

LIOBAC TABLET

Baclofen (10 mg)

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What LIOBAC is used for

LIOBAC is used to reduce excess tension in your muscles which causes spasms. It reduces spasms and the pain that happen in various illnesses such as multiple sclerosis and diseases or injuries of the spinal cord. It helps to make you more mobile and better able to manage your daily activities.

How LIOBAC works

LIOBAC contains the active ingredient Baclofen. It belongs to a group of medicines called muscle relaxants. It works by restoring the normal balance and reducing muscle hyperactivity. In this way, it allows for more normal muscle movements.

Before you use LIOBAC

- When you must not use it

Do not take this medicine if:

- You are hypersensitive to the active ingredient or any ingredients in the formulation or any other similar medicines.
- You have peptic ulcer disease.

If you are not sure whether you should start taking this medicine, consult your doctor.

- Before you start to use it

Tell your doctor if you have allergies to any other medicines, food, preservatives or dyes.

Tell your doctor if you have or have had any medical conditions, especially:

- any psychiatric problems
- epilepsy and muscle spasticity
- peptic ulcers
- abnormal increase in muscle tone (sphincter hypertonia)
- liver problems
- diabetes

If you are pregnant, intend to become pregnant or nursing, consult your doctor before using this medicine.

- Taking other medicines

Please tell your doctor or pharmacist if you are taking any other medicines, including medicines obtained without a prescription, herbal medicines or natural products.

Some medicines may be affected by LIOBAC, or may affect how well it works. You may need to take different amounts of your medicines or you may need to take different medicines. Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking LIOBAC. Tell your doctor if you are taking:

- synthetic opiates (e.g. fentanyl) for pain relief.
- blood pressure lowering drug.
- antidepressants (citalopram).
- medicines to treat Parkinson's disease (levodopa and carbidopa).

Do not drink alcohol while you are taking LIOBAC. Alcohol may increase the sedative effects and make you feel sleepy.

Ask your doctor or pharmacist for advice before taking any medicine.

How to use LIOBAC

Take your medication exactly as directed by your doctor.

- How much to use

Adults:

The initial dose is 5 mg (½ tablet) taken 3 times daily. Depending on your response, your doctor will slowly increase your dose until desired response is achieved.

Children:

Dosage for children will be decided by your doctor after taking into account the body weight of your child.

- When to use it

Swallow the tablet during meals with a glass of water, usually taken in 3 divided doses throughout the day, unless otherwise informed by your doctor.

- How long to use it

Continue taking your medicine for as long as your doctor tells you. This medicine helps to control your condition, but does not cure it. It is very important that you do not stop taking this medicine suddenly.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Symptoms of an overdose may include drowsiness, unconsciousness, difficulty in breathing and coma. Other symptoms may include confusion, agitation, hallucination, fit, vision problems, muscle weakness, involuntary muscle contraction, low blood pressure, low body temperature, low heart rate, nausea, vomiting, diarrhoea and excessive production of saliva.

While you are using it

- Things you must do

- If you are about to be started on any new medicine, remind your doctor and pharmacist that you are taking this medicine.
- Tell all the doctors, dentists and pharmacists treating you that you are taking LIOBAC.
- If you are going to have surgery, tell the surgeon or anaesthetist that you are taking this medicine. It may affect other medicines used during surgery.
- If you are about to have any blood test, tell your doctor that you are taking this medicine. It may interfere with the results of some tests.
- Keep all of your doctor's appointments so that your progress can be checked. Your doctor may check your liver functions and blood glucose levels from time to time to make sure the medicine is working and to prevent unwanted side effects.

• Tell your doctor immediately if you become pregnant while taking this medicine.

- Things you must not do

• Do not give your medicine to anyone else, even if they have the same condition as you.
• Do not stop taking your medicine or lower the dosage without checking with your doctor. Stopping medication abruptly may result in anxiety, confusion, hallucination, psychotic/manic state, paranoid, convulsion, rapid heart rate, high body temperature, spasticity and lack of coordination.

- Things to be careful of

Driving and using machines

Be careful when driving or operating machinery until you know how this medicine affects you. This medicine may cause drowsiness, dizziness and loss of coordination in some people. If you have any of these symptoms, do not drive, operate machinery or do anything else that could be dangerous.

Side effects

Like all medicines, LIOBAC can cause side effects, although not everybody gets them. The following side effects may happen with this medicine especially at the start of treatment or when large doses are used. These side effects are often short lived and can be resolved by reducing the dose.

Patients with history of psychiatric illness, stroke and elderly patients are more likely to experience more serious side effects.

Tell your doctor if you experience any of the following side effects:

- feeling sleepy
- nausea
- mild gastrointestinal disturbances
- retching
- vomiting
- constipation
- diarrhoea

Rare

- breathing difficulties
- lightheadedness
- lack of energy and exhaustion
- mental confusion
- depression
- dizziness
- headache
- loss of coordination
- insomnia
- feeling elated

- muscular weakness
- tremor
- dry mouth
- burning, tickling sensation
- problems in speech
- visual disturbances
- alteration in taste
- abdominal pain
- low blood pressure
- heart problems
- urinary incontinence
- difficulties in urination
- impotence
- liver functions disorders
- excessive sweating
- rash
- increased spasticity

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell. Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npdra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of LIOBAC

Storage

Do not store above 30°C.
Protect from moisture and light.
Keep out of reach of children.

- Disposal

The expiry date of LIOBAC is printed on the carton and blister. Do not use if after expiry date.

Medicines should not be disposed of via wastewater or household waste. If your doctor tells you to stop taking LIOBAC or the expiry date has passed, ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

LIOBAC is a white round tablet embossed with “SPS”, “L05” and a breakline on one side and plain on the other.

- Ingredients

- Active ingredient
Baclofen

- Inactive ingredients
Microcrystalline cellulose, cornstarch, hydroxypropyl cellulose, isopropyl alcohol, sodium starch glycolate, colloidal silicon dioxide and magnesium stearate.

- Packing

Blister pack of 10 tablets, pack in boxes of 5, 10, 20 and 50 strips.

- MAL Number

MAL07021433AZ

Manufacturer

Sriprasit Pharma Co., Ltd.
216 Moo 6, Suanluang, Krathum Baen,
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Product Registration Holder

IMEKS Pharma Sdn. Bhd.
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