

DISUF-H CREAM

Fusidic Acid (2.0%), Hydrocortisone Acetate (1.0%)

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What Disuf-H Cream is used for

Disuf-H Cream is indicated in conditions where the skin is inflamed (dermatitis) and infected by bacteria.

How Disuf-H Cream works

This medicine contains fusidic acid and hydrocortisone acetate as the active ingredients. Fusidic acid is a type of antibiotic that works by inhibiting or killing bacteria that cause infections. Hydrocortisone acetate is a steroid reducing inflammation, any swelling, redness or itchiness of your skin.

Before you use Disuf-H Cream

- When you must not use it

Do not take Disuf-H Cream:

- If you are allergic to fusidic acid, hydrocortisone acetate or any of the ingredients listed at the end of this leaflet.
- To treat skin conditions called acne rosacea (redness and swelling over the nose, cheeks, chin and forehead)
- To treat skin conditions called perioral dermatitis (skin rash with tiny red bumps around the mouth).
- To treat skin conditions caused by virus (such as chickenpox), bacteria only (such as TB and syphilis) and fungus (such as athlete's foot)

If you are not sure whether you should start taking this medicine, talk to your pharmacist or doctor.

- Before you start to use it

Ask your doctor or pharmacist for advice before using Disuf-H Cream if:

- you are pregnant, think you are pregnant. You must not use this medicine for a long time or in large amounts.
- you are breastfeeding
- you have tuberculosis of the skin

- Taking other medicines

Disuf-H Cream may affect or be affected by other medicines you are taking. Talk to your doctor or pharmacist if you are taking any other medicines in any form including any that you buy or obtained without a prescription.

How to use Disuf-H Cream

- How much to use

This medicine is only for using on your skin. Do not swallow it.

Your doctor will tell you how much to use. Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist. Usually, it is applied to the affected area two to three times daily.

- How long to use it

You are advised to use Disuf-H Cream as long as your doctor tells you to.

You should notice your skin improve after just a few days of using the cream. If there is no improvement after 7 days you should stop using the cream and go back to your doctor.

- If you forget to use it

If you forget to use this medicine, use it as soon as you remember. Then next use this medicine at the usual time.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital if you think you accidentally apply too much or swallowed large quantity of the cream.

Topical steroids can cause systemic effects if not applied as instructed or use for a long time. When absorbed in sufficient amounts to the blood, it can affect other parts of the body. Side effects can usually be mild but can include swollen leg, high blood pressure, muscle cramps, shortness of breath, seizure, bone damage, decreased growth in children and Cushing's syndrome.

While you are using Disuf-H Cream

- Things you must do

Tell your doctor:

- If you experience allergic reactions/ any of the unwanted side effects while using this medicine.
- If you become pregnant while using this medication

Tell all the doctors, dentists and pharmacists treating you that you are using Disuf-H Cream.

Use this medicine exactly as your doctor has told you.

- Things you must not do

Do not:

- give Disuf-H Cream to anyone else even if they have the same condition as you
- use any new medicines without consulting your doctor
- use Disuf-H Cream after the expiry date

- Things to be careful of

- Be careful when applying Disuf-H Cream in the eye region because this preparation may cause glaucoma if it gets into the eye.
- If you use the cream over a long time or in large amounts, the chance of getting any side effects

may be higher. Your skin may also get more sensitive to this medicine and resistance to the antibiotic (less effective) may develop.

- you must not use the medicine for a long time on your face.
- you should avoid using Disuf-H Cream on open wounds or sensitive areas such as the nostrils, ears, lips or genitals unless your doctor has told you to.
- you should avoid using Disuf-H Cream on thin skin, skin ulcers, broken veins or acne
- You should stop using Disuf-H Cream after 7 days if your skin has not improved.
- Adrenal suppression may occur when used for long time in infants.

Driving and using machines

Usually your medicine will have very little effect on your ability to drive or use machines. Check with your doctor if you feel any side effect that may stop you from driving or using machines.

Side effects

Like all medicines, Disuf-H Cream can cause side effects, although not everybody gets them. These effects can be serious but most of the time, they are mild and temporary.

Tell your doctor immediately and seek urgent medical help if you experience hypersensitivity reactions to the active ingredient:

- Shortness of breath
- Difficulty in breathing
- Swelling of the face, lips, tongue or other parts of the body
- Skin rashes

The problems listed below are known to be caused by steroid and are more likely if the medicine is used for a long time or in large amounts or on skin folds (such as armpits or under breast). These problems are more likely in babies and children. They are also more likely if the skin is covered with a dressing, bandage or nappy.

- Glaucoma
- Thinning of the skin
- Stretch marks

- Thinning and dilation of the blood vessels
- Inflammation or swelling of the hair root (folliculitis)
- Inflammation of skin (skin redness)
- Lightening of skin colour
- Adrenal glands may stop working properly. Signs are tiredness, depression and anxiety.

Other unwanted side effects not listed may occur. Tell your doctor immediately.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction monitoring by visiting the website npa.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Disuf-H Cream

- Storage

Keep out of reach of children.

Store below 30°C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

- What it looks like

White, opaque cream

- Ingredients

- Active ingredients
Disuf-H Cream contains fusidic acid 2.0% and hydrocortisone acetate 1.0%
- Inactive ingredients
Carbomer
Aminomethyl Propanol
Liquid paraffin
Polysorbate
Sorbitan monooleate

Methyl Hydroxybenzoate
Propyl Hydroxybenzoate
Butylated Hydroxytoluene
Propylene Glycol
Purified Water

- MAL Number:

MAL08051743A

Manufacturer

HOVID Bhd.
121, Jalan Tunku Abdul Rahman,
30010 Ipoh, Malaysia.

Product Registration Holder

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