



Cod Liver Oil Gold

Daily health maintenance

Pack size: 30, 60, 90, 100, 500 softgel capsules in amber glass bottle.

Active Ingredients:

Each softgel capsule contains cod liver oil 240mg equivalent to:

Vitamin A - 600 IU - 12% (USRDA*)

Vitamin D - 60 IU - 15% (USRDA*)

Product Description:

Oval, transparent soft gelatin capsule filled with yellow oily liquid.

Gelatin is from bovine source.

Preservatives:

Methyl Hydroxybenzoate 1.11 mg

Propyl Hydroxybenzoate 0.41 mg

Indication:

As a health supplement.

Recommended daily intake:

Adults and children above 4 years old:

1 to 2 softgel capsules, either before or after meals, 3 times daily.

Warning/Precautions:

Should be used with caution in pregnancy.

Keep out of reach of children.

Jauhi dari kanak-kanak.

Exceeding the suggested intake is not recommended unless specifically directed by pharmacist/doctor. Women who are pregnant or planning pregnancy should consult their pharmacist/doctor before taking supplements.

Fetal abnormalities, growth retardation and early epiphyseal closure have been reported in children whose mothers took excessive amounts of vitamin A.

Excessive maternal intake in humans has been associated with increased sensitivity of effects of vitamin D, suppression of parathyroid function or a congenital aortic stenosis in infants.

Contraindications:

Should not be used when the following medical problems exist:

- hypercalcaemia
- hypervitaminosis
- osteodystrophy with hyperphosphatemia

Drug interaction:

Avoid concurrent use with the following drugs:

- Calcium-containing preparation in high doses.
- Cholestyramine, cholestipol, digitalis glycosides

Storage condition:

Store below 30°C.

Protect from light and moisture.

Manufactured by and Product Licence Holder:

Hovid Bhd (58476-A)

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30010 Ipoh, Perak, MALAYSIA.

Packed by:

HOVID Berhad

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31200 Chemor, Perak, Malaysia.

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