

ACTIHIST EXPECTORANT

Tripolidine HCl (1.25 mg), Pseudoephedrine HCl (30 mg), Guaiphenesin (100 mg)

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What Actihist Expectorant is used for

- To relieve irritating dry cough, runny nose and nasal congestion.

How Actihist Expectorant works

This medicine contains three active ingredients:

Pseudoephedrine HCl, a decongestant to relieve nasal congestion.

Tripolidine HCl, antihistamine that helps to stop sneezing, runny nose.

Guaiphenesin, helps in loosening the mucus in throat and chest.

Before you use Actihist Expectorant

- When you must not use it

Do not take this medicine if:

- you are allergic to the active ingredients or any of the inactive ingredients listed at the back page.

If you are not sure whether you should start taking this medicine, talk to your pharmacist or doctor.

- Before you start to use it

Tell your doctor/pharmacist if:

- you have heart disease or hypertension.
- you have asthma
- you take drugs for depression known as Monoamine Oxidase Inhibitors (MAOIs).
- You have overactive thyroid gland.
- You have diabetes
- You have glaucoma

- You have kidney problem
- You have peptic ulcer.

- Taking other medicines

Actihist Expectorant may affect or be affected by other medicines you are taking. Talk to your doctor or pharmacist if you are taking any other medicines in any form including any that you buy or obtained without a prescription.

They include:

- Medicines for high blood pressure (methyldopa, guanethidine, beta blocker)
- Medicines for depression (tricyclic antidepressant)
- Sympathomimetic drugs for asthma

Other interactions not stated may occur. Talk to your doctor or pharmacist if you have any other concerns.

How to use Actihist Expectorant

- How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Adult

10 ml thrice a day.

Children

2 to 6 years old: 2.5 ml thrice a day.

6 to 12 years old: 5 ml thrice a day.

Your doctor may adjust your usage based on your age and symptoms.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

You are advised to take Actihist Expectorant as long as your doctor tells you to.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

If you forget to take your dose, take it as soon as you remember. Skip the missed dose if it is almost time for your next dose. Do not take double dose to make up for a forgotten dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

The signs and symptoms of overdose are headache, nausea, vomiting, dryness of the mouth, increase heartbeat, respiratory problem and coma.

While you are using Actihist Expectorant

- Things you must do

Tell your doctor:

- If you experience allergic reactions/ any of the unwanted side effects while taking the medicine.
- If you become pregnant while taking this medication

Tell all the doctors, dentists and pharmacists treating you that you are taking Actihist Expectorant.

Take your medicine exactly as your doctor has told you.

- Things you must not do

Do not:

- give Actihist Expectorant to anyone else even if they have the same condition as you

- take your medicine to treat any other complaints unless you are told by your doctor or pharmacist
- take more than the recommended dose unless your pharmacist or doctor tells you to
- stop taking the medicine unless advised by your doctor

- Things to be careful of

Driving and using machines

Actihist Expectorant may cause drowsiness in most people. Do not drive or use machinery until you are certain you are not affected.

Side effects

Like all medicines, Actihist Expectorant can cause side effects, although not everybody gets them. These effects can be serious but most of the time, they are mild and temporary.

Tell your doctor immediately if you think you are experiencing any of the following possible unwanted side effects while taking the medicine:

- drowsiness
- insomnia
- urinary retention,
- nausea
- vomiting
- allergic reactions

Other unwanted side effects not listed may occur. Tell your doctor immediately.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835490, or visiting the website npra.gov.my [Consumers→Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Actihist Expectorant

- Storage

Keep out of reach of children.

Store below 30°C. Protect from light.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask

your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

- What it looks like

Orange, transparent liquid with fresh mint flavor.

- Ingredients

- Active ingredients

Triprolidine HCl

Pseudoephedrine HCl

Guaiphenesin

- Inactive ingredients

Ethyl maltol

Fresh minty cough drop flavour

Glycerol

Propylene glycol

Saccharin sodium

Sunset yellow

Syrup simplex

Methyl hydroxybenzoate

Propyl hydroxybenzoate

Citric acid

Deionised water

Sodium citrate

- MAL Number (s)

MAL19940069A

Manufacturer

HOVID Bhd.

121, Jalan Tunku Abdul Rahman,

(Jalan Kuala Kangsar),

30010 Ipoh, Perak, Malaysia.

Product Registration Holder

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