

HOSTAN CAPSULE

Mefenamic acid (250 mg)

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What Hostan Capsule is used for

Hostan Capsule is to relieve mild to moderate pain, including headache, dental ache, pain after surgery or childbirth, menstrual pain, and also pain and inflammation in joints and bone.

How Hostan Capsule

This medicine contains mefenamic acid as active ingredients.

Mefenamic Acid belongs to group of medicines known as Non-Steroidal Anti-Inflammatory Drugs (NSAIDs), which work by stopping the production of chemicals called prostaglandins, which are released in response to illness and injury, subsequently reduce pain and inflammation.

Before you use Hostan Capsule

- When you must not use it

Do not take Hostan Capsule:

- If you are allergic to mefenamic acid, aspirin, other NSAIDs or any other ingredients of this medicine (listed in Product Description)
- if you have intestinal ulcer or bowel inflammation

- Before you start to use it

Tell your doctor or pharmacist if you have:

- liver problems
- kidney problems
- digestive problems

- at risk of developing gastrointestinal ulcer (heavy or frequent alcohol drinking, smoking or taking medications that may increase chance of bleeding such as steroids, warfarin or aspirin) or other bleeding problems.
- Asthma or history of asthma or allergy problems

Pregnancy and lactation

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Tell your doctor if you are taking:

- any medications for inflammation
- blood thinning medications
- aspirin or other medications for pain relief

How to use Hostan Capsule

- How much to use

Adult

Two capsules initially, then one capsule every 6 hours.

Your doctor will tell you how much to use. Follow all directions given to you by your doctor and pharmacist carefully.

- When to use it

Take every 6 hours, or as directed by your doctor or pharmacist.

Take this medicine with or after meals, or with antacids to reduce stomach discomfort.

- How long to use it

Take Hostan Capsule for the duration that the doctor or pharmacist recommends.

This medicine should not be taken for more than 7 days at time.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have use too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much of this medicine may cause nausea, vomiting, bloody diarrhoea, drowsiness, dizziness, headache, sudden muscle contraction, convulsions, coma, skin-rash, low red blood cells count.

While you are using Hostan Capsule

- Things you must do

Tell all the doctors, dentists and pharmacists treating you that you are using Hostan Capsule.

Tell your doctor immediately if you become pregnant while using this medication.

Discontinue the medicine if diarrhea or skin rash occurs.

- Things you must not do

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give Hostan Capsule to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

This medicine is to be used with caution in allergy prone person and in elderly.

Driving and using machines

This medicine may affect your ability to drive or use machines. If the capsule makes you feel drowsy, dizzy, or affect your vision, do not drive or use machines and contact your doctor immediately.

Do not take this medication together with alcohol.

Side effects

Like all medicines, Hostan Capsule can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

The side effects include gastro-intestinal disturbances and bleeding, stomach or intestinal ulceration, headache, drowsiness, dizziness, nervousness, visual disturbances, low white blood cell or red blood cell, allergic reactions, skin rashes and hives.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction monitoring by visiting the website npa.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Hostan Capsule

- Storage

Keep out of reach of children.
Blister pack - Store below 30 °C.
Protect from moisture.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

- What it looks like

Green and grey opaque capsule with “HT 250” printed on one end and “HD” on the other end of the capsule.

- Ingredients

- Active ingredients
Mefenamic Acid

- Inactive ingredients

- Magnesium stearate
- Microcrystalline cellulose
- Polyvinylpyrrolidone
- Lactose Monohydrate
- Talc
- Sodium Starch Glycolate
- Sodium Lauryl Sulfate
- Polyvinylpyrrolidone

- MAL Number:

MAL19872188AZ

Product Registration Holder

Hovid Bhd.
121, Jalan Tunku Abdul Rahman (Jalan Kuala Kangsar),
30010 Ipoh, Perak, Malaysia.

Manufacturer

Hovid Bhd.,
Lot 56442, 7 ½ Miles, Jalan Ipoh /
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