

HOVID-FAMOTIDINE TABLET

Famotidine (20mg; 40mg)

What is in this leaflet

1. What hovid-Famotidine Tablet is used for
2. How hovid-Famotidine Tablet works
3. Before you use hovid-Famotidine Tablet
4. How to use hovid-Famotidine Tablet
5. While you are using it
6. Side effects
7. Storage and Disposal of hovid-Famotidine Tablet
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of Revision
11. Serial Number

What hovid-Famotidine Tablet is used for

Famotidine is used for the short-term treatment of:

- Duodenal ulcer
- Gastric (stomach) ulcer
- Overproduction of gastric acid such as Zollinger-Ellison syndrome

Famotidine is also used for the following:

- Prevent reoccurrence of duodenal ulcer
- Relief of heartburn caused by stomach acid leaking up into the gullet
- Healing of erosions or ulceration in the food pipe

How hovid-Famotidine Tablet works

Famotidine belongs to a group of medicines called H₂-antagonists or H₂-blockers. It works by reducing the amount of acid in the stomach thereby reducing the pain and allowing the ulcer to heal.

Before you use hovid-Famotidine Tablet

- When you must not use it

Do not take this medicine if you have had an allergic reaction to famotidine, any other similar medicines, or to any of the ingredients listed at the end of this leaflet.

If you are not sure whether you should start taking famotidine, talk to your doctor or pharmacist.

- Before you start to use it

Tell your doctor if:

1. You have allergies to:
 - any other medicines
 - any other substances, such as foods, preservatives or dyes.
2. You have or have had any medical conditions, especially the following:
 - kidney disease
 - gastric ulcer (doctor may arrange additional tests to diagnose stomach cancer before starting medication because famotidine can mask the symptoms and delay the diagnosis.)
 - any other health problems
3. You are pregnant or breastfeeding, or plan to become pregnant or breast-feed. Famotidine should not be used during pregnancy unless the potential benefits outweigh the potential risks to the baby. Famotidine is secreted in human milk. Hence, breast-feeding mothers should either stop breast-feeding or stop taking the medicine.

If you have not told your doctor or pharmacist about any of the above, tell them before you start taking famotidine tablets

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from your pharmacy.

Tell your doctor or pharmacist if you are taking any of the following medicines:

- Antacids - Do not take any antacids within half to one hour of famotidine.
- Ketoconazole (antifungal) - Take famotidine at least 2 hours after ketoconazole.

How to use hovid-Famotidine Tablet

- How much to use

Oral administration.

The usual adult and adolescent dose would be:

Duodenal ulcer: 40 mg once daily at bedtime or 20 mg 2 times daily.

Prevention of recurrent duodenal ulcer: 20 mg at bedtime.

Gastric ulcer: 40 mg once daily at bedtime.

Gastric hypersecretory conditions (eg. Zollinger-Ellison syndrome): 20 mg every 6 hours, the dosage is being adjusted as needed. Doses up to 160 mg every 6 hours have been given to some people with severe Zollinger-Ellison syndrome.

Acid reflux: 20 mg 2 times daily for up to 6 weeks. The recommended oral dose for inflammation due to gastro-oesophageal reflux disease is 20 to 40 mg 2 times daily for up to 12 weeks.

Kidney insufficiency: Dosage adjustment is required for people with moderate to severe kidney insufficiency. Since adverse effects have been reported in people with kidney insufficiency, to avoid excess accumulation of the medicine, the dose of famotidine may be reduced to half the recommended dose or the dosing interval may be prolonged to 36 to 48 hours according to the response.

- When to use it

Refer to your doctor or pharmacist.

- How long to use it

It is important to take the medicines for the duration your doctor prescribes.

- If you forget to use it

Do not take extra dose to make up for a missed dose. Just take your next dose at usual time.

- If you use too much (overdose)

If you take too much of the medication by mistake, contact your doctor immediately or seek medical attention.

HOVID-FAMOTIDINE TABLET

Famotidine (20mg; 40mg)

Overdose symptoms could be vomiting, restlessness, pale mucous membrane or redness of mouth and ears and skin rash.

While you are using it

- Things you must do

Take the medication exactly the way as prescribed.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give famotidine to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Main side effects of famotidine are like headache, drowsiness, nausea and vomiting, loss of appetite, diarrhoea, constipation, dryness of mouth and skin, skin rash, loss of hair, joint or muscle pain and confusion.

If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of hovid-Famotidine Tablet

- Storage

Store below 30°C. Protect from moisture and light.

- Disposal

Remember to return any unused medicine to your pharmacist.

Medicines should not be disposed via wastewater or household waste.

Ask your pharmacist how to dispose of the medicines which are no longer required.

These measures will help to protect the environment.

Product Description

- What it looks like

Square, light orange film-coated tablet, bevel-edged with shallow convex faces.

- Ingredients

-Active ingredient:

- Famotidine

-Inactive ingredients:

- Microcrystalline cellulose M200D+
- Sodium starch glycolate
- Magnesium stearate
- Colloidal silicon dioxide
- Lactose monohydrate
- Propylene glycol
- Sunset yellow lake
- Iron oxide yellow
- Talc
- Titanium dioxide
- Hydroxypropyl Methylcellulose E-5
- Hydroxypropyl Methylcellulose E-15

- MAL numbers

20mg: MAL19961276AZ

40mg: MAL19961275AZ

Manufacturer

Hovid Berhad,
Lot 56442, 7^{1/2} Miles,
Jalan Ipoh / Chemor,
31200 Chemor, Malaysia.

Product Registration Holder

Hovid Berhad,
121, Jalan Tunku Abdul Rahman
(Jalan Kuala Kangsar),
30010 Ipoh, Perak, Malaysia.

Date of revision

06/02/2024

Serial Number

NPRA(R4/1)020621/00034