

SIMCONE CHEWABLE TABLET

SIMCONE-T SUGAR FREE CHEWABLE TABLET

SIMCONE SUSPENSION

Simethicone (80mg, 80mg, 67mg/ml)

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What SIMCONE is used for

SIMCONE is used to relieve discomfort and pain caused by excessive gas in the stomach and intestine.

How SIMCONE works

SIMCONE allows gas bubbles in the stomach and intestine to come together more easily and help to remove a greater volume of gas at one time.

Before you use SIMCONE

- When you must not use it

Do not take SIMCONE if you:

- Have allergic reaction to Simethicone, or any other ingredients in this product.
- Have or suspected of intestinal perforation or obstruction.

- Before you start to use it

Tell your doctor if you:

- are pregnant, planning for pregnancy or breastfeeding. SIMCONE is safe for use during pregnancy or breastfeeding.
- have serious illnesses.

- have diabetes (only for SIMCONE CHEWABLE TABLET as it contains dextrose and sucrose)
- a phenylketonuric (a rare metabolic genetic disorder) (only for SIMCONE T-SUGAR FREE CHEWABLE TABLET as it contains aspartame).
- have allergies to any other medicines, foods, preservatives or dyes.

- Taking other medicines

Inform your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription from a pharmacy, supermarket or health food shop.

Tell your doctor or pharmacist if you are taking:

- Phenytoin (anti-seizure medication) - it is advisable to take SIMCONE 2 hours before or after consuming Phenytoin.
- Levothyroxine (thyroid medication) - it is advisable to take separately by at least 4 hours.

How to use SIMCONE

Always take SIMCONE exactly according to the instructions given to you by your doctor or pharmacists. If you are unsure, check with your doctor or pharmacist.

- How much to use

• SIMCONE CHEWABLE TABLET

Adults and teenager: take 1 to 2 tablets after each meal and at

bedtime. The total dose per day should not exceed 6 tablets.

Children (2-12 years): take half tablets after each meal and at bedtime. The total dose per day should not exceed 3 tablets.

Chew the tablets thoroughly before swallowing to enable the medicine work effectively.

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Adult and teenager: take 0.60ml - 1.40ml, four times daily with or after each meal.

Infants (6month and above): give 0.25ml - 0.50ml, three times daily with or after each meal.

Shake the medicine bottle well before use.

- When to use it

Take your medicine according to the doctor or pharmacists' recommendation.

SIMCONE can be taken with or after food. SIMCONE SUSPENSION may be added to baby's formula or given directly from a dropper.

- How long to use it

Take your medicines as the duration as your doctor tells you.

- If you forget to use it

Take your dose as soon as you remember and continue to take it as you would normally. Do not take a double dose to make up for the dose you missed or taking more doses at a

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time. This may cause unwanted side effects.

- If you use too much (overdose)

Simethicone is generally and unlikely to cause harm if taken in excess. However, if you feel sick or any discomfort, inform your doctor immediately or seek medical treatment at the nearest hospital.

While you are using it

- Things you must do

- Always take SIMCONE exactly according to the instructions given to you by your doctor or pharmacists. If you are unsure, check with your doctor or pharmacist.
- If you are about to be started on a new medicine, remind your doctor and pharmacist that you are taking SIMCONE.

- Things you must not do

- Do not use SIMCONE after the expiry date which is stated on the carton and blister.
- Do not give this medication to anyone else, even if they have the same condition as you.

- Things to be careful of

- *Driving and using machines*

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

All medicines can have side effects. SIMCONE may cause unwanted side effects although not everybody gets them.

The following adverse reactions have been observed on rare occasions:

- Bloating
- Constipation
- Diarrhea
- Gas
- Heartburn

Tell your doctor or pharmacist immediately if you notice the side effect continues or getting serious or anything else that make you feel unwell. Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of SIMCONE

- Storage

Do not store above 30°C, protect from light and heat.

Keep out of the reach and sight of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These

measures will help to protect the environment.

Product Description

- What it looks like

SIMCONE CHEWABLE TABLET is a white, round and biconvex tablet.

SIMCONE-T SUGAR FREE CHEWABLE TABLET is a white, round and biconvex tablet with flavor of menthol and peppermint.

SIMCONE SUSPENSION is a white liquid suspension.

- Ingredients

- Active ingredient

SIMCONE CHEWABLE TABLET: each tablet contains 80mg of Simethicone.

SIMCONE-T SUGAR FREE CHEWABLE TABLET: each tablet contains 80mg of Simethicone.

SIMCONE SUSPENSION: each 1ml suspension contains 67mg of Simethicone.

- Inactive ingredients

SIMCONE CHEWABLE TABLET: Sucrose, dextrose anhydrous, povidone, colloidal silicon dioxide, calcium stearate, caraway oil, peppermint oil, fennel oil, spearmint oil and purified water.

SIMCONE-T SUGAR FREE CHEWABLE TABLET: Aspartame, sorbitol, povidone, menthol, peppermint oil, magnesium stearate and isopropyl alcohol.

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SIMCONE SUSPENSION: Sorbitol,
microcrystalline cellulose,
carboxymethylcellulose sodium,
sodium citrate, citric acid, bronopol,
propylene glycol and myacide.

- MAL number:

SIMCONE: MAL20001834X

SIMCONE-T SUGAR FREE
CHEWABLE TABLET 80MG:
MAL07082980X

SIMCONE SUSPENSION
67MG/ML: MAL08032206X

Manufacturer

T.O. PHARMA CO LTD
101 Soi Ladprao 124 (Sawatdikan),
Ladprao Road, Phlapphla,
Wangthonglang,
Bangkok 10310 THAILAND

Product Registration Holder

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15/09/2022

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