

ACTIHIST SYRUP

Triprolidone hydrochloride/Pseudoephedrine hydrochloride (1.25mg/30mg per 5ml)

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What Actihist Syrup is used for

It is used to relieve nasal and sinus congestion due to common cold and allergic rhinitis (inflammation of the mucous membrane inside the nose).

How Actihist Syrup works

This medicine contains two active ingredients:

- Pseudoephedrine hydrochloride, is a decongestant. It works by narrowing the blood vessels on the nasal passages to decrease swelling and congestion.
- Triprolidone hydrochloride, an antihistamine, that blocks the action of histamine, hence helps to stop sneezing and runny nose.

Before you use Actihist Syrup

- When you must not use it

Do not take this medicine if:

- You are allergic to triprolidone hydrochloride, pseudoephedrine hydrochloride or any other ingredients (listed in Product Description).

Do not use/give this medicine to:

- premature babies or newborn
- individuals that are taking anesthesia
- individuals with overactive thyroid, heart disease or acute asthma attacks
- individuals on anti-depressant medicine (monoamine oxidase inhibitors)

If you are not sure whether you should start taking this medicine, talk to your pharmacist or doctor.

- Before you start to use it

Tell your doctor/pharmacist if:

- You have any allergies and elderly individuals should use the medicine with caution.
- You have diabetes or high blood pressure.
- You have diabetes.
- You have glaucoma (increased pressure in the eye).
- You have kidney problem.
- You have ulcer in digestive tract or stomach.

Not to be used in children less than 2 years of age. To be used with caution and on doctor's or pharmacist's advice in children 2 to 6 years of age.

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

- Taking other medicines

Tell your doctor if you are taking:

- Medicines for high blood pressure and heart problems (methyldopa, guanethidine, beta blocker).
- Medicines for depression (tricyclic antidepressant).
- Alcohol.
- Antimuscarinics (medicines to reduce bladder muscles activity).
- Medicines that can cause hearing loss.

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Actihist Syrup

- How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not

understand the instructions on the label, ask your doctor or pharmacist for help.

Adult

Take 10 ml three times a day.

Children

2 to 6 years old: 2.5 ml three times a day.

6 to 12 years old: 5 ml three times a day.

Elderly may be more sensitive to the effects of the usual adult dose.

Your doctor or pharmacist may adjust the dosage according to your age and symptoms.

- When to use it

This medication may be taken with food, water or milk to minimize stomach irritation.

Use as directed by your doctor or pharmacist.

- How long to use it

Use Actihist Syrup for the duration that the doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

The signs and symptoms of overdose are headache, nausea, vomiting, dryness

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of the mouth, increase in heart rate, respiratory problem and coma.

While you are using Actihist Syrup

- Things you must do

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using Actihist Syrup.

Tell your doctor immediately if you are pregnant while using this medicine.

- Things you must not do

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give Actihist Syrup to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

This medicine may affect the ability to drive or using machines. If this medicine causes you to feel drowsiness, or impair hearing, do not drive or use machines and call your doctor immediately.

Side effects

Like all medicines, Actihist Syrup can cause side effects, although not everybody gets them. These effects can be serious.

Tell your doctor or pharmacist immediately if you think you are experiencing any of the following possible unwanted side effects while taking the medicine:

- drowsiness
- difficulty sleeping
- urinary retention
- nausea
- vomiting
- allergic reactions

Other unwanted side effects not listed may occur. Tell your doctor or pharmacist immediately.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and disposal of Actihist Syrup

- Storage

Keep out of reach of children. Store below 30°C. Protect from light and freezing.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

- What it looks like

Yellow transparent liquid with plum flavor.

- Ingredients

- Active ingredients
 - Triprolidone hydrochloride
 - Pseudoephedrine hydrochloride
- Inactive ingredients
 - Plum flavour
 - Citric acid
 - Methyl paraben
 - Propyl paraben
 - Sorbitol
 - Sodium citrate
 - Ethyl maltol
 - Quinoline yellow extract
 - Propylene glycol
 - Sodium saccharin
 - Deionised water

- MAL Number

MAL19920518AZ

Manufacturer

HOVID Bhd.

121, Jalan Tunku Abdul Rahman,
(Jalan Kuala Kangsar)
30010 Ipoh, Perak, Malaysia.

Product Registration Holder

HOVID Bhd.

121, Jalan Tunku Abdul Rahman,
(Jalan Kuala Kangsar)
30010 Ipoh, Perak, Malaysia.

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