medicine was on the market:

- upper respiratory infection
- increased tendency to bleed
- allergic reactions eg. rash, swelling of the face, lips, tongue and/or throat
- behaviour and mood related changes eg. nightmares, hallucinations, anxiety, depression, trouble sleeping
- dizziness, drowsiness, 'pins and needles', numbness, seizure
- fast heartbeat
- nosebleed
- diarrhoea, dry mouth, indigestion, nausea, vomiting
- hepatitis (liver inflammation)
- bruising, itching, hives, erythema nodosum (tender red lumps on the skin)
- joint or muscle pain, muscle cramps

- tiredness, feeling unwell, swelling, fever.

Tell your healthcare provider right away if your notice any of the following behaviour and mood-related changes:

- obsessive-compulsive symptoms

Other unwanted side effects not listed may occur. Tell your doctor immediately.

You may report any side effects or adverse drug reactions directly to the National Centre for adverse Drug Reaction Monitoring by visiting the website nptra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Montelair

- Storage

Keep out of reach of children. Protect from light and moisture.

Montelair 5 mg Chewable Tablet:
Store below 30°C.

Montelair 10 mg Film-coated Tablet:
Store below 30°C.

- Disposal

No specific instructions. Please ask your pharmacist how to dispose unused medicines properly.

Product description

- What it looks like

Montelair 5 mg Chewable Tablet: 10 mm, round, pink mottled uncoated tablet, bevel-edged, shallow convex faces, "HD" embossed and scored on the same face.

Montelair 10 mg Film-coated Tablet: Square, beige film-coated tablet, shallow convex, bevel-edged and "HD" embossed on one face.

- Ingredients

-Active ingredient

Each Montelair 5 mg Chewable Tablet contains Montelukast Sodium which is equivalent to Montelukast 5 mg.

Each Montelair 10 mg Film-coated Tablet contains Montelukast sodium which is equivalent to Montelukast 10 mg.

- MAL Number(s) :

Montelair 5 mg Chewable Tablet
MAL12055028AZ

Montelair 10 mg Film-coated Tablet
MAL10100172AZ

Manufacturer

HOVID Berhad

Lot 56442, 7 1/2 Miles Jalan Ipoh/Chemor, 31200, Chemor, Perak, Malaysia.

Product Registration Holder

HOVID Berhad

121, Jalan Tunku Abdul Rahman (Jalan Kuala Kangsar), 30010 Ipoh, Perak, Malaysia.

Date of revision

23/02/2023

Serial number

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