

GINKOR FORT[®] CAPSULE

Ginkgo biloba extract/Heptaminol hydrochloride/Troxerutin (0.014g/0.300g/0.300g)

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What Ginkor Fort[®] is used for

- Treatment of haemorrhoids.
- Treatment of venolymphatic insufficiency (painful legs when walking due to poor blood flow).

How Ginkor Fort[®] works

Ginkor Fort[®] works by improving blood circulation. It contains heptaminol hydrochloride, which promotes the blood flow back to the heart.

Before you use Ginkor Fort[®]

- When you must not use it
 - If you have overactive thyroid
 - If you are taking Monoamine oxidase inhibitors (MAOIs)
 - If you are hypersensitive to the active substance or one of the ingredients in this product.
- Before you start to use it
 - Always ask your doctor or pharmacist before using this product if you have any doubts.
 - Ginkor Fort[®] is not recommended if you are pregnant, trying to get pregnant or think you may be pregnant.
 - Ginkor Fort[®] is not recommended if you are breast-feeding. Ask your doctor or pharmacist for

advice before taking any medicine.

- Taking other medicines
Simultaneous administration with Monoamine oxidase inhibitors (MAOIs) is contraindicated.

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Ginkor Fort[®]

- How much to use
 - Haemorrhoids: 3 to 4 capsules per day.
 - Venolymphatic insufficiency: 2 capsules per day.
- When to use it
 - Haemorrhoids: At mealtimes.
 - Venolymphatic insufficiency: One in the morning and one in the evening.
- How long to use it
 - Haemorrhoids: For 7 days
- If you forget to use it
Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)
In case of overdose, hospitalization is advised for careful surveillance of blood pressure and heart rate.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do
 - If you are suffering from severe high blood pressure in the arteries of your lungs, blood pressure must be monitored closely at the start of treatment.
 - If you are suffering from venolymphatic insufficiency, this medicinal product is more effective when combined with a healthy lifestyle:
 - i. avoid exposure to the sun and heat, standing for long periods, being overweight
 - ii. wear suitable compression stockings if you are taking long walks to promote blood flow.
 - If symptoms fail to improve after 7 days or if become worse: consult your doctor.

- Things you must not do
Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give Ginkor Fort to anyone else, even if they have the same symptoms or condition as you.

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- Things to be careful of
Sportsmen are advised that this medicinal product contains heptaminol that may result in a positive doping test.

Side effects

Gastrointestinal disorders

Very rare: stomach pain, nausea, diarrhoea.

Nervous system disorders

Very rare: headache.

Skin disorders

Very rare: itching, hives, eczema (skin inflammation)

If any of these side effects gets serious, or if you notice any side effects not listed in this leaflet, please inform your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Ginkor Fort[®]

- Storage
Do not store above 30°C, store in the original package.

Keep out of the reach and sight of children.

- Disposal
Medicines should not be disposed of via wastewater or household waste. Ask your doctor or pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like
Ginkor Fort[®] are bicoloured yellow-green capsules, containing a pale yellow powder with odour of ginkgo biloba extract and bitter taste.

Ingredients

- Active ingredient(s):
Ginkgo biloba extract,
Heptaminol hydrochloride,
Troloxerutin.
- Inactive ingredients:
Colloidal anhydrous silica,
magnesium stearate, gelatin capsule*
* Bovine source

- MAL number
MAL19962815XC

Manufacturer

Beaufour Ipsen Industrie,
rue Ethe Virton 28100, Dreux,
France.

Product Registration Holder

EP Plus Group Sdn. Bhd.
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