

## GLIMARYL TABLET 2 MG

### *Glimepiride Tablet 2 mg*

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#### **What Glimaryl Tablet 2 mg is used for**

Used to treat type 2 diabetes or non-insulin dependent diabetes mellitus (NIDDM) in adults whose high blood sugar levels cannot be lowered through exercising or monitoring food intake.

It is also used in combination with insulin.

#### **How Glimaryl Tablet 2 mg works**

This medicine belongs to a group called sulphonylureas that lowers the high blood sugar levels in the body.

It works by increasing the amount of insulin produced by your pancreas.

#### **Before you use Glimaryl Tablet 2 mg**

##### *When you must not take it*

Do not take this medicine if:

- you are allergic to glimepiride or any other of excipients
- you are taking other anti-diabetics
- you have Type 1 diabetes mellitus
- you have diabetic ketoacidosis
- you have diabetic precoma/coma
- you have severe liver or kidney impairment
- you are pregnant or breastfeeding.

##### *Before you start to take it*

Tell your doctor if:

- you have allergies to any other medicines, foods, dyes or preservatives
- you have liver problems
- you have kidney problems
- you have unstable diabetes
- you have adrenal, pituitary or thyroid problems
- you have glucose-6-phosphate dehydrogenase (G6PD) deficiency
- you drink alcohol
- you do not eat regular meals
- you do a lot of exercise or heavy exercise or work
- you are ill or feeling unwell.

##### *Taking other medicines*

Talk to your doctor or pharmacist if you are taking any other medicines in any form including any that you buy or obtained without a prescription. Some medicines interfere with Glimepiride.

They include:

- alcohol
- other antidiabetics
- anabolic steroids, corticosteroids and male sex hormones
- some antibiotics
- some antidepressants
- some anti-inflammatory agents
- some medicines used to treat arthritis and gout
- beta-blockers and ACE inhibitors
- some anti-coagulants eg. coumarin derivatives
- some medicines to lower cholesterol levels and reduce weight
- some cancer and organ transplant treatments
- glucagons
- oral contraceptives
- some medicines treating asthma and coughs
- some fluid and glaucoma medicines
- laxatives
- some psychiatric and sedatives.

Other interactions not stated may occur. Talk to your doctor or pharmacist if you have any other concerns.

#### **How to take Glimaryl Tablet 2 mg**

##### *How much to take*

Usual start dose is 1 to 2 mg once a day. Usual maintenance dose is 1 to 4 mg once a day. The maximum recommended dose is 8 mg once a day.

##### *When to take it*

Take Glimaryl Tablet 2 mg with breakfast or the first main meal.

##### *How long to take it*

You are advised to take it as long as your doctor tells you to.

##### *If you forget to take it*

If you forget to take your dose, take it as soon as you remember. Skip the missed dose if it is almost time for your next dose.

Do not take double dose to make up for a forgotten dose.

##### *If you take too much (overdose)*

You may experience severe and sometimes life-threatening hypoglycaemia.

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Contact your doctor immediately as soon as you realize you have taken too much.

**While you are taking Glimaryl Tablet 2 mg****Things you must do**

Recognise the signs and symptoms of low blood sugar (hypoglycaemia) and high blood sugar (hyperglycaemia).

Initial signs and symptoms of hypoglycaemia:

- weakness, trembling or shaking
- sweating
- lightheadedness, dizziness, headache or lack of concentration
- irritability, tearfulness or crying
- hunger
- numbness around the lips and tongue.

These may progress to:

- loss of coordination
- slurred speech
- confusion
- fits or loss of consciousness.

Signs and symptoms of hyperglycaemia:

- frequent urination
- increased thirst
- feeling hungry all the time.

Tell your doctor if:

- you about to start on any new medicine that you are taking Glimaryl Tablet 2 mg
- you are going to have surgery
- you become pregnant while taking this medicine
- you are about to have any blood tests.

**Things you must not do**

Do not:

- give this medicine to anyone else, even if their symptoms seem similar to yours
- take your medicine to treat any other complaints unless you are told by your doctor or pharmacist

- stop taking the medicine or change the dosage on your own before asking your doctor
- take your medicine without food.

**Things to be careful of**

• Alcohol  
Be careful when drinking alcohol while taking this medicine. You may increase experience symptoms of hypoglycaemia.

• Driving and using machines  
You may feel dizzy, light-headed and tired if your blood sugar levels drop too low. Stop driving or using machines if you experience dizziness.

**Side effects**

All medicines can cause unwanted side effects. These effects can be serious but most of the time, they are mild and temporary.

Tell your doctor immediately if you think you are experiencing any of the following possible unwanted side effects while taking the medicine.

They may be :

- symptoms of hypoglycaemia may occur and prolonged, eg. headache, dizziness, tremors, excessive hunger, impaired concentration, delirium, and loss of self control
- eye problems eg. blurred vision
- gastrointestinal tract problems eg. nausea, vomiting, sensation of fullness in the epigastrium, abdominal pain and diarrhoea
- symptoms of adrenergic counter-regulation eg. cold sweats, clammy skin, anxiety, tachycardia, hypertension (high blood pressure), palpitations, angina pectoris (pain in the centre of the chest) and cardiac arrhythmias (abnormal heartbeat).

Other unwanted side effects not listed may occur. Tell your doctor immediately.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug

Reaction Monitoring visiting the website [npra.gov.my](http://npra.gov.my) [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

**Storage and disposal of Glimaryl Tablet 2 mg****Storage**

Store below 30°C. Protect from light and moisture.

**Disposal**

No specific instructions. Please ask your pharmacist how to dispose unused medicines properly.

**Product description****What it looks like?**

Glimaryl Tablet 2 mg is an oblong, green mottled uncoated tablet, bevel-edged, flat faced, with a break-bar on one face and “hovid” embossed on the other face.

**Ingredients**

Each tablet contains Glimepiride 2 mg.

**Inactive ingredients**

Microcrystalline Cellulose

Sodium Starch Glycolate

Talc

Iron Oxide Yellow

Magnesium Stearate.

Sodium Lauryl Sulphate

Fd & C Blue No.2 (Dispersed Blue)

Lactose

**MAL number:**

MAL06061328AZ

**Manufacturer**

Hovid Berhad

Lot 56442, 7 1/2 Miles, Jalan Ipoh/Chemor, 31200 Chemor, Malaysia.

**Product Registration Holder**

Hovid Berhad

121, Jalan Tunku Abdul Rahman (Jalan

## **GLIMARYL TABLET 2 MG**

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Kuala Kangsar) 30010 Ipoh, Perak,  
Malaysia.

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