

HOVID VENTAMOL INHALER

Salbutamol (100mcg / actuation)

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What Hovid Ventamol Inhaler is used for

Hovid Ventamol Inhaler is used to treat and prevent difficulty in breathing caused by certain lung conditions such as asthma, chronic bronchitis, emphysema, and sudden shortness of breath.

How Hovid Ventamol Inhaler works

This product contains active ingredient which is salbutamol sulphate which belongs to a group of medicines called bronchodilators. It works by opening up the airways in the lungs, making it easier to breathe.

This inhaler does not contain chlorofluorocarbons (CFCs), which have harmful effects on the ozone layer. The use of CFC-free alternatives in this inhaler is environmentally friendly and complies with regulations.

Before you use Hovid Ventamol Inhaler

- When you must not use it

Do not take Hovid Ventamol Inhaler if you or children are allergic to

salbutamol or any other ingredients of this medicine (listed in Product Description).

- Before you start to use it

Tell your doctor if you or your children have / are:

- an overactive thyroid gland
- heart problems
- suffering from acute severe asthma

Pregnancy and lactation

If you are pregnant, planning to get pregnant or think you may be pregnant, discuss with your doctor before starting any medicine.

This inhaler must only be used during pregnancy and breastfeeding if the benefits is more than the risks to the baby.

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including medicine that you buy without a prescription from a pharmacy, supermarket or health food shop. Medication that may interact with Hovid Ventamol Inhaler includes:

- corticosteroids (medication that reduces inflammatory conditions)
- xanthines (medication commonly used to treat asthma)
- diuretics (medication that removes extra fluid in the body)

How to use Hovid Ventamol Inhaler

For inhalation only.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the

instructions on the label, ask your doctor or pharmacist for help.

- How much to use

Each inhalation provides 100 mcg salbutamol.

Dose for adults and children:

For relief of acute asthma symptoms: 1 inhalation. May increase to 2 inhalations if needed.

To prevent allergen or exercise-induced symptoms: 2 inhalations 10 – 15 minutes before challenge.

For chronic therapy: 2 inhalations up to 4 times per day.

Instructions for use

Priming your inhaler

Before using your inhaler for the first time or if your inhaler has not been used for 5 days or more, shake your inhaler well and release two puffs into the air.

Using your inhaler

1. Remove the inhaler cap
2. Shake the inhaler
3. Place your index finger on the canister, and your thumb on the lower end of the inhaler
4. Sit or stand straight
5. Exhale fully
6. Bite the mouthpiece and wrap your lips around the mouthpiece to ensure that no medicine escapes
7. Press the canister
8. Inhale deeply
9. Remove the inhaler from your mouth and hold breath for 10 seconds or as long as possible
10. Exhale slowly and fully
11. Repeat after 30 seconds if second puff is required
12. Close the inhaler cap

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Cleaning your inhaler

Inhaler should be cleaned regularly.

1. Wash your hands
2. Remove the aluminium canister and the cap
3. Rinse the plastic casing and cap with warm water
4. DO NOT wash your canister
5. Sun dry or air dry the plastic casing and cap
6. Reassemble the canister and cap after drying.

- When to use it

Use up to 4 times daily or use as directed by your doctor or pharmacist.

- How long to use it

Use Hovid Ventamol Inhaler for the duration as your doctor recommends.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have used too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much salbutamol may cause low potassium level and increased side effects.

While you are using it

- Things you must do

- Tell all the doctors, dentists and pharmacists treating you that you are taking Hovid Ventamol Inhaler.
- Tell your doctor immediately if you become pregnant while using this medication.

- Things you must not do

- This preparation contains salbutamol sulphate. Do not take with other salbutamol-containing medicines at the same time.
- Do not take any new medicines without consulting your doctor.
- Do not give Hovid Ventamol Inhaler to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

This inhaler should not be the main treatment for individuals with severe or unstable asthma. You need to be treated by doctor and the dosage should only be adjusted based on doctor's advice.

The effect of each application of inhaled salbutamol should last for at least four hours. Increased usage of this inhaler may indicate your asthma or conditions is not controlled anymore. Please see your doctor as soon as possible.

If you have difficulty breathing or worsening wheezing, please see your doctor immediately.

Your doctor will need to monitor your potassium level while using this inhaler.

Side effects

Like all medicines, Hovid Ventamol Inhaler can cause side effects, although not everybody gets them.

Common side effects: shaking, headache, faster heartbeat.

Uncommon side effects: feeling your heartbeat (palpitations), irritation in mouth and throat, muscle cramps.

Rare Side Effects: low potassium levels, increased blood flow to extremities.

Very Rare Side Effects: allergic reactions, hyperactivity, irregular heart rhythm, immediate increase in wheezing after using the inhaler.

Unknown (frequency cannot be estimated): Chest pain due to heart problems such as angina.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction monitoring visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or vaccines (AEFI)].

Storage and Disposal of Hovid Ventamol Inhaler

- Storage

Keep out of reach and sight of children.

Do not use Hovid Ventamol Inhaler after the expiry date shown on the pack. The expiry date refers to the last day of that month.

Store below 30°C. Protect from direct sunlight and freezing.

If the inhaler gets cold, take the metal canister out of the casing and warm it in your hands for a few minutes before use. Never use anything else to warm it up.

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- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

The metal canister is pressurized. Do not puncture, break or burn even if the canister appears empty.

Product Description

- What it looks like

10 mL of white and homogenous suspension packed in an aluminium aerosol can containing 200 inhalations. The inhaler has a blue actuator with a dark blue cap.

- Ingredients

- Active ingredient(s)

- Salbutamol sulphate

- Inactive ingredients

- Oleic Acid, 1,1,1,2-Tetrafluoroethane (HFA 134a), Ethanol Absolute

- MAL number(s)

MAL09122778ACZ

Manufacturer

Laboratrio Aldo-Union S.L.
Baronesa de Malda, 73
08950 Esplugues de Llobregat
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Product Registration Holder

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