

HOVID-PREDNISOLONE TABLET 5MG

Prednisolone (5mg)

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What hovid-Prednisolone is used for
hovid-Prednisolone is used to reduce inflammation in conditions such as rheumatoid arthritis, rheumatic fever, status asthmaticus and ulcerative colitis.

How hovid-Prednisolone works
hovid-Prednisolone belongs to a group of medicines called corticosteroids.

Prednisolone works by reducing inflammation and suppressing the body's immune response. It acts by decreasing the activity of certain immune cells and substances involved in inflammation.

Before you use hovid-Prednisolone

-When you must not use it

Do not take this medicine if you are allergic to Prednisolone or to any of the other ingredients in this medicine (listed in Product Description).

-Before you start to use it

Tell your doctor/pharmacist if:

- You have systemic sclerosis (an autoimmune disorder). Taking doses of 15 mg or more daily may increase the risk of a serious complication called scleroderma renal crisis (increased blood pressure and reduced urination).
- You have pheochromocytoma (a tumour of the adrenal gland)
- You have osteoporosis especially in women who have passed menopause
- You have high blood pressure
- You have diabetes or a history of diabetes in your family

- You have tuberculosis or history of tuberculosis
- You have glaucoma
- You have history of muscle weakness caused by treatment of steroids
- You have severe liver or kidney problems
- You have stomach ulcers
- You have an underactive thyroid gland
- You are vaccinated with live vaccines
- You are taking any other medicines.

Pregnancy and lactation

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

Breastfeeding: Use is not recommended in nursing mothers, wherever possible.

-Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Inform your doctor or pharmacist if you are taking:

- Barbiturates, phenytoin or other medicine used to treat fits/seizures
- Rifampicin used to treat some infections
- Aspirin and other NSAIDs (e.g. ibuprofen) used to treat pain and inflammation
- Heparin anticoagulants used in blood thinning
- Digoxin and related drugs called cardiac glycosides used to treat heart failure
- Ephedrine used to manage breathing problems associated with asthma
- Insulin and other medicines used to treat diabetes
- Certain medicines that affect how your liver breaks down drugs including cobicistat-containing products
- Alcohol

How to use hovid-Prednisolone

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

-How much to use

For oral administration only. Take the tablet with or right after food with a full glass of water

Adults

1 to 12 tablets daily as a single dose or in divided dose, not exceeding 250mg daily (50 tablets).

Children

As directed by your doctor. hovid-Prednisolone may be given to children very rarely to treat specific conditions. Smallest dose may be given for the shortest time possible.

Taking Prednisolone may slow their growth.

-When to use it

Use as directed by your doctor.

-How long to use it

You are advised to take it as long as your doctor tells you to.

Do not stop taking this medicine without talking to the doctor. You may need to reduce the dose gradually. If the treatment is stopped too quickly, it may lead to severe problems of the adrenal gland.

-If you forget to use it

Take the missing dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have used too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

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While you are using hovid-Prednisolone

-Things you must do

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using hovid-Prednisolone.

Tell your doctor immediately if you become pregnant while using this medication.

Take hovid-Prednisolone only with a doctor's prescription.

-Things you must not do

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give hovid-Prednisolone to anyone else, even if they have the same symptoms or condition as you.

-Things to be careful of

Be careful driving or operating machinery until you know how hovid-Prednisolone affects you.

Avoid consuming alcohol while taking hovid-Prednisolone.

Side effects

Like all medicines, hovid-Prednisolone can cause side effects, although not everybody gets them.

Possible side effects are:

- Indigestion
- Stomach ulcer

High dose or long-term use of hovid-Prednisolone may cause:

- Cushing's syndrome (sudden weight gain, bloating around the chest and stomach)
- Acne
- Osteoporosis (weakening or thinning of the bone)
- Mental changes
- Endocrine imbalance (disruption of the body's normal hormone levels)

Consult your doctor/ pharmacist for further information. Other unwanted side effects not listed may occur.

You may report any side effects or adverse drug reactions directly to the National Centre for adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of hovid-Prednisolone

-Storage

Keep out of reach and sight of children.

Store below 30°C.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

-What it looks like

Round, white uncoated tablet, shallow convex faces, "HD" embossed and scored on the same face

-Ingredients

- Active ingredients
Each tablet contains 5 mg prednisolone

- Inactive ingredients
Lactose Monohydrate
Polyvinylpyrrolidone K-25
Magnesium Stearate
Cornstarch

-MAL Number:

MAL19860161AZ

Manufacturer

HOVID Bhd.
Lot 56442, 7 ½ Miles, Jalan Ipoh/
Chemor, 31200 Chemor, Malaysia.

Product Registration Holder

HOVID Bhd.
121, Jalan Tunku Abdul Rahman,
30010 Ipoh, Malaysia.

Date of revision

30/06/2026

Serial number:

NPRA(R2/2)260609/00075