

MEDICARE+ MEDITAMOL SUSPENSION

250MG/5ML

Paracetamol (250mg/5ml)

What is in this leaflet

1. What Medicare+ Meditamol Suspension is used for
2. How Medicare+ Meditamol Suspension works
3. Before you use Medicare+ Meditamol Suspension
4. How to use Medicare+ Meditamol Suspension
5. While you are using it
6. Side effects
7. Storage and Disposal of Medicare+ Meditamol Suspension
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

What Medicare+ Meditamol Suspension is used for

Medicare+ Meditamol Suspension is indicated for the relief of fever, headache and symptoms of cold and flu, toothache, discomfort of teething.

How Medicare+ Meditamol Suspension works

This medicine contains paracetamol that works by stopping the pain messages from getting through to the brain. It also acts in the brain to reduce fever.

Before you use Medicare+ Meditamol Suspension**- When you must not use it**

Do not take Medicare+ Meditamol Suspension if you or your children are/have:

- Allergic to paracetamol, or any other ingredients of this medicine (listed in Product Description).
- Severe liver impairment.

- Before you start to use it

Please consult your doctor or pharmacist if you or your child are/have:

- Liver or kidney impairment.
- Pregnant, planning for pregnancy or breastfeeding. Although paracetamol cross placenta, it is considered to be safe for short-term use during pregnancy. Paracetamol is secreted in breastmilk, but it does not appear to present a risk to the baby.

- Taking other medicines

Tell the doctor or pharmacist if you are taking any other medicines including any medicine that you buy without prescription from a pharmacy, supermarket or health food shop.

Medications that may interfere with Medicare+ Meditamol Suspension such as blood thinning medication (Warfarin).

How to use Medicare+ Meditamol Suspension**- How much to use**

Adult and children above 12 years old	2 to 4 teaspoonful (10 to 20ml) to be taken 3 to 4 times daily, not exceeding 80ml per day.
Children	<u>1 to 6 years:</u> Half to 1 teaspoonful (2.5 to 5 ml) to be taken 3 to 4 times daily. <u>7 to 12 years:</u> 1 to 2 teaspoonful (5 to 10 ml) to be taken 3 to 4 times daily.

It is only for oral administration.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not

understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use 3-4 times daily or when necessary daily or as directed by your doctor or pharmacist.

- How long to use it

Use Medicare+ Meditamol Suspension for the duration as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor or your pharmacist immediately or go to the emergency Department of your nearest hospital, if you think you or anyone else may have use too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Symptoms of paracetamol overdosage include vomiting, stomach pain, low blood pressure, and sweating. The most serious symptoms, potentially liver damage. Symptoms such as yellowing of skin, low blood sugar and too much acid in the body may take at least 3 days to develop. Signs of liver toxicity may be delayed for up to one week.

While you are using it

- Things you must do

Contact your health care provider if symptoms persist (if the pain lasts for more than 10 days or if there is redness or fever lasts more than 3 days).

Tell all the doctors, dentists and pharmacists treating you that you are taking Panadol Suspension.

Paracetamol provides symptomatic relief only, additional therapy to treat the cause of the pain or fever should be instituted when necessary.

- Things you must not do

Do not:

- Exceed the stated dose because it may lead to serious liver injury.
- Take more than 4 doses daily.
- Take with any other product containing paracetamol at the same time as this preparation contains paracetamol.
- Take any new medicines without consulting your doctor.
- Give the suspension to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

This medicine may affect your ability to drive or use machines. If the suspension makes you feel sick, dizzy or tired, or gives you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Allergy alert: Paracetamol may cause severe skin reactions. Symptoms may include skin reddening, blisters or rash.

These could be signs of a serious condition. If these reactions occur, stop using it and seek medical assistance right away.

Other reported adverse effects include blood disorder.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Medicare+ Meditamol Suspension

- Storage

Protect from light and freezing.

Keep out of reach of children.

Store below 30°C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

- What it looks like

Pink, viscous suspension with raspberry flavour.

- Ingredients

- Active ingredient
Paracetamol
- Inactive ingredients
Xanthan Gum
Disodium Calcium Edetate
Ponceau 4R Lake
Colloidal Silicon Dioxide
Sorbitol
Ethanol
Raspberry Flavour
CI 77891
Syrup Simplex
Sodium Benzoate
Ethyl Maltol
Glycerine
Liquid Glucose 82
Silicon Antifoam

Saccharin Sodium
Deionised water

- MAL Number:

MAL19911139XZ

Manufacturer & Product Registration Holder

HOVID Bhd.
121, Jalan Tunku Abdul Rahman,
(Jalan Kuala Kangsar),
30010 Ipoh, Perak, Malaysia.

Marketed by:

World Medicare Supplies Sdn. Bhd
PT 5740 (1st floor), Jalan TS 2/1E,
Taman Semarak 2, 71800 Nilai,
Negeri Sembilan, Malaysia

Date of revision

25/11/2025

Serial Number

NPRA(R4/1)020224/00014