

# LORATYN-10 TABLET

Loratadine (10mg)

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## What Loratyn-10 Tablet is used for

Loratyn-10 Tablet is used for relief of symptoms associated with allergic rhinitis, such as sneezing, nasal discharge, itching and itchy eyes. It is also used for relief of symptoms and signs of long term hives and other allergic skin problems.

## How Loratyn-10 Tablet works

Loratyn-10 Tablet contain the active substance loratadine which belongs to a class of medicines called antihistamines. It can help to reduce your allergy symptoms by stopping the effects of a substance called histamine, which is produced in the body when you are allergic to something.

## Before you use Loratyn-10 Tablet

### -When you must not use it

Do not use this medicine if you are allergic (hypersensitive) to loratadine or any of the other ingredients of this medicine (see section Product description).

### -Before you start to use it

Talk to your doctor, pharmacist or nurse before taking Loratyn-10 Tablet if you have:

- liver disease.
- blockage in the neck of bladder.
- enlarged prostate gland.
- inability to pass urine.
- glaucoma (increased pressure in the eye).
- allergy to other antihistamine.

### -Pregnancy and lactation

Tell your doctor if you are pregnant, planning to get pregnant or breastfeeding. Loratadine is secreted into breast milk.

Ask your doctor or pharmacist for advice before taking any medicine.

### -Taking other medicines

Tell your doctor, pharmacist or nurse if you are taking, have recently taken or might take any other medicines. This includes medicines taken without a prescription from a pharmacy, supermarket or health food shop.

Tell your doctor, pharmacist or nurse if you are taking:

- ketoconazole (antifungal)
- erythromycin (antibiotic)
- cimetidine (medicine used for heartburn)

## How to use Loratyn-10 Tablet

### -How much to use

Adults and adolescents above 12 years of age: 1 tablet once daily.

If you have severe liver problems, your doctor or pharmacist may advise you to take 1 tablet every other day or half tablet once daily. If this applies to you, follow their instructions.

### -When to use it

Use once daily or as directed by your doctor or pharmacist.

### -How long to use it

Continue taking Loratyn-10 Tablet for as long as your doctor recommends.

### -If you forget to use it

- If you forget to take your dose, take it as soon as you remember, then continue to take it as usual.
- If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose.
- Do not take a double dose to make up for a forgotten dose.

### -If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Symptoms of overdose include sleepiness, an abnormally rapid heart rate and headache.

## While you are using it

### - Things you must do

Read this leaflet carefully before you start taking this medicine because it contains important information for you.

### -Things you must not do

- Do not take any new medicines without consulting your doctor.
- Do not give Loratyn-10 Tablet to anyone else, even if they have the same symptoms or condition as you.

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## -Things to be careful of

You must talk to a doctor if you do not feel better or if you feel worse. Always take this medicine exactly following the instructions of your doctor or pharmacist. It may vary from the information in this leaflet. If you do not understand the instructions on the label, please consult your doctor or pharmacist.

## **Side effects**

Like all medicines, this medicine can cause side effects although not everybody gets them.

Some of the side effects are:

- headache
- nausea
- fatigue
- hair loss
- severe allergic reaction
- abnormal liver function

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine. This includes any possible side effects not listed in this leaflet.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring visiting the website [npra.gov.my](http://npra.gov.my) [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

## **Storage and disposal of Loratyn-10 Tablet**

### -Storage

Store below 30°C. Protect from moisture.

### - Disposal

Do not throw away any medicines via wastewater or household waste. Ask your

pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

## **Product description**

### - What it looks like

Loratyn-10 Tablet is a white, oblong uncoated tablet, shallow convex, scored on one face and "H 10" embossed on the same face.

### -Ingredients

-Active ingredient: Loratadine.

-Inactive ingredients: Lactose Monohydrate, Cornstarch, Polyvinylpyrrolidone K-30 (Povidone), Sodium Starch Glycolate, Colloidal Silicon Dioxide, Magnesium Stearate.

### -MAL number:

MAL20014527AZ

## **Manufacturer**

Hovid Bhd.  
Lot 56442, 7 1/2 Miles, Jalan Ipoh/ Chemor, 31200 Chemor, Perak, Malaysia.

## **Product Registration Holder**

Hovid Bhd.  
121, Jalan Tunku Abdul Rahman (Jalan Kuala Kangsar), 30010 Ipoh, Perak, Malaysia.

## **Date of revision**

07/03/2024

## **Serial Number:**

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