

HOVID-CIMETIDINE FILM-COATED TABLET

Cimetidine (400 mg)

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What Hovid-Cimetidine is used for

Hovid-Cimetidine used for:

- preventing and treating duodenal (part of small intestine) ulcers
- short-term treating active ulcers in the stomach.
- treating excessive stomach secretion condition such Zollinger-Ellison syndrome
- treating acute gastroesophageal reflux disease (GERD).
- treating bleeding in the upper digestive system.

How Hovid-Cimetidine works

This medication contains cimetidine as the active ingredient, which helps to reduce the acid in the stomach by blocking histamine (substance that triggers acid secretion).

Before you use Hovid-Cimetidine

- When you must not use it

Do not take this medicine if

- you are allergic to cimetidine, similar medication or any other ingredients of this medicine (listed in Product Description).
- you are breastfeeding your baby.

- Before you start to use it

Check with your doctor or pharmacist before taking hovid-Cimetidine if you:

- Have liver disease, kidney problems, or had liver-related brain problems
- Had stomach or duodenal ulcer before, especially if you are an elderly
- Are on medication or have illnesses that could cause falls in blood cell count

Pregnancy and lactation

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket, or health food shop.

Inform your doctor or pharmacist if you are taking:

- Medication for seizure and anxiety, e.g., diazepam
- Heart medication, eg, propranolol, lidocaine, nifedipine, diltiazem, metoprolol, procainamide
- Blood thinning medication, e.g., warfarin
- Medication for seizure, e.g., phenytoin
- Medication for asthma, e.g., theophylline
- Antidepressant, e.g., amitriptyline
- Medication for diabetes, e.g., glipizide, metformin
- Immunosuppressive medication, e.g., ciclosporin, tacrolimus
- Antiviral medication, e.g., atazanavir
- Antifungal medication, e.g., ketoconazole, itraconazole, posaconazole
- Medication for cancer, e.g., carmustine, fluorouracil, epirubicin
- Painkiller, e.g., morphine

How to use Hovid-Cimetidine

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- How much to use.

For stomach ulcers or duodenal ulcers

You can take one of the following:

- 2 tablets at night, or
- 1 tablet in the morning + 1 tablet at night, or
- ½ tablet with each meal (3 times a day) + 1 tablet at night, or
- 1 tablet with each meal + 1 tablet at night (4 times a day)

For acid reflux

- 1 tablet, 4 times a day (with meals and at night).

For too much stomach acid (e.g. Zollinger-Ellison syndrome)

- 1 tablet, 4 times a day. Do not take more than 6 tablets per day

For children (over 1 year old)

- Dose depends on the child's body weight
- Your doctor will decide the amount and how often to take

Note:

- Dose may be lower if you have kidney problems
- You can take antacids to relieve symptoms if needed

- When to use it

Take as directed by your doctor or pharmacist.

- How long to use it

Take Hovid-Cimetidine for the duration that the doctor recommends.

Duodenal and stomach ulcer: take for at least four weeks (6 weeks for stomach ulcers)

For acid reflux (heartburn problem): Take for 4 to 8 weeks.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Hovid-Cimetidine.

Tell your doctor immediately if you become pregnant while taking this medication.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

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Consumer Medication Information Leaflet (RiMUP)

Cimetidine (400 mg)

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much of this medication may cause:

- allergic reactions
- slow or fast heart rate
- bronchospasm (difficulty breathing)
- confusion
- neutropenia (low levels of white blood cells)
- other blood disorders
- fever

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Hovid-Cimetidine.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give Hovid-Cimetidine to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

This medicine may affect your ability to drive or use machines. If this medicine makes you feel sick, dizzy or headache do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, hovid-Cimetidine can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

Side effects may include:

- diarrhoea
- dizziness
- tiredness
- rashes
- reversible confusion, especially in elderly or seriously ill patients with kidney failure
- gynaecomastia (enlarged breasts in men)
- erectile dysfunction

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Hovid-Cimetidine

- Storage

Keep out of the reach and sight of children.

Store below 30 °C. Protect from light and moisture.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Oblong, pale yellow film-coated tablet, convex faces and break-bar embossed on one face.

- Ingredients

- Active ingredient(s)
Cimetidine
- Inactive ingredients
Propylene Glycol, Hydroxypropyl Methylcellulose E-15, Isopropyl alcohol, Microcrystalline cellulose

PH101, Hydroxypropyl Methylcellulose E5, Iron Oxide Yellow (C.I. No. 77492), talc, Sodium Starch Glycolate, Polyvinylpyrrolidone, Magnesium Stearate, Titanium Dioxide (C. I. No. 77891), Cornstarch, Sodium Lauryl Sulphate, Pregelatinised Cornstarch

- MAL number(s):

MAL19930396AZ

Manufacturer

HOVID Bhd.
Lot 56442, 7 ½ Miles,
Jalan Ipoh / Chemor,
31200 Chemor, Perak, Malaysia.

Product Registration Holder

HOVID Bhd.
121, Jalan Tunku Abdul Rahman
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